

Lunch Menu

Putnam Valley Elementary School

December 2023

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

National Cookie Day!
Monday, Dec 4th

Enjoy a cookie with
the purchase of a
meal!

4 Two Cheese Quesadilla
With Salsa
And Yellow Rice
Mixed Vegetables
And Diced Peach Cup
Turkey & Cheese Sandwich
Or Crispy Chicken Garden
Salad

MEATLESS
MONDAY

5 Chicken Nuggets
With Oven Baked Fries
With Glazed Carrots
With Diced Peach Cup
Turkey & Cheese Sandwich
Or Crispy Chicken Garden
Salad

6 Pasta with Meat Sauce
All With Steamed Broccoli
Or Side Garden Salad
Diced Peach Cup
Turkey & Cheese Sandwich
Crispy Chicken Garden
Salad

7 Crispy Tacos
Or Soft Tacos
With Sweet Corn
And Confetti Black Bean
Salad
And Mild Salsa
Diced Peach Cup
Turkey & Cheese Sandwich
Crispy Chicken Garden
Salad

8 Cheese Pizza
With Baby Carrots
Or Side Garden Salad
And Diced Peach Cup
Turkey & Cheese Sandwich
Crispy Chicken Garden
Salad

11 Cheesy Stuffed Bread
Sticks
Marinara Sauce Dip
And Green Beans
Strawberry Cup
Ham & Cheese Sandwich
Chicken Caesar Salad

MEATLESS
MONDAY

12 Crispy Popcorn Chicken
All With BBQ Sauce
And Seasoned Rice
Baked Sweet Potatoes
Or Green Beans
Strawberry Cup
Ham & Cheese Sandwich
Chicken Caesar Salad

13 Cheeseburger
With Baked Beans
Oven Baked Fries
And Side Garden Salad
Or Strawberry Cup
Ham & Cheese Sandwich
Chicken Caesar Salad

14 Cinnamon French Toast
With Syrup
And Egg Patty
With Sautéed Cinnamon
Apple Slices
And Fresh Baby Carrots
Ham & Cheese Sandwich
Chicken Caesar Salad

15 Cheese Pizza
With Side Garden Salad
Or Cucumber Coins
Strawberry Cup
Ham & Cheese Sandwich
Chicken Caesar Salad

18 Grilled Cheese Sandwich
With Tomato Soup
Or Sweet Corn
And Sliced Apples
Turkey & Cheese Sandwich
Buffalo Chicken Salad with
Dinner Rolls

MEATLESS
MONDAY

19 Crispy Chicken Sandwich
All With BBQ Sauce
And Glazed Carrots
And Sliced Apples
Turkey & Cheese Sandwich
Buffalo Chicken Salad with
Dinner Rolls

20 Pasta with Meat Sauce
With Grated Parmesan
Cheese
And Steamed Broccoli
Or Side Garden Salad
And Sliced Apples
Turkey & Cheese Sandwich
Buffalo Chicken Salad with
Dinner Rolls

21 Nachos Grande
All With Sweet Corn
And Confetti Black Bean
Salad
And Mild Salsa
Sliced Apples
Turkey & Cheese Sandwich
Buffalo Chicken Salad with
Dinner Rolls

22 Cheese Pizza
Baby Carrots
With Side Garden Salad
Diced Peach Cup
And Sliced Apples
Turkey & Cheese Sandwich
Buffalo Chicken Salad with
Dinner Rolls



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Lunch Price is \$2.70 for
paid meals and \$5.50
for Adult meals + tax.

All meal include: Entree,
Vegetables, Fruit, Juice &
Milk.

Allergies: please speak with
the School Nurse

Questions: Please contact

Vegetarian, Gluten Free, Dairy Free, Made With Natural Ingredients
Candra Renken
candra@whitsons.com

Items Available Daily:

Sunbutter & Jelly Sandwich on WG Bread, or
American Cheese Sandwich on WG Bread

Bagel Meal = WG Bagel, Yogurt Cup, Cream Cheese
or Butter w. Cheese Stick

100% Fruit Juice - 4oz

Choice of Hormone/ Antibiotic Free Milk in 1%, Skim
or Chocolate Milk

Hand and Cupped Fruit

Side Salad or Bagged, Uncooked Vegetable

Side Salad or Bagged, Uncooked Vegetable
(including gender identity and sexual orientation)

Breakfast Menu

Putnam Valley Elementary School

December
2023

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Monday

Tuesday

Wednesday

Thursday

Friday

4 Blueberry Muffin 


Muffin Monday!

5 Strawberry Pop Tart
Or
Brown Sugar
Cinnamon Pop Tart

6 Fluffy Whole Grain
Waffles 
Syrup

Waffle Wednesday

7 Sausage, Egg and
Cheese Sandwich

8 Mini Cinnamon Rolls 

11 Blueberry Muffin 

Muffin Monday!


12 Strawberry Pop Tart
Or
Brown Sugar
Cinnamon Pop Tart

13 Fluffy Whole Grain
Waffles 
Syrup

Waffle Wednesday

14 Egg and Cheese
Sandwich 

MIGHTY MILK DAY
Choose a milk,
Drink it Up!
If you have a sticker,
you win a prize!

15 Apple Strudel 

18 Blueberry Muffin 


Muffin Monday!

19 Strawberry Pop Tart
Or
Brown Sugar
Cinnamon Pop Tart

20 Fluffy Whole Grain
Waffles 
Syrup

Waffle Wednesday

21 Bacon, Egg and
Cheese Breakfast
Sandwich 

22 Mini Cinnamon Rolls 

25 

26 

27 

28 

29 



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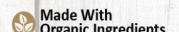
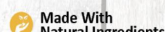
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Meal Pricing: Paid meal \$1.50
and adults \$3.00 + tax.

**** if your student qualifies for free/ reduced, they also qualify for free/ reduced breakfast ****

Questions: please
contact Sandra Renken at
renkens@whitsons.com



Additional Daily Offerings:

WG Bagel w. Cream Cheese or Butter
Assorted WG Cereals w. Cheese Stick or Graham Cracker. Fresh hand or Cut fruit; 100 % Fruit Juice and Milk (all milk is Antibiotic/ Hormone Free - 1%; Skim and Chocolate)

Reimbursable Meal: At least 4 components are offered and **3 must be selected**. A 1/2 fruit serving must be selected.