

Youth Mental Health & Family Support



Junior Warr;ors

Ages 8 - 12

Day: Tuesdays

Time: 5:30 - 7:00 PM

Location: 2505 Carmel Ave. Suite 212
Brewster, NY 10509



Warr;ors

Ages 13 - 17

Day: Tuesdays

Time: 3:00 - 5:00 PM

Location: Mahopac Library - 3rd Floor
668 Rt. 6 Mahopac, NY 10541



Growing up with mental illness in our lives - whether it be our own, or maybe a family member's - can make for a much different experience than that of our friends.

This is a safe place where it can be about us, to celebrate our strengths and work on our weaknesses.

Take some time away from all the chaos and
come join us!

For more information please contact:
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