

# Lunch Menu

Putnam Valley Middle School

June 2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES

WWW.WHITSONS.COM

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

2 Deli Bar  
BBQ Chicken Sauce & Toss  
Crispy Chicken Garden  
Salad 🍴  
Yellow Seasoned Rice  
Confetti Garbanzo Bean  
Salad  
Garden Salad  
Organic Applesauce  
Or Fresh Orange

3 Deli Bar  
Fluffy Whole Grain Waffles  
🌱  
Sausage Patty  
Crispy Chicken Garden  
Salad 🍴  
Crispy Potato Puffs  
Glazed Carrots  
Garden Salad  
Organic Applesauce  
Or Fresh Orange

4 Deli Bar  
Homemade Mac & Cheese  
🌱 🍴  
Crispy Chicken Garden  
Salad 🍴  
All With Oven Baked Fries  
And Side Salad  
With Organic Applesauce  
Or Fresh Orange

5 Deli Bar  
Nachos Grande 🍴  
With Mild Salsa  
Crispy Chicken Garden  
Salad 🍴  
Sauteed Corn & Black Bean  
Salsa  
Or Side Salad  
Fresh Orange  
Or Organic Applesauce

6 Deli Bar  
Cheeseburger  
Or NY Beef Burger  
Crispy Chicken Garden  
Salad 🍴  
Dinner Rolls  
Steamed Broccoli  
Garden Salad  
Organic Applesauce  
Or Fresh Orange

9 Deli Bar  
Cheesy Stuffed Bread  
Sticks 🌱  
Marinara Sauce Dip  
Garden Salad Entree 🍴  
Oven Baked Fries  
Baby Carrots  
Or Green Beans  
Pineapple  
Or Fresh Orange

10 Deli Bar  
Chicken Bowl with Gravy  
*chicken layered with mashed  
potatoes and corn, smothered in  
gravy*  
Garden Salad Entree 🍴  
Steamed Broccoli  
Pineapple  
Or Fresh Orange

11 Deli Bar  
Chicken Parmesan  
Sandwich  
Garden Salad Entree 🍴  
Oven Baked Fries  
Steamed Broccoli  
Or Side Garden Salad  
And Pineapple  
Or Fresh Orange

12 Deli Bar  
Crispy Tacos  
Garden Salad Entree 🍴  
Rice & Beans  
And Sweet Corn  
And Salsa  
Pineapple  
Or Fresh Orange

13 Deli Bar  
Beef Hot Dog on Bun  
Garden Salad Entree 🍴  
Oven Baked Fries  
Mixed Vegetables  
Or Side Garden Salad  
And Pineapple  
Or Fresh Orange

16 Deli Bar  
Homemade Mac & Cheese  
🌱 🍴  
Or Chicken Caesar Salad 🍴  
Steamed Broccoli  
Or Garden Salad  
Fresh Apple  
Or Diced Peach Cup

17 Deli Bar  
Mozzarella Stick & Chicken  
Nugget Combo Meal  
Chicken Caesar Salad 🍴  
Mixed Vegetables  
Baby Carrots  
Or Side Salad  
Diced Peach Cup  
Or Fresh Apple

18 Deli Bar  
Beef Hot Dog on Bun  
Chicken Corn Dog  
Or Chicken Caesar Salad 🍴  
Baked Beans  
Mixed Vegetables  
Or Garden Salad  
Applesauce  
Or Diced Peach Cup

19 **School Closed to  
Observe  
Juneteenth**

20 Deli Bar  
Cheeseburger  
Or NY Beef Burger  
Chicken Caesar Salad 🍴  
Tomato Soup  
Crispy Potato Puffs  
Spinach Salad  
Diced Peach Cup  
Or Fresh Apple

23 Deli Bar  
BBQ Chicken Sliders  
Crispy Chicken Garden  
Salad 🍴  
Sweet Potato Fries  
Fresh Cucumber Salad  
Or Fresh Baby Carrots  
Strawberry Cup  
Or Applesauce

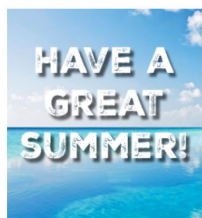
24 Deli Bar  
Chicken Bowl with Gravy  
Crispy Chicken Garden  
Salad 🍴  
Mixed Vegetable Blend  
Strawberry Cup  
Or Applesauce

25 Deli Bar  
Crispy Chicken Garden  
Salad 🍴  
Side Garden Salad  
Strawberry Cup  
Or Applesauce  
○

26 **Early Dismissal -  
Only Breakfast  
will be served**

27 **Early Dismissal -  
Only Breakfast  
will be served**

30



All students are eligible for One free breakfast and lunch each school day. Snacks, extra portions, second meals, second entrees, and second beverages will be available for purchase. Students **MUST** have a positive balance to purchase any snack, seconds or extras. Easiest way to Pay is MySchoolBucks.com  
**Cost of Lunch: Adults \$5.03+ tax; Students \$0.00**

this month's field trips: 6/23 - 8th grade - Lake Compounce  
6/24 - 6th grade - Town Park  
6/25 - 5th grade - Bounce and  
7th grade - Xreme



View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

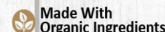
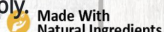
\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Five or more components  
a At least 3  
components - MUST BE  
TAKEN to qualify as a  
reimbursable meal. We  
ask that all students take at  
least 1 cup combined of  
fruit or vegetable to  
comply.



845-526-7847 ext 1321

Should you have any questions or concerns,  
Please contact: Sandra Renken at

Daily Offerings include: Made to Order Deli, Pizza, Entree Salads, Chicken/ Mozzarella Panini all served with Fresh or Cupped Fruit, 100% Fruit Juice, & 1%, FF, Strawberry (if available) or Chocolate Milk. (all milk is antibiotic & hormone Free) WG=Whole Grain; Taco Meat = Turkey; Sausage= Chicken; Hot Dog = Beef










































# Breakfast Menu

Putnam Valley Middle School

June 2025

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Monday	Tuesday	Wednesday	Thursday	Friday
2 Apple Strudel  Or Mini Cinnamon Pull Apart Roll 	3 Blueberry Muffin  Or Chocolate Chip Muffin  Or Homemade Muffins  	4 Fluffy Whole Grain Waffles  With Strawberries And Syrup <b>Waffle Wednesday</b>	5 WG Donut   Chocolate or  Vanilla Glazed  <b>Donut Day!</b>	6 Whole Grain French Toast Slices  Syrup Or WW Honey Bun   <b>French Toast Fridays</b>
9 Apple Strudel  Or Mini Cinnamon Pull Apart Roll 	10 Blueberry Muffin  Or Chocolate Chip Muffin  Or Homemade Muffins  	11 Fluffy Whole Grain Waffles  And Syrup Cinnamon Flavored Apples  <b>Waffle Wednesday</b>	12 WG Donut   Chocolate or  Vanilla Glazed  <b>Donut Day!</b>	13 Whole Grain French Toast Slices  Syrup Or WW Honey Bun   <b>French Toast Fridays</b>
16 Apple Strudel  Or Mini Cinnamon Pull Apart Roll 	17 Blueberry Muffin  Or Chocolate Chip Muffin  Or Homemade Muffins  	18 Fluffy Whole Grain Waffles  With Strawberries And Syrup  <b>Waffle Wednesday</b>	19  <i>School Closed to Observe Juneteenth</i>	20 Whole Grain French Toast Slices  Syrup Or WW Honey Bun   <b>French Toast Fridays</b>
23 Apple Strudel  Or Mini Cinnamon Pull Apart Roll 	24 Blueberry Muffin  Or Chocolate Chip Muffin  Or Homemade Muffins  	25 Fluffy Whole Grain Waffles  And Syrup Cinnamon Flavored Apples  <b>Waffle Wednesday</b>	26 WG Donut   Chocolate or  Vanilla Glazed  <b>Donut Day!</b>	27 Whole Grain French Toast Slices  Syrup Or WW Honey Bun   <b>French Toast Fridays</b>

30



**All students are eligible for One free breakfast and lunch each school day..** Snacks, extra portions, second meals, second entrees, and second beverages will be available for purchase. Students **MUST** have a positive balance to purchase any snack, seconds or extras.  
**Easiest way to Pay is MySchoolBucks.com**

Cost of Breakfast: Adults \$2.48 + tax; Students

**Food Allergy? Please contact the school nurse.**

**Questions? Contact:**  
Sandra Renken at  
renkens@whitsons.com  
or 845-526-8747 ext 1321



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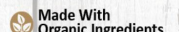
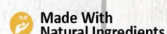
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For a breakfast to be reimbursable/ free meal at least four food items must be offered.

**Students MUST select three food items including ½ cup of fruit and/or vegetable.**



**Daily Offerings include:** WG Bagels w. Cream Cheese or Butter Blend; WG Muffins; WG Cereals offered w. Cheese Stick, Graham Cracker or Yogurt, Fresh or Cupped Fruit, 100% Fruit Juice & Milk are offered. (M)ilk is antibiotic & hormone free - 1%, Skim, Chocolate & Strawberry if available) WG = Whole Grain. Sausage is Chicken.

\*\*Yogurt is Vanilla Flavor not Plain \*\* **Sandra Renken - 845-526-7847 ext 1321; renkens@whitsons.com**