

# Lunch Menu

Putnam Valley Middle School

February 2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES  
WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Homemade Mac &amp; Cheese Crispy Chicken Garden Salad Steamed Broccoli Side Garden Salad Fresh Orange Applesauce</p>	<p>4 Chicken Nugget &amp; Mozzarella Stick Combo Crispy Chicken Garden Salad Glazed Carrots Side Garden Salad Fresh Orange Applesauce</p>	<p>5 Deli Bar Grilled Ham &amp; Cheese Sandwich Meltdown Café Or Two Cheese Grilled Cheese Meltdown Café Crispy Chicken Garden Salad All With Oven Baked Fries And Side Salad With Organic Applesauce Or Fresh Orange</p>	<p>6 Deli Bar Nachos Grande With Mild Salsa Crispy Chicken Garden Salad Sauteed Corn &amp; Black Bean Salsa Or Fresh Baby Carrots Or Side Salad Fresh Orange Or Organic Applesauce</p>	<p>7 Deli Bar Beef Hot Dog on Bun Crispy Chicken Garden Salad Crispy Potato Puffs Or Baked Beans Or Cucumber Coins Garden Salad Organic Applesauce Or Fresh Orange</p>
<p>10 Deli Bar Belgian Waffle with Caramelized Apples Garden Salad Entree Sausage Patty Orange Glazed Carrots Or Garden Salad Pineapple Cup Or Fresh Orange</p>	<p>11 Deli Bar Chicken Bowl with Gravy <i>chicken layered with mashed potatoes and corn, smothered in gravy</i> Garden Salad Entree Steamed Broccoli Pineapple Or Fresh Orange</p>	<p>12 Deli Bar Chicken Parmesan Sandwich Garden Salad Entree Oven Baked Fries Mixed Vegetables Roasted Butternut Squash Or Side Garden Salad And Pineapple Or Fresh Orange</p>	<p>13 Deli Bar Crispy Tacos Garden Salad Entree Rice &amp; Beans And Sweet Corn And Salsa Pineapple Or Fresh Orange</p>	<p>14 Deli Bar Cheeseburger Or NY Beef Burger Garden Salad Entree Oven Baked Fries Baby Carrots Or Green Beans Pineapple Or Fresh Orange</p> 
<p>17</p> <div style="background-color: #808080; color: white; padding: 10px; text-align: center;"> <p><b>WINTER RECESS!</b></p> <p><b>SCHOOL CLOSED</b></p> </div>	<p>All students are eligible for One free breakfast and lunch each school day. Snacks, extra portions, second meals, second entrees, and second beverages will be available for purchase. Students <b>MUST</b> have a positive balance to purchase any snack, seconds or extras. Easiest way to Pay is MySchoolBucks.com <b>Cost of Lunch: Adults \$5.03+ tax; Students \$0.00</b></p>			<p>20</p> <div style="background-color: #808080; color: white; padding: 10px; text-align: center;"> <p><b>WINTER RECESS!</b></p> <p><b>SCHOOL CLOSED</b></p> </div>
<p>24 Deli Bar Cheesy Stuffed Bread Sticks Crispy Chicken Garden Salad Roasted Broccoli Garden Salad Strawberry Cup Or Applesauce</p>	<p>25 Deli Bar Sweet &amp; Sour Chicken Sauce &amp; Toss Crispy Chicken Garden Salad Hawaiian Pineapple Fried Rice Mixed Vegetable Blend Strawberry Cup Or Applesauce</p>	<p>26 Deli Bar Cinnamon French Toast Crispy Chicken Garden Salad Sausage Patty Hash Brown Potatoes Side Garden Salad Strawberry Cup Or Applesauce</p>	<p>27 Deli Bar Soft Tacos Crispy Chicken Garden Salad Seasoned Black Beans Sweet Corn Salsa Strawberry Cup Or Applesauce</p>	<p>28 Deli Bar BBQ Chicken Sliders Crispy Chicken Garden Salad Sweet Potato Fries Fresh Cucumber Salad Or Fresh Baby Carrots Strawberry Cup Or Applesauce</p>



View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Five or more components

At least 3 components - MUST BE TAKEN to qualify as a reimburseable meal. We ask that all students take at least 1 cup combined of fruit or vegetable to



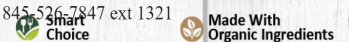
**Daily Offerings include:** Made to Order Deli, Pizza, Entree Salads, Chicken/ Mozzarella Panini all served with Fresh or Cupped Fruit, 100% Fruit Juice, & 1%, FF, Chocolate or Strawberry milk. (when available) (all milk is antibiotic & hormone free) WG = Whole Grain. Sausage is Chicken, Bacon is Pork, Taco Meat is Turkey, Burgers & Hot Dogs are

Beef. Should you have any questions or concerns,

Please contact: Sandra Renken at

[renkens@whitsons.com](mailto:renkens@whitsons.com)

845-526-7847 ext 1321
















































# Breakfast Menu

Putnam Valley Middle School

February 2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES  
WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
3 Apple Strudel  Or Soft Filled Cinnamon Toast Crunch Bar 	4 Blueberry Muffin  Or Chocolate Chip Muffin  Or Homemade Muffins  	5 Blueberry Muffin  Or Whole Grain French Toast Slices  With Syrup	6 WG Glazed Donut   Or WG Chocolate Glazed Donut 	7 Mini Cinnamon Pull Apart Roll  Or WW Honey Bun  Chocolate Chip Muffin 
10 Apple Strudel  Or Soft Filled Cinnamon Toast Crunch Bar 	11 Blueberry Muffin  Or Chocolate Chip Muffin  Or Homemade Muffins  	12 Fluffy Whole Grain Waffles  With Strawberries And Syrup Or Chocolate Chip Muffin 	13 WG Glazed Donut   Or WG Chocolate Glazed Donut 	14 Mini Cinnamon Pull Apart Roll  Or WW Honey Bun  Chocolate Chip Muffin  
17 <b>WINTER RECESS! SCHOOL CLOSED</b>	18 <b>All students are eligible for One free breakfast and lunch each school day.. Snacks, extra portions, second meals, second entrees, and second beverages will be available for purchase. Students <i>MUST</i> have a positive balance to purchase any snack, seconds or extras. <b>Easiest way to Pay is MySchoolBucks.com</b>  Cost of Breakfast: Adults \$2.48 + tax; Students \$0.00</b>	19	20 <b>Food Allergy? Please contact the school nurse.</b> <b>Questions? Contact: Sandra Renken at renkens@whitsons.com or 845-526-8747 ext 1321</b>	21 <b>WINTER RECESS! SCHOOL CLOSED</b>
24 Apple Strudel  Or Soft Filled Cinnamon Toast Crunch Bar 	25 Blueberry Muffin  Or Chocolate Chip Muffin  Or Homemade Muffins  	26 Fluffy Whole Grain Waffles  With Strawberries And Syrup Or Chocolate Chip Muffin 	27 WG Glazed Donut   Or WG Chocolate Glazed Donut 	28 Mini Cinnamon Pull Apart Roll  Or WW Honey Bun  Chocolate Chip Muffin 



View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

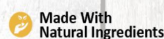
\*\*Menu is subject to change, notice posted when available.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex



For a breakfast to be reimbursable/ free meal at least four food items must be offered.

**Students MUST select three food items including ½ cup of fruit and/or vegetable.**



**Daily Offerings include:** WG Bagels w. Cream Cheese or Butter Blend; WG Muffins; WG Cereals offered w. Cheese Stick, Graham Cracker or Yogurt, Fresh or Cupped Fruit, 100% Fruit Juice & Milk are offered. (Milk is antibiotic & hormone free - 1%, Skim, Chocolate & Strawberry (if available)) WG = Whole Grain. All sausage is Chicken & Bacon is Pork.

\*\*Yogurt is Vanilla Flavor not Plain \*\* **Sandra Renken -**

**845-526-7847 ext 1321: [renkens@whitsons.com](mailto:renkens@whitsons.com)**

(including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.