

Lunch Menu

Putnam Valley Middle School

June 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

3 Mozzarella Stick & Chicken Nugget Combo Meal
Balsamic Grilled Chicken Panini
Garden Salad Entree 🍏
Crispy Potato Puffs
Applesauce
Fresh Orange

4 Chicken Bowl with Gravy *chicken layered with mashed potatoes and corn, smothered in gravy*
Balsamic Grilled Chicken Panini
Garden Salad Entree 🍏
Orange Glazed Carrots
Apple Slices
Fresh Orange

5 Cheeseburger NY Beef Burger
Balsamic Grilled Chicken Panini
Garden Salad Entree 🍏
Roasted Broccoli
Sweet Potato Fries
Garden Salad
Apple Slices
Fresh Orange

6 Nachos Grande 🍏
Mild Salsa
Balsamic Grilled Chicken Panini
Garden Salad Entree 🍏
Apple Slices
Fresh Orange

7 Deli Bar
Cheesy Stuffed Bread Sticks 🍏
Marinara Sauce Dip
Balsamic Grilled Chicken Panini
Garden Salad Entree 🍏
Garden Salad
Apple Slices
Applesauce
Fresh Orange

10 Deli Bar
Homemade Mac & Cheese 🍏
New Yorker Panini P 🍏
Chicken Caesar Salad 🍏
Steamed Broccoli
Side Garden Salad
Diced Peach Cup
Or Fresh Apple

11 Deli Bar
Cinnamon French Toast 🍏
Sausage Patty
New Yorker Panini P 🍏
Chicken Caesar Salad 🍏
Hash Brown Potatoes
Strawberry Cup
Diced Peach Cup
Or Applesauce

12 Deli Bar
Chicken Parmesan Sandwich
Marinara Sauce Dip
Or Chicken Parmesan Over Pasta 🍏
New Yorker Panini P 🍏
Chicken Caesar Salad 🍏
Pasta
Or Side Garden Salad
Or Green Beans
Apple Slices
Diced Peach Cup

13 Deli Bar
Crispy Tacos
New Yorker Panini P 🍏
Chicken Caesar Salad 🍏
All With Seasoned Black Beans
And Sweet Corn
And Salsa
Apple Slices
Diced Peach Cup

14 Deli Bar
Wing Shack Classic Buffalo Chicken Wings
Wing Shack BBQ Style Chicken Wings
New Yorker Panini P 🍏
Chicken Caesar Salad 🍏
Celery Sticks
Carrot Dippers
Crispy Potato Puffs
Apple Slices
Diced Peach Cup

17 Deli Bar
Grilled Cheese Sandwich 🍏
Big Bird Panini P 🍏
Grilled Chicken Salad with Dinner Rolls 🍏
Crispy Potato Puffs
Green Beans
Applesauce
Mixed Fruit

18 Deli Bar
Beef Hot Dog on Bun
Big Bird Panini P 🍏
Grilled Chicken Salad with Dinner Rolls 🍏
Oven Baked Fries
Steamed Peas
Diced Peach Cup
Mixed Fruit

19 **School Closed to Observe Juneteenth**

20 Deli Bar
Nachos Grande 🍏
Mild Salsa
Big Bird Panini P 🍏
Grilled Chicken Salad with Dinner Rolls 🍏
Sauteed Corn & Black Bean Salsa
Diced Peach Cup
Mixed Fruit
Fresh Fruit Cup

21 Deli Bar
Cheeseburger NY Beef Burger
Big Bird Panini P 🍏
Grilled Chicken Salad with Dinner Rolls 🍏
Sweet Potato Fries
Roasted Broccoli
Garden Salad
Apple Slices
Fresh Orange
Mixed Fruit
Diced Peach Cup

24 Today and Tuesday's Menus will be:
Chef's Choice of Entree & Sides
Deli Bar
Traditional Panini
Chicken Ceasar Salad

25

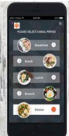
26 Families seeking food assistance for their children can also , operated by Hunger Free America. The hotline can be reached Monday through Friday between 7 a.m. to 10 p.m. ET at
• 1-866-3-HUNGRY (1-866-348-6479) (for English) or
• 1-877-8-HAMBRE (1-877-842-6273) (for Spanish).

Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

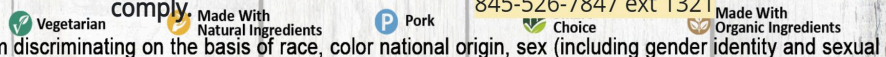
**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Five or more components
At least 3 components - MUST BE TAKEN to qualify as a reimburseable meal.
ask that all students take at least 1 cup combined of fruit or vegetable to comply.

Daily Offerings include: Made to Order Deli, Pizza, Entree Salads, Yogurt Parfait all served with Fresh or Cupped Fruit, 100% Fruit Juice, & 1%, FF, or Chocolate Milk.
(all milk is antibiotic & hormone free)
Should you have any questions or concerns, Please contact: Sandra Renken at renkens@whitsons.com
845-526-7847 ext 1321

























Made With Organic Ingredients

Breakfast Menu

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Homemade Muffins  </p> <p>Muffin Monday!</p>	<p>4 Mini Cinnamon Pull Apart Roll </p>	<p>5 Fluffy Whole Grain Pancakes  Syrup</p>	<p>6 WG Chocolate Glazed Donut  Or WG Glazed Donut</p>	<p>7 WW Honey Bun </p>
<p>10 Homemade Muffins  </p> <p>Muffin Monday!</p>	<p>11 Apple Strudel </p>	<p>12 Fluffy Whole Grain Waffles  Strawberries Syrup</p>	<p>13 WG Chocolate Glazed Donut  WG Glazed Donut</p>	<p>14 Mini Cinnamon Pull Apart Roll  Or WW Honey Bun </p>
<p>17 Homemade Muffins  </p> <p>Muffin Monday!</p>	<p>18 Apple Strudel </p>	<p>19 School Closed to Observe Juneteenth</p>	<p>20 WG Chocolate Glazed Donut  WG Glazed Donut</p>	<p>21 Mini Cinnamon Pull Apart Roll  Or WW Honey Bun </p>
<p>24 Homemade Muffins  </p> <p>Muffin Monday!</p>	<p>25 Apple Strudel </p>	<p>26 Early Dismissal Breakfast will be served No Lunch Service</p>	<p>Families seeking food assistance for their children can contact:</p> <p>Hunger Free America. The Hotline can be contacted Monday thru Friday between the hours of 7 a.m. and 10 p.m. ET</p> <p>1-866-3-HUNGRY (1-866-348-6479) (for English) or 1-877-8-HAMBRE (1-877-842-6273) (for Spanish).</p>	



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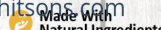


Pricing: Paid \$1.50; Adult \$3.00 + tax; Free/Reduced \$0.00

Food Allergy? Please contact the school nurse.

Questions? Please contact: Sandra Renken at

renkens@whitsons.com



Daily Offerings include: WG Bagels w. Cream Cheese or Butter Blend; WG Muffins; WG Cereals offered w. Cheese Stick, Graham Cracker or Yogurt
Fresh or Cupped Fruit, 100% Fruit Juice & Milk are offered. (Milk is antibiotic & hormone free - 1%, Skim & Chocolate)

Yogurt is Vanilla Flavor not Plain

At least 4 components are offered - 3 items must be taken for a reimbursable meal one being 1/2 cup or fruit & / or vegetable