



# NY's Premiere Flag Football League is Expanding to Northern Westchester County!

WELCOME TO NORTHERN WESTCHESTER COUNTY UNDER THE LIGHTS

REGISTRATION is now OPEN for the 2026 Spring Under the Lights Flag Football Season. See what all the hype is about as the largest UTL Flag Football League in the country launches its new location in Northern Westchester County. The Spring Season runs from March to early May with games taking place at the following location:

**Somers High School**  
**120 Primrose St**  
**Lincolndale, NY 10540**

Siblings receive a \$25 discount (use promo code "SiblingDiscount"). The First Child is at Full Price with the second and additional children utilizing the promo code discount. PLEASE EMAIL LEAGUE COMMISSIONER TO VALIDATE SIBLING DISCOUNT

[Registration](#)

### League Information

- All players receive an Under Armour game shirt and shorts.
- Head Coach receives a Under The Lights youth football.
- 7 Week Season.
- 6 v 6 format on 25-30 yd wide x 50 yd long fields.
- 10-12 player rosters so everyone plays every game!
- Practices are held before the games.
- Built for Multi-Sport Athletes!
- NO Tryouts. NO Drafts. Rosters are formed by "friend" or "coach" request. Play with your friends and build your own roster/team! Single players will be placed on teams with some similarity and familiarity such as same school, neighborhood, organization, etc. as the other players on the team.
- **Registering with a Team and a Coach is strongly recommended, but we will honor single player registrations.**
- ALL coaches are volunteer parents and NOT provided by Under the Lights.
- Trophies and rings are awarded to the Champions of each division.
- League Champions receive an automatic bid to Nationals historically located at IMG Academy in Bradenton, Florida.



[League Website](#)

**All Games are played on Friday Nights. Typical Game Times:**

#### Co-Ed League:

K-2nd Grade: 6:00pm or 7:00pm

3rd-4th Grade: 6:00pm or 8:00pm

5th-6th Grade: 8:00pm or 9:00pm

7th-8th Grade: 8:30pm or 9:30pm



\*Game times are subject to change based on League size.



Contact us at: [NorthernWestchestercounty@uaflag.com](mailto:NorthernWestchestercounty@uaflag.com)

