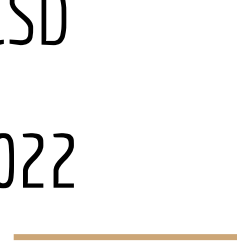




Putnam Valley CSD
Athletics
Budget 2021-2022



Athletic Department Objectives

To supply equipment and facilities that are safe for our student athletes

To be fiscally responsible for our community

To provide a positive community centered experience through partnerships and collaboration

To provide opportunities for our student-athletes to build good character, responsibility, self-discipline, work ethic and respect for themselves and others

Athletics Budget Includes

1. Transportation
 - a. Contests and Practices Transportation
2. Coaches: 58 total
 - a. Fall-20, Lifeguard-1, Volunteers-6
 - b. Winter- 17, Volunteers-7
 - c. Spring-21, Volunteers-5
3. Athletic Support Staff
 - a. Chaperones, Athletic Trainer, EMT, Clock operator, Security, Game officials
4. Director of Physical Education, Athletics and Health, Athletics Secretary
5. SWBOCES dues, NYSPHSAA dues
6. Equipment, Materials and Supplies, Uniforms, Reconditioning and Repair
7. Increases: Salaries as per PVFT contract, BOCES officials fees and dues

Current Sport Offerings/Levels

Fall Sports	Varsity	Junior Varsity	Modified
Cheerleading	X		
Cross Country-M/F	X		X
Field Hockey	X		X
Football	X		
Soccer-M/F	X		X
Swimming-F	X		
Volleyball-F	X	X	X

Winter Sports	Varsity	Junior Varsity	Modified
Basketball-M/F	X	X	X
Cheerleading	X	X	X
Gymnastics	X		
Ice Hockey	X		X
Swimming-M	X		
Wrestling	X	X	X
Track and Field-M/F	X		

Spring Sports	Varsity	Junior Varsity	Modified
Baseball	X	X	X
Golf-M/F	X		
Lacrosse-M/F	X	X	X
Softball	X	X	X
Track and Field-M/F	X		X

Registration Totals: FamilyID

*COVID

Year/Season	2016	2017	2018	2019	2020
Spring V/JV	211	227	214	217	208
Fall V/JV	253	265	250	223	106*
Winter V/JV	192	156	173	193	37*
Spring Mod	120	145	134	122	90*
Fall Mod	88	124	103	93	N/A*
Winter Mod	87	101	105	86	N/A*

PV Coaches Per Season

	2017-2018	2018-2019	2019-2020	2020-2021	2021-2022
Fall	26	23	23	20	20
		JV Girls and Boys Soccer, JV Field Hockey		JV Football-2 JV Cheer	
Winter	14	15	16	17	17
		V Cheer Asst.	V Track	V Track Asst.	
Mergers	4	4	4	4	4
Spring	21	21	21	21	21

Equipment Manager

Decrease in coaching costs: fewer JV teams

These positions have been held open in hopes of running the programs but the numbers aren't there. This would re-allocate the resources to more efficiently maintain our equipment distribution and collection.

Receive deliveries for the department, prepare equipment for reconditioning

Maintain accurate inventory of the cage storage, MS storage, HS storage

Report missing and broken items for replacement or repair

Update trophy display cases with new awards at the end of each season

Signing out of equipment by coaches will lead to cost savings. At this time each program has a set of equipment. This will allow us to save on repeat buying.

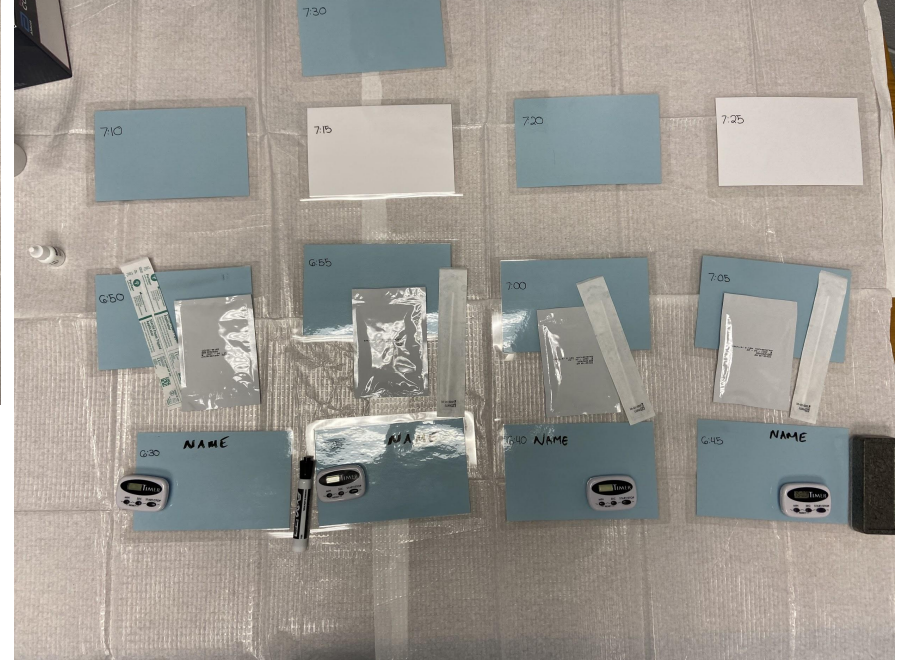
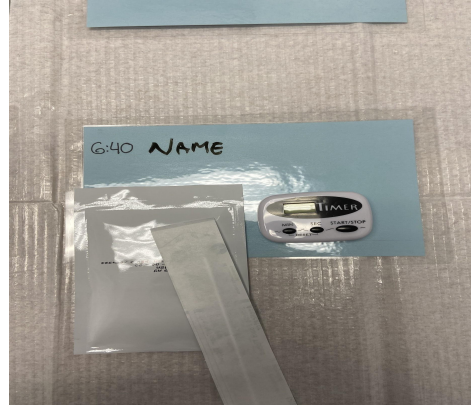
Putnam Valley Central School District COVID-19 Return to Interscholastic Athletics Protocol

Return to Play document created with the School District Physician

The purpose of this protocol is to assist in the assessment of residual effects of COVID-19 that might occur with increased activity and intensity levels that are associated with athletic participation. This is a tool that we are utilizing to help identify variables that may not be seen, but felt with exertion. According to the American Academy of Pediatrics, chest pain, shortness of breath, new-onset palpitations, or syncope can occur upon return to athletic activity after a COVID-19 diagnosis.

Individuals who test positive for COVID-19 should not participate in interscholastic athletics until they are cleared by a Health Care Provider. Therefore, **any athlete who tests positive for COVID-19 or/and tested positive for COVID-19 antibodies are required to complete the “PVCSD COVID-19 Return to Athletics - Health Care Provider Clearance Form”**.

Thank you Nurses/Trainer: COVID Testing





DESTRESSORS

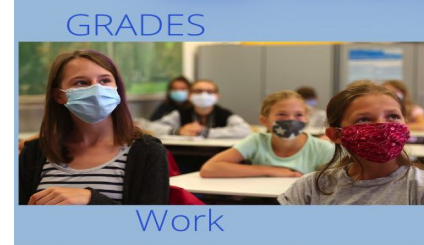


Stressors
vs.
De-Stressors

Students were asked to create info-graphics that describe what they felt were current stressors for them and what ways they use to combat those stressors.

Using Canva.com, students were able to use images and words to convey how they felt.

STRESSORS



Fear of getting my family sick

"What would life be if we had no courage to attempt anything?"

Vincent Van Gogh

2021

VISION BOARD



- Being spontaneous. I am always overthinking and overanalyzing every situation. By 2021 I want to be more impulsive and not think about the outcome. I believe being more spontaneous will help my mental state and will help decrease my stress



- Working out/being more active. In 2021 I want to be more on top of my physical health and not only do I want to grow mentally but physically as well. Going to the gym should be one of my top priorities in 2021. I am working on making that a regular activity now so it can be a constant next year.



- Working harder. Procrastination and motivation have been some of my biggest weaknesses this year. I want to be more motivated for school and life in general. So far 2021 I need to find a way to get motivated so that I won't procrastinate as much as I do now.



- Waking up early. In 2021 I want to start waking up earlier than I do now and get a head start on my day. I think waking up earlier would help with motivation and my procrastination.



- Eating healthier. I eat a lot of junk food. I want to eliminate this bad habit. Eating healthy will be good especially since I want to start working out more often.



2021
VISION BOARD

"MAY YOUR CHOICES REFLECT YOUR HOPES,
NOT YOUR FEARS."



PICTURE 1- ART

I'D LIKE TO GET BACK INTO MY HOBBY OF CREATING ART, WHETHER ITS DRAWING, PAINTING, ETC.

PICTURE 2- BEING PRESENT
I WANT TO SPEND LESS TIME ON TECHNOLOGY AND FOCUS ON LIVING IN THE MOMENT.

PICTURE 3- SELF CARE
I WANT TO CONTINUE TO BETTER/IMPROVE MYSELF AND FOCUS ON POSITIVITY.

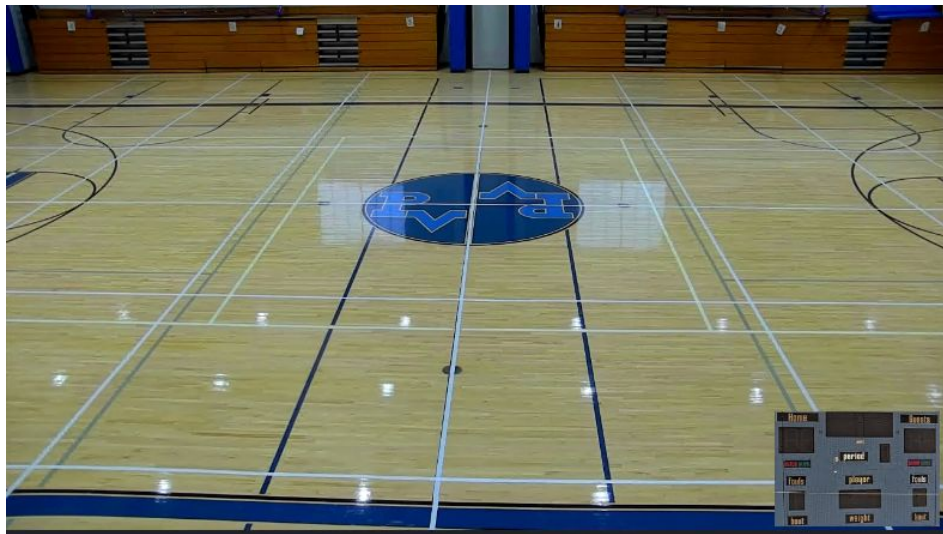
PICTURE 4- GOOD GRADES
A GOAL I HAVE IS TO HAVE MY GRADES IN EACH CLASS IMPROVE EACH QUARTER.

I CHOSE THIS QUOTE BECAUSE I WANT TO MAKE DECISIONS WITH THE HOPE OF CHOOSING WHAT I WANT TO DO IN LIFE- NOT THE FEAR OF WHAT OTHERS WILL THINK.

Vision Board:

Students were asked to create a vision board looking forward into 2021, using Canva.com.

We asked them to include images, a quote for the year, and a description of each image. This allowed students to set goals and think past the current situation of COVID.



Please allow me to introduce myself....

LocalLive

- ✓ Destination web portal for live and on-demand viewing.
- ✓ Unlimited streaming of events to web and mobile devices.
- ✓ Live streaming & production of games and events in HD.
- ✓ Full-service video production services, live tech support & customer service.
- ✓ Cameras, equipment and maintenance.
- ✓ Build a valuable, on-demand video library.
- ✓ Scheduling



Wellness Center

Combine Health and Academics together with the teaching stations

Athletic practices and events: Cheerleading, Wrestling, pre-season work for many teams. Climate controlled space for year round use. MS and HS Recess and MAGMAH.

