

# Lunch Menu

Putnam Valley Middle School

June 2026

WHITSONS FAMILY OF COMPANIES  
WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
1 French Toast Sausage Patty Syrup Hash Brown Potatoes Fresh Orange	2 Beef Hot Dog on Bun Chicken Corn Dog Baked Beans Cinnamon Applesauce	3 Chicken Parmesan Sandwich Steamed Broccoli Fresh Banana	4 Chicken & Cheese Quesadilla Two Cheese Quesadilla Black Beans Salsa Sour Cream Pineapple Cup	5 Deli Bar Cheesy Stuffed Bread Sticks Marinara Sauce Dip Apple Slices Side Garden Salad
8 Deli Bar Cheeseburger NY Beef Burger Sweet Potato Fries Fresh Apple	9 Deli Bar Chicken Bowl with Gravy Sweet Corn Whole Wheat Dinner Roll Fresh Banana	10 Deli Bar Mozzarella Stick & Chicken Nugget Combo Meal Marinara Sauce Dip Green Beans Fresh Orange	11 Deli Bar Soft Tacos Crispy Tacos Seasoned Black Beans Salsa Honeydew and Cantaloupe Cup	12 Deli Bar Homemade Pasta & Meat Sauce Whole Wheat Dinner Roll Sautéed Spinach Pineapple
15 Deli Bar Grilled Cheese Sandwich Meltdown Café Tomato Soup Fresh Pear	16 Deli Bar Sweet & Sour Chicken Sauce & Toss Seasoned Rice Fresh Apple Steamed Broccoli	17 Deli Bar Homemade Mac & Cheese Whole Wheat Dinner Roll Baked Sweet Potato Watermelon Slices	18 Deli Bar Nachos Grande Fiesta Corn Salsa Sour Cream Fresh Orange	19 <b>SCHOOL CLOSED TODAY</b>
22 Deli Bar Baked Chicken Tenders Fluffy Whole Grain Waffles Syrup Crispy Potato Puffs Strawberry Cup	23 Deli Bar Meatball Hero Meatball Sandwich Steamed Broccoli Apple Slices	24 Deli Bar Crispy Chicken Sandwich Spicy Chicken Sandwich Sweet Potato Fries Fresh Apple	25 <b>Main Entree: Chef's Choice</b> <b>Assorted Fresh made Salads &amp; Sandwiches</b> <b>Assorted Pizza's</b> <b>Assorted Burgers &amp; Chicken Sandwiches</b>	26 <b>LAST DAY OF SCHOOL</b>
29 <b>HAVE A GREAT SUMMER!</b>	30 <b>Find Summer Meals:</b>  Text "Food" to 304-304 Visit SummerMealsNY.org Call 211 or 311 (in NYC) or 1-866-3-HUNGRY	All students are eligible for one free breakfast and lunch each school day. Snacks, extra portions, second meals, second entrees, and second beverages will be available for purchase. Students MUST have a positive balance to purchase any snack, seconds or extras. Easiest way to pay: MySchoolBucks.com		

View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



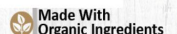
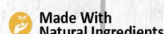
All meals include:

Protein, Grain, Vegetable, Fruit & Milk

Lunch for Adults  
\$5.22+tax

Daily Offerings Include: Made to Order Deli, Assorted Pizza, Entree Salads, Chicken/Mozzarella Panini & Fruity Granola Parfait, all served with Fresh or Cupped Fruit, 100% Fruit Juice, & 1% or Fat Free Chocolate Milk.

Should you have any questions or concerns, Please contact: Food Service  
845-526-7847 ext 1321










































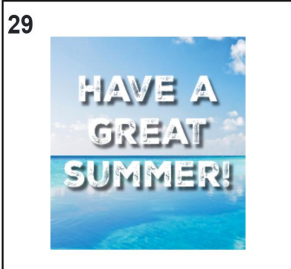
# Breakfast Menu

Putnam Valley Middle School

June 2026

WHITSONS FAMILY OF COMPANIES  
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Monday	Tuesday	Wednesday	Thursday	Friday
1 Apple Strudel  Or Mini Cinnamon Pull Apart Roll 	2 Blueberry Muffin  Or Chocolate Chip Muffin  Or Homemade Muffins  	3 Fluffy Whole Grain Waffles  And Syrup Cinnamon Flavored Apples	4 Whole Grain Donut 	5 Whole Grain French Toast Slices  Syrup Or WW Honey Bun 
		<b>Waffle Wednesday</b>	<b>Donut Day!</b>	<b>French Toast Fridays</b>
8 Apple Strudel  Or Mini Cinnamon Pull Apart Roll 	9 Blueberry Muffin  Or Chocolate Chip Muffin  Or Homemade Muffins  	10 Fluffy Whole Grain Waffles  And Syrup Cinnamon Flavored Apples 	11 Whole Grain Donut 	12 Whole Grain French Toast Slices  Syrup Or WW Honey Bun 
		<b>Waffle Wednesday</b>	<b>Donut Day!</b>	<b>French Toast Fridays</b>
15 Apple Strudel  Or Mini Cinnamon Pull Apart Roll 	16 Blueberry Muffin  Or Chocolate Chip Muffin  Or Homemade Muffins  	17 Fluffy Whole Grain Waffles  With Strawberries And Syrup	18 Whole Grain Donut 	19 <b>SCHOOL CLOSED TODAY</b>
		<b>Waffle Wednesday</b>	<b>Donut Day!</b>	
22 Apple Strudel  Or Mini Cinnamon Pull Apart Roll 	23 Blueberry Muffin  Or Chocolate Chip Muffin  Or Homemade Muffins  	24 Fluffy Whole Grain Waffles  And Syrup Cinnamon Flavored Apples	25 Whole Grain Donut 	26 Whole Grain French Toast Slices  Syrup Or WW Honey Bun 
		<b>Waffle Wednesday</b>	<b>Donut Day!</b>	<b>French Toast Fridays</b>



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**Egg Sandwiches are offered daily: Bacon, Egg & Cheese or Egg & Cheese or Sausage (Chicken), Egg & Cheese**

View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).  
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For a breakfast to be reimbursable/ free meal at least four food items must be offered. **Students** MUST select three food items including ½ cup of fruit and/or vegetable.

Adult Breakfast: \$3.49+tax

**Daily Offerings include:** WG Bagels w. Cream Cheese or Butter Blend; WG Muffins; WG Cereals offered w. Cheese Stick, Graham Cracker or Yogurt, Fresh or Cupped Fruit, 100% Fruit Juice & Milk are offered. (Milk is antibiotic & hormone free - 1%, Skim, Chocolate & Strawberry if available) WG = Whole Grain. Sausage is Chicken. Bacon = Pork  
\*\*Yogurt is Vanilla Flavor not Plain \*\*

Food Service Office - 845-526-7847 ext 1321

-  Vegetarian
-  Made With Natural Ingredients
-  Pork
-  Smart Choice
-  Made With Organic Ingredients