

Lunch Menu

Putnam Valley Middle School

April
2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

All students are eligible for One free breakfast and lunch each school day. Snacks, extra portions, second meals, second entrees, and second beverages will be available for purchase. Students MUST have a positive balance to purchase any snack, seconds or extras. Easiest way to pay: MySchoolBucks.com

6	7 Chicken Bowl with Gravy <i>chicken layered with mashed potatoes and corn, smothered in gravy</i> 🍴 Whole Wheat Dinner Roll Garden Salad Entree 🍴	8 Cheeseburger NY Beef Burger Oven Baked Fries Garden Salad Entree 🍴	9 Nachos Grande <i>tortilla chips topped with freshly prepared mexi style meat and cheese</i> 🍴 With Mild Salsa Garden Salad Entree 🍴 Sauteed Corn & Black Bean Salsa	10 Cheesy Stuffed Bread Sticks 🍴 Marinara Sauce Garden Salad Entree 🍴 Oven Baked Fries Or Side Garden Salad
13 Homemade Mac & Cheese 🍴 Garden Salad Entree 🍴 Oven Baked Fries Baby Carrots Or Green Beans Pineapple	14 Beef Hot Dog on Bun Chicken Corn Dog Crispy Chicken Garden Salad 🍴 Baked Beans Sauteed Zucchini Side Garden Salad Strawberry Cup Or Applesauce	15 Mozzarella Stick & Chicken Nugget Combo Meal Chicken Caesar Salad Mixed Vegetables Baby Carrots Side Salad Fresh Apple Honeydew and	16 Crispy Tacos 🍴 Garden Salad Entree 🍴 Rice & Beans And Sweet Corn And Salsa Pineapple Chili Roasted Garbanzo Beans	17 Grilled Cheese Sandwich Meltdown Café 🍴 Chicken Caesar Salad Tomato Soup Crispy Potato Puffs Spinach Salad Fresh Blueberries Or Fresh Apple
20 Homemade Baked Pasta with Cheese 🍴 Garden Salad Entree 🍴 Oven Baked Fries Steamed Broccoli Or Side Garden Salad	21 Cheeseburger NY Beef Burger Oven Baked Fries Garden Salad Entree 🍴 Steamed Broccoli Or Side Garden Salad	22 Cheesy Stuffed Bread Sticks 🍴 Marinara Sauce Garden Salad Entree 🍴 Pepperoni Pizza P Oven Baked Fries Mixed Vegetables	23 Nachos Grande <i>tortilla chips topped with freshly prepared mexi style meat and cheese</i> 🍴 With Mild Salsa Chicken Caesar Salad Sauteed Corn & Black Bean Salsa Fresh Apple	24 French Toast 🍴 Crispy Chicken Garden Salad 🍴 Sausage Patty Hash Brown Potatoes Side Garden Salad Strawberry Cup Or Applesauce Meatball Pizza 🍴
27 Homemade Pasta & Meatballs 🍴 Garden Salad Entree 🍴 Oven Baked Fries Steamed Broccoli Or Side Garden Salad	28 Chicken Parmesan Sandwich Crispy Chicken Garden Salad 🍴 Cherry Tomatoes Glazed Carrots Side Garden Salad Strawberry Cup Or Applesauce	29 Grilled Cheese Sandwich Meltdown Café 🍴 Chicken Caesar Salad Tomato Soup Crispy Potato Puffs Spinach Salad Fresh Blueberries Or Fresh Apple	30 Soft Tacos Crispy Chicken Garden Salad 🍴 Seasoned Black Beans Sweet Corn Salsa Strawberry Cup Fresh Grapes	



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

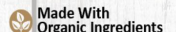
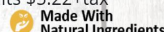
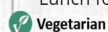
**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Five or more components are
At least 3
components - MUST BE TAKEN
to qualify as a reimbursable
meal. We ask that all students
take at least 1 cup combined of
fruit or vegetable to comply.

Lunch for Adults \$5.22+tax



Daily Offerings include: Made to Order Deli, Pizza, Entree Salads, Chicken/ Mozzarella Panini all served with Fresh or Cupped Fruit, 100% Fruit Juice, & 1%, FF, Strawberry (if available) or Chocolate Milk. (all milk is antibiotic & hormone Free) WG=Whole Grain; Taco Meat = Turkey; Sausage= Chicken; Hot Dog = Beef
Should you have any questions or concerns,
Please contact: Food Service
845-526-7847 ext 1321