

Lunch Menu

Putnam Valley Middle School

April
2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

1 Deli Bar
Whole Grain Pancakes with Sausage
Crispy Chicken Garden Salad 🍴
Crispy Potato Puffs
Glazed Carrots
Garden Salad
Organic Applesauce
Or Fresh Orange

2 Deli Bar
Cheesy Stuffed Bread Sticks 🌿
Marinara Sauce Dip
Crispy Chicken Garden Salad 🍴
All With Oven Baked Fries
And Side Salad
With Organic Applesauce
Or Fresh Orange

3 Deli Bar
Nachos Grande 🍴
With Mild Salsa
Crispy Chicken Garden Salad 🍴
Sauteed Corn & Black Bean Salsa
Or Side Salad
Fresh Orange
Or Organic Applesauce

4 Deli Bar
Homemade Mac & Cheese 🌿 🍴
Crispy Chicken Garden Salad 🍴
Dinner Rolls
Steamed Broccoli
Garden Salad
Organic Applesauce
Or Fresh Orange

7 Deli Bar
Cheeseburger
Or NY Beef Burger
Garden Salad Entree 🍴
Oven Baked Fries
Baby Carrots
Or Green Beans
Pineapple
Or Fresh Orange

8 Deli Bar
Chicken Bowl with Gravy
chicken layered with mashed potatoes and corn, smothered in gravy 🍴
Garden Salad Entree 🍴
Steamed Broccoli
Pineapple
Or Fresh Orange

9 Deli Bar
Chicken Parmesan Sandwich
Garden Salad Entree 🍴
Oven Baked Fries
Steamed Broccoli
Or Side Garden Salad
And Pineapple
Or Fresh Orange

10 Deli Bar
Crispy Tacos
Garden Salad Entree 🍴
Rice & Beans
And Sweet Corn
And Salsa
Pineapple
Or Fresh Orange

11 Deli Bar
Or Grilled Cheese Sandwich
Meltdown Café 🌿
Or Garden Salad Entree 🍴
Oven Baked Fries
Mixed Vegetables
Or Side Garden Salad
And Pineapple
Or Fresh Orange

Nat'l Grill Chz Day!

14 **SPRING BREAK! SCHOOL CLOSED**



16 All students are eligible for One free breakfast and lunch each school day. Snacks, extra portions, second meals, second entrees, and second beverages will be available for purchase. Students **MUST** have a positive balance to purchase any snack, seconds or extras. Easiest way to Pay is MySchoolBucks.com
Cost of Lunch: Adults \$5.03+ tax; Students \$0.00

21 **SPRING BREAK! SCHOOL CLOSED**

22 Deli Bar
Sweet & Sour Chicken Sauce & Toss
Crispy Chicken Garden Salad 🍴
Seasoned Rice
Mixed Vegetable Blend
Strawberry Cup
Or Applesauce

23 Deli Bar
Beef Hot Dog on Bun
Chicken Corn Dog
Crispy Chicken Garden Salad 🍴
Baked Beans
Side Garden Salad
Strawberry Cup
Or Applesauce

24 Deli Bar
Crispy Tacos
Crispy Chicken Garden Salad 🍴
Seasoned Black Beans
Sweet Corn
Salsa
Strawberry Cup
Or Applesauce

25 Deli Bar
Cinnamon French Toast 🌿
Crispy Chicken Garden Salad 🍴
Sausage Patty
Hash Brown Potatoes
Side Garden Salad
Strawberry Cup
Or Applesauce

28 Deli Bar
Or Mozzarella Stick & Chicken Nugget Combo Meal
Or Classic Chef Salad 🍴 P
Garlic Parmesan Fries
Or Steamed Broccoli
Or Garden Salad
Applesauce
Or Fresh Fruit Cup

29 Deli Bar
Or Bun Appetit Chicken Biscuit Sandwich 🍴
With Honey
Or Classic Chef Salad 🍴 P
Crispy Potato Puffs
Glazed Carrots
Or Garden Salad
Applesauce
Or Fresh Fruit Cup

30 Deli Bar
Or Meatball Hero 🍴
Or Classic Chef Salad 🍴 P
Sweet Potato Fries
Or Green Beans
Or Garden Salad
Applesauce
Or Fresh Fruit Cup

View this menu on the mobile app, [FDMealPlanner](#), or on the web at [www.FDMealPlanner.com](#).

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

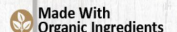
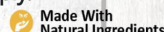
***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Five or more components
a At least 3 components - **MUST BE TAKEN** to qualify as a **reimbursable meal**. We ask that all students take at least 1 cup combined of fruit or vegetable to comply.

Daily Offerings include: Made to Order Deli, Pizza, Entree Salads, Chicken/ Mozzarella Panini all served with Fresh or Cupped Fruit, 100% Fruit Juice, & 1%, FF, Strawberry (if available) or Chocolate Milk. (all milk is antibiotic & hormone Free) WG=Whole Grain; Taco Meat = Turkey; Sausage= Chicken; Hot Dog = Beef
Should you have any questions or concerns, Please contact: Sandra Renken at

845-526-7847 ext 1321























Breakfast Menu

Putnam Valley Middle School

April 2025

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| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|--|
| | 1 Blueberry Muffin  Or Chocolate Chip Muffin  Or Homemade Muffins   | 2 Fluffy Whole Grain Waffles  With Strawberries And Syrup | 3 WG Glazed Donut  Or WG Chocolate Glazed Donut  | 4 Whole Grain French Toast Slices  Syrup Or WW Honey Bun  |
| | | Waffle Wednesday | Donut Day! | French Toast Fridays |
| 7 Apple Strudel  Or Mini Cinnamon Pull Apart Roll  | 8 Blueberry Muffin  Or Chocolate Chip Muffin  Or Homemade Muffins   | 9 Fluffy Whole Grain Waffles  And Syrup Cinnamon Flavored Apples | 10 WG Glazed Donut  Or WG Chocolate Glazed Donut  | 11 Whole Grain French Toast Slices  Syrup Or WW Honey Bun  |
| | | Waffle Wednesday | Donut Day! | French Toast Fridays |

Egg Sandwiches are offered daily: Bacon, Egg & Cheese or Egg & Cheese or Sausage (Chicken), Egg & Cheese

14
**SPRING BREAK!
SCHOOL CLOSED**



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
Breakfast: Adults \$2.48 + tax; Students \$0.00

21
**SPRING BREAK!
SCHOOL CLOSED**



23 Fluffy Whole Grain Waffles 
And Syrup Cinnamon Flavored Apples



Waffle Wednesday



24 WG Glazed Donut 
Or WG Chocolate Glazed Donut 


Donut Day!

25 Whole Grain French Toast Slices 
Syrup Or
WW Honey Bun 

French Toast Fridays

28 Apple Strudel 
Or Soft Filled Cinnamon Toast Crunch Bar 

29 Blueberry Muffin 
Or Chocolate Chip Muffin 
Or Homemade Muffins  

30 Fluffy Whole Grain Waffles 
And Syrup Cinnamon Flavored Apples

Waffle Wednesday

Food Allergy? Please contact the school nurse.

Questions? Contact:
Sandra Renken at
renkens@whitsons.com
or 845-526-8747 ext 1321

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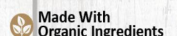
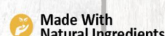
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For a breakfast to be reimbursable/ free meal at least four food items must be offered.

Students MUST select three food items including ½ cup of fruit and/or vegetable.



Daily Offerings include: WG Bagels w. Cream Cheese or Butter Blend; WG Muffins; WG Cereals offered w. Cheese Stick, Graham Cracker or Yogurt, Fresh or Cupped Fruit, 100% Fruit Juice & Milk are offered. (M)Milk is antibiotic & hormone free - 1%, Skim, Chocolate & Strawberry if available) WG = Whole Grain. Sausage is Chicken.

**Yogurt is Vanilla Flavor not Plain ** Sandra Renken - 845-526-7847 ext 1321; renkens@whitsons.com