

Lunch Menu

Putnam Valley Middle School

May
2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

All students are eligible for One free breakfast and lunch each school day. Snacks, extra portions, second meals, second entrees, and second beverages will be available for purchase. Students **MUST** have a positive balance to purchase any snack, seconds or extras. Easiest way to Pay is MySchoolBucks.com

Cost of Lunch: Adults \$5.03+ tax; Students \$0.00

5 Deli Bar
Fluffy Whole Grain Waffles
Garden Salad Entree
Sausage Patty
Potatoes with Onion
Baby Carrots
Pineapple
Or Fresh Orange

Breakfast 4 Lunch

6 Deli Bar
Chicken Bowl with Gravy
chicken layered with mashed potatoes and corn, smothered in gravy
Garden Salad Entree
Pineapple
Or Fresh Orange

7 Deli Bar
Chicken Parmesan Sandwich
Garden Salad Entree
Oven Baked Fries
Steamed Broccoli
Or Side Garden Salad
And Pineapple
Or Fresh Orange

8 Deli Bar
Crispy Tacos
Garden Salad Entree
Rice & Beans
And Sweet Corn
And Salsa
Pineapple
Or Fresh Orange

9 Deli Bar
Cheeseburger
NY Beef Burger
Garden Salad Entree
Oven Baked Fries
Baby Carrots
Or Green Beans
Pineapple
Or Fresh Orange

12 Deli Bar
Homemade Baked Pasta with Cheese
Or Chicken Caesar Salad
Steamed Broccoli
Or Garden Salad
Fresh Apple
Or Diced Peach Cup

13 Deli Bar
Mozzarella Stick & Chicken
Nugget Combo Meal
Chicken Caesar Salad
Green Beans
Baby Carrots
Or Side Salad
Diced Peach Cup
Or Fresh Apple

14 Deli Bar
Baked Chicken Tenders
Or Chicken Caesar Salad
Mixed Vegetables
Oven Baked Fries
Or Garden Salad
Fresh Apple
Or Diced Peach Cup
BBQ Sauce
Honey Mustard Dressing
Ketchup

15 Deli Bar
Nachos Grande
tortilla chips topped with freshly prepared mexi style meat and cheese
With Mild Salsa
Chicken Caesar Salad
Sauteed Corn & Black Bean Salsa
Diced Peach Cup
Or Fresh Apple

16 Deli Bar
Grilled Cheese Sandwich
Meltdown Café
Chicken Caesar Salad
Crispy Potato Puffs
Spinach Salad
Diced Peach Cup
Or Fresh Apple

19 Deli Bar
BBQ Chicken Sliders
Crispy Chicken Garden Salad
Sweet Potato Fries
Fresh Cucumber Salad
Or Fresh Baby Carrots
Strawberry Cup
Or Applesauce


20 Deli Bar
Sweet & Sour Chicken
Sauce & Toss
Crispy Chicken Garden Salad
Seasoned Rice
Mixed Vegetable Blend
Garden Salad
Strawberry Cup
Or Applesauce

21 Deli Bar
Beef Hot Dog on Bun
Chicken Corn Dog
Crispy Chicken Garden Salad
Peas and Carrots
Baked Beans
Side Garden Salad
Strawberry Cup
Or Applesauce

22 Deli Bar
Soft Tacos
Crispy Chicken Garden Salad
Seasoned Black Beans
Sweet Corn
Salsa
Strawberry Cup
Or Applesauce

23 Deli Bar
Cinnamon French Toast
Crispy Chicken Garden Salad
Sausage Patty
Hash Brown Potatoes
Side Garden Salad
Strawberry Cup
Or Applesauce

Breakfast 4 Lunch

26 
MEMORIAL DAY

27 Deli Bar
Cheesy Stuffed Bread Sticks
Marinara Sauce Dip
Classic Chef Salad
Steamed Broccoli
Or Garden Salad
Applesauce
Fresh Fruit Cup

28 Deli Bar
Or Homemade Pasta & Meatballs
Pasta with Sauce
Classic Chef Salad
Mixed Vegetables
Or Garden Salad
Fresh Fruit Cup
Fresh Apple
Or Diced Peach Cup

29 Deli Bar
Crispy Tacos
Classic Chef Salad
Rice & Beans
And Sweet Corn
And Salsa
Apple Slices
Fresh Fruit Cup
Applesauce

30 Deli Bar
Chipotle BBQ Chicken
Or Classic Chef Salad
Mashed Potatoes
Green Beans
Garden Salad
Applesauce
Or Fresh Fruit Cup

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

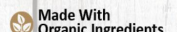
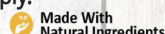
*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Five or more components
At least 3
components - MUST BE
TAKEN to qualify as a
reimbursable meal. We
ask that all students take at
least 1 cup combined of
fruit or vegetable to
comply.



Daily Offerings include: Made to Order Deli, Pizza, Entree Salads, Chicken/ Mozzarella Panini all served with Fresh or Cupped Fruit, 100% Fruit Juice, & 1%, FF, Strawberry (if available) or Chocolate Milk. (all milk is antibiotic & hormone Free) WG=Whole Grain; Taco Meat = Turkey; Sausage= Chicken; Hot Dog = Beef
Should you have any questions or concerns,
Please contact: Sandra Renken at

845-526-7847 ext 1321

Breakfast Menu

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Easiest way to Pay is MySchoolBucks.com

Cost of Breakfast: Adults \$2.48 + tax; Students



Food Allergy?
Please contact the school nurse.
Questions? Contact : Sandra Renken at renkens@whitsons.com or 845-526-8747 ext 1321

1 WG Donut 
Vanilla or
Chocolate Glaze

Donut Day!

2 Whole Grain French
Toast Slices 
Syrup
Or
WW Honey Bun 


French Toast Fridays

5 Apple Strudel 
Or Mini Cinnamon Pull
Apart Roll 



6 Blueberry Muffin 
Or Chocolate Chip
Muffin 
Or Homemade
Muffins  

7 Fluffy Whole Grain
Waffles 
And Syrup
Cinnamon Flavored
Apples

Waffle Wednesday

8 WG Donut 
Vanilla or
Chocolate Glaze





Donut Day!

9 Whole Grain French
Toast Slices 
Syrup
Or
WW Honey Bun 

French Toast Fridays


Egg Sandwiches are offered daily: Bacon, Egg & Cheese or Egg & Cheese or Sausage (Chicken), Egg & Cheese

12 Apple Strudel 
Or Mini Cinnamon Pull
Apart Roll 



13 Blueberry Muffin 
Or Chocolate Chip
Muffin 
Or Homemade
Muffins  

14 Fluffy Whole Grain
Waffles 
With Strawberries
And Syrup

Waffle Wednesday





15 WG Donut 
Vanilla or
Chocolate Glaze

Donut Day!

16 Whole Grain French
Toast Slices 
Syrup
Or
WW Honey Bun 


French Toast Fridays

19 Apple Strudel 
Or Mini Cinnamon Pull
Apart Roll 



20 Blueberry Muffin 
Or Chocolate Chip
Muffin 
Or Homemade
Muffins  

21 Fluffy Whole Grain
Waffles 
And Syrup
Cinnamon Flavored
Apples

Waffle Wednesday





22 WG Donut 
Vanilla or
Chocolate Glaze

Donut Day!

23 Whole Grain French
Toast Slices 
Syrup
Or
WW Honey Bun 


French Toast Fridays





26 Blueberry Muffin 
Or Chocolate Chip
Muffin 
Or Homemade
Muffins  

28 Fluffy Whole Grain
Waffles 
And Syrup
Cinnamon Flavored
Apples

Waffle Wednesday

29 WG Donut 
Vanilla or
Chocolate Glaze

Donut Day!

30 Whole Grain French
Toast Slices 
Syrup
Or
WW Honey Bun 

French Toast Fridays

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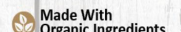
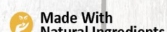
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For a breakfast to be reimbursable/ free meal at least four food items must be offered.

Students MUST select three food items including ½ cup of fruit and/or vegetable.



Daily Offerings include: WG Bagels w. Cream Cheese or Butter Blend; WG Muffins; WG Cereals offered w. Cheese Stick, Graham Cracker or Yogurt, Fresh or Cupped Fruit, 100% Fruit Juice & Milk are offered. (M)ilk is antibiotic & hormone free - 1%, Skim, Chocolate & Strawberry if available) WG = Whole Grain. Sausage is Chicken.

Yogurt is Vanilla Flavor not Plain ** **Sandra Renken - 845-526-7847 ext 1321; renkens@whitsons.com