

Lunch Menu

Putnam Valley Middle School

November 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

Cost of School Lunch: \$0.00 ; Adults \$5.03 +tax

All students are eligible for One free breakfast and lunch each school day. Snacks, extra portions, second meals, second entrees, and second beverages will be available for purchase. Students MUST have a positive balance to purchase any snack, seconds or extras. **Easiest way to Pay is MySchoolBucks.com**

1 Deli Bar
Beef Hot Dog on Bun
Crispy Chicken Garden Salad 🍷
Crispy Potato Puffs
Or Baked Beans
Or Cucumber Coins
Garden Salad
Organic Applesauce
Or Fresh Orange

4 Deli Bar
Belgian Waffle with Caramelized Apples 🍷
Garden Salad Entree 🍷
Sausage Patty
Orange Glazed Carrots
Or Garden Salad
Pineapple Cup
Or Fresh Orange

5 **Superintendent's Conference Day**
School Closed to Students

6 Deli Bar
Chicken Parmesan Sandwich 🍷
Garden Salad Entree 🍷
Oven Baked Fries
Mixed Vegetables
Or Side Garden Salad
And Pineapple
Or Fresh Orange

7 Deli Bar
Crispy Tacos 🍷
Garden Salad Entree 🍷
Rice & Beans
And Sweet Corn
And Salsa
Pineapple
Or Fresh Orange

8 Deli Bar
Cheeseburger
Or NY Beef Burger
Garden Salad Entree 🍷
Oven Baked Fries
Baby Carrots
Or Green Beans
Pineapple
Or Fresh Orange

11  IT'S VETERANS DAY

12 Deli Bar
Mozzarella Stick & Chicken Nugget Combo Meal 🍷
Chicken Caesar Salad 🍷
Mixed Vegetables
Baby Carrots
Or Side Salad
Diced Peach Cup
Or Fresh Apple

13 Deli Bar
Homemade Pasta & Meatballs 🍷
Chicken Caesar Salad 🍷
Steamed Broccoli
Or Garden Salad
Fresh Apple
Or Diced Peach Cup

14 Deli Bar
Nachos Grande
tortilla chips topped with freshly prepared mexi style meat and cheese 🍷
With Mild Salsa
Chicken Caesar Salad 🍷
Sauteed Corn & Black Bean Salsa
Diced Peach Cup
Or Fresh Apple

15 Deli Bar
Beef Hot Dog on Bun 🍷
Chicken Caesar Salad 🍷
With Oven Baked Fries
Or Famous Chili Cheese Fries
golden baked potato wedges topped with chili and cheese 🍷
Diced Peach Cup
Or Fresh Apple

18 Deli Bar
Cheesy Stuffed Bread Sticks 🍷
Crispy Chicken Garden Salad 🍷
Oven Baked Fries
Roasted Broccoli
Garden Salad
Strawberry Cup
Or Applesauce

19 Deli Bar
Sweet & Sour Chicken Sauce & Toss
Crispy Chicken Garden Salad 🍷
Hawaiian Pineapple Fried Rice
Mixed Vegetable Blend
Strawberry Cup
Or Applesauce

20 Deli Bar
Cinnamon French Toast 🍷
Crispy Chicken Garden Salad 🍷
Sausage Patty
Hash Brown Potatoes
Side Garden Salad
Strawberry Cup
Or Applesauce

21 Deli Bar
Soft Tacos
Crispy Chicken Garden Salad 🍷
Seasoned Black Beans
Sweet Corn
Salsa
Strawberry Cup
Or Applesauce

22 Deli Bar
BBQ Chicken Sliders
Crispy Chicken Garden Salad 🍷
Sweet Potato Fries
Fresh Cucumber Salad
Or Fresh Baby Carrots
Strawberry Cup
Or Applesauce

25 Deli Bar
Homemade Baked Pasta with Cheese 🍷
Classic Chef Salad 🍷
Steamed Broccoli
Or Garden Salad
Fresh Fruit Cup
Or Fresh Orange

26 BBQ Chicken Sauce & Toss
Or Honey Mustard Chicken Sauce & Toss
Or Garden Salad Entree 🍷
Baked Potato Wedges
Or Mixed Vegetables
Or Side Garden Salad
And Pineapple
Or Fresh Orange

27  **Thanksgiving Break**
No School

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Five or more components
At least 3 components - MUST BE TAKEN to qualify as a reimbursable meal. We ask that all students take at least 1 cup combined of fruit or vegetable to


 Vegetarian  Made With Natural Ingredients

Daily Offerings include: Made to Order Deli, Pizza, Entree Salads, Chicken/ Mozzarella Panini all served with Fresh or Cupped Fruit, 100% Fruit Juice, & 1%, FF, or Chocolate Milk. (all milk is antibiotic & hormone free)

Should you have any questions or concerns,

Please contact: Sandra Renken at

renkens@whitsons.com

845-526-7847 ext 1321  Made With Organic Ingredients

 Pork

Breakfast Menu

Putnam Valley Middle School

November 2024

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Monday

Tuesday

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Thursday



Friday

Cost of School Breakfast : \$0.00 ; Adults \$2.48 + tax



All students are eligible for One free breakfast and lunch each school day.. Snacks, extra portions, second meals, second entrees, and second beverages will be available for purchase. Students **MUST** have a positive balance to purchase any snack, seconds or extras.
Easiest way to Pay is MySchoolBucks.com



Food Allergy? Please contact the school nurse.
Questions? Contact: Sandra Renken at renkens@whitsons.com or 845-526-8747 ext 1321

1 Mini Cinnamon Pull Apart Roll 
Or
WW Honey Bun 
Chocolate Chip Muffin 

4 Apple Strudel 
Or Soft Filled Cinnamon Toast Crunch Bar 


5 **Election Day**
School Closed to Students
Superintendent's Conference Day

6 Fluffy Whole Grain Waffles 
With Strawberries And Syrup
Or Chocolate Chip Muffin 



7 WG Glazed Donut 
Or WG Chocolate Glazed Donut 

8 Mini Cinnamon Pull Apart Roll 
Or
WW Honey Bun 
Chocolate Chip Muffin 





12 Blueberry Muffin 
Or Chocolate Chip Muffin 
Or Homemade Muffins 

13 Blueberry Muffin 
Or Whole Grain French Toast Slices 
With Syrup



14 WG Glazed Donut 
Or WG Chocolate Glazed Donut 

15 Mini Cinnamon Pull Apart Roll 
Or
WW Honey Bun 
Chocolate Chip Muffin 



18 Apple Strudel 
Or Soft Filled Cinnamon Toast Crunch Bar 

19 Blueberry Muffin 
Or Chocolate Chip Muffin 
Or Homemade Muffins 

20 Fluffy Whole Grain Waffles 
With Strawberries And Syrup
Or Chocolate Chip Muffin 

21 WG Glazed Donut 
Or WG Chocolate Glazed Donut 

22 Mini Cinnamon Pull Apart Roll 
Or
WW Honey Bun 
Chocolate Chip Muffin 

25 Apple Strudel 
Or Soft Filled Cinnamon Toast Crunch Bar 

26 Blueberry Muffin 
Or Chocolate Chip Muffin 
Or Homemade Muffins 



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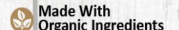
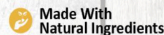
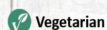
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For a breakfast to be reimbursable/ free meal at least four food items must be offered.

Students MUST select three food items including ½ cup of fruit and/or vegetable.



Daily Offerings include: WG Bagels w. Cream Cheese or Butter Blend; WG Muffins; WG Cereals offered w. Cheese Stick, Graham Cracker or Yogurt
Fresh or Cupped Fruit, 100% Fruit Juice & Milk are offered. (Milk is antibiotic & hormone free - 1%, Skim & Chocolate)

**Yogurt is Vanilla Flavor not Plain **