

Lunch Menu

Putnam Valley High School

April
2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

1 SPRING BREAK! SCHOOL CLOSED	2 SPRING BREAK! SCHOOL CLOSED	3 SPRING BREAK! SCHOOL CLOSED	4 SPRING BREAK! SCHOOL CLOSED	5 SPRING BREAK! SCHOOL CLOSED
8 Deli Bar Cheesy Stuffed Bread Sticks 🌱 Marinara Sauce Dip Grilled Chicken Panini 🍷 Crispy Chicken Garden Salad 🍷 Oven Baked Fries Mixed Vegetables Garden Salad Fresh Orange	9 Deli Bar Chicken Bowl with Gravy Grilled Chicken Panini 🍷 Crispy Chicken Garden Salad 🍷 With Glazed Carrots And Sliced Apples Or Fresh Orange	10 Deli Bar Meatball Hero Grilled Chicken Panini 🍷 Crispy Chicken Garden Salad 🍷 And Sweet Potato Fries All With Fresh Cucumber Salad Or Green Beans And Sliced Apples Or Fresh Orange	11 Deli Bar Crispy Tacos Grilled Chicken Panini 🍷 Crispy Chicken Garden Salad 🍷 And Corn & Black Bean Salad Or Salsa And Yellow Rice And Sliced Apples Or Fresh Orange	12 Deli Bar Mozzarella Sticks 🌱 Marinara Sauce Dip Grilled Chicken Panini 🍷 Crispy Chicken Garden Salad 🍷 Crispy Potato Puffs Fresh Cucumber Salad Fresh Baby Carrots Sliced Apples Fresh Orange
15 Deli Bar NY Beef Burger with Bacon & Cheese P 🍷 Big Bird Panini P 🍷 Crispy Chicken Garden Salad 🍷 Baked Potato Wedges Orange Glazed Carrots Garden Salad Or Sliced Apples Diced Peach Cup	16 Deli Bar Crispy Popcorn Chicken Brown Rice Pilaf Big Bird Panini P 🍷 Crispy Chicken Garden Salad 🍷 Roasted Broccoli Garden Salad Diced Peach Cup Or Sliced Apples	17 Deli Bar Chicken Parmesan Over Pasta 🍷 Big Bird Panini P 🍷 Crispy Chicken Garden Salad 🍷 Caesar Salad And Diced Peach Cup Or Sliced Apples	18 Deli Bar Nachos Grande 🍷 Big Bird Panini P 🍷 Crispy Chicken Garden Salad 🍷 All With Romaine Lettuce And Mild Salsa Sofrito Black Beans And Diced Peach Cup Or Sliced Apples	19 Deli Bar Homemade Mac & Cheese 🌱 Big Bird Panini P 🍷 Crispy Chicken Garden Salad 🍷 Or Garden Salad Mixed Vegetables And Diced Peach Cup Or Sliced Apples
22 Deli Bar Grilled Cheese Sandwich 🌱 Ham & Cheese Panini P 🍷 Chicken Caesar Salad 🍷 Crispy Potato Puffs Tomato Soup Carrot Sticks Applesauce Fresh Orange	23 Deli Bar Sweet & Sour Chicken Sauce & Toss 🍷 Ham & Cheese Panini P 🍷 Chicken Caesar Salad 🍷 All With Hawaiian Pineapple Fried Rice Steamed Peas Or Applesauce Fresh Orange	24 Deli Bar Smokehouse Chicken Sandwich 🍷 Ham & Cheese Panini P 🍷 And Oven Baked Fries Or Glazed Carrots Or Applesauce Fresh Orange Chicken Caesar Salad 🍷	25 Deli Bar Soft Tacos Ham & Cheese Panini P 🍷 Chicken Caesar Salad 🍷 With Iceberg Lettuce And Corn & Black Bean Salad And Salsa Or Yellow Rice Or Applesauce Fresh Orange	26 Deli Bar Wing Shack Classic Buffalo Chicken Wings Wing Shack BBQ Style Chicken Wings Ham & Cheese Panini P 🍷 Chicken Caesar Salad 🍷 Oven Baked Fries Roasted Garlic Cauliflower Or Garden Salad Or Applesauce Fresh Orange
29 Deli Bar Homemade Baked Pasta with Cheese 🌱 Grilled Chicken Panini 🍷 Crispy Chicken Garden Salad 🍷 Garden Salad Or Steamed Broccoli Sliced Apples Or Strawberry Cup	30 Deli Bar Buffalo Chicken Mac & Cheese 🍷 Or Homemade Mac & Cheese 🌱 Grilled Chicken Panini 🍷 Crispy Chicken Garden Salad 🍷 Orange Glazed Carrots Or Spinach Salad Strawberry Cup			

Cost of School Lunch: \$2.95 for Paid. Adult meals are \$5.50 + tax
Easiest way to Pay is [MySchoolBucks.com](https://www.myschoolbucks.com)



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

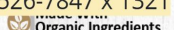
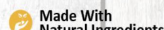
***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA)

civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



5 components are offered
At least - 3
Components - MUST BE
TAKEN to qualify as a
reimbursable meal.

We ask that at least 1 cup
combined of fruit and/or
vegetable be taken to
comply.



Daily offerings include: Make to Order Deli, Pizza, Entree Salads, with Fresh or Beef Burger, Cheeseburger, Chicken Sandwich, Fresh or Cupped Fruit, 100% fruit juice and 1%, FF & Chocolate milk.
(all milk is antibiotic and hormone free)

Should you have questions or concerns:

Please contact Sandra Renken

renkens@whitsons.com or 845-526-7847 x 1321

Breakfast Menu

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Monday

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1 SPRING BREAK! SCHOOL CLOSED	2 SPRING BREAK! SCHOOL CLOSED	3 SPRING BREAK! SCHOOL CLOSED	4 SPRING BREAK! SCHOOL CLOSED	5 SPRING BREAK! SCHOOL CLOSED
8 Apple Strudel Or Mini Cinnamon Pull Apart Roll Or WW Honey Bun Or Bacon, Egg and Cheese Breakfast Sandwich Or Egg and Cheese Sandwich	9 Apple Strudel Or Bacon, Egg and Cheese Breakfast Sandwich Or Egg and Cheese Sandwich Or Cinnamon French Toast With Syrup	10 Homemade Waffles Or Bacon, Egg and Cheese Breakfast Sandwich Or Egg and Cheese Sandwich Waffle Wednesday!	11 Apple Strudel Or Mini Cinnamon Pull Apart Roll Or WW Honey Bun Or Egg and Cheese Sandwich Or Sausage, Egg and Cheese Sandwich	12 Apple Strudel Or Mini Cinnamon Pull Apart Roll Or Egg and Cheese Sandwich Or Glazed Donut with Cereal Topping
15 Apple Strudel Or Mini Cinnamon Pull Apart Roll Or WW Honey Bun Or Bacon, Egg and Cheese Breakfast Sandwich Or Egg and Cheese Sandwich	16 Apple Strudel Or Bacon, Egg and Cheese Breakfast Sandwich Or Egg and Cheese Sandwich Or Cinnamon French Toast With Syrup	17 Homemade Waffles With Syrup Or Egg and Cheese Sandwich Or Sausage, Egg and Cheese Sandwich Waffle Wednesday!	18 Apple Strudel Or Mini Cinnamon Pull Apart Roll Or WW Honey Bun Or Egg and Cheese Sandwich Or Sausage, Egg and Cheese Sandwich	19 Apple Strudel Or Mini Cinnamon Pull Apart Roll Or Egg and Cheese Sandwich Or Glazed Donut with Cereal Topping
22 Apple Strudel Or Mini Cinnamon Pull Apart Roll Or WW Honey Bun Or Bacon, Egg and Cheese Breakfast Sandwich Or Egg and Cheese Sandwich	23 Apple Strudel Or Bacon, Egg and Cheese Breakfast Sandwich Or Egg and Cheese Sandwich Or Cinnamon French Toast With Syrup	24 Homemade Waffles Or Bacon, Egg and Cheese Breakfast Sandwich Or Egg and Cheese Sandwich Waffle Wednesday!	25 Apple Strudel Or Mini Cinnamon Pull Apart Roll Or WW Honey Bun Or Egg and Cheese Sandwich Or Sausage, Egg and Cheese Sandwich	26 Apple Strudel Or Mini Cinnamon Pull Apart Roll Or Egg and Cheese Sandwich Or Glazed Donut with Cereal Topping
29 Apple Strudel Or Mini Cinnamon Pull Apart Roll Or WW Honey Bun Or Bacon, Egg and Cheese Breakfast Sandwich Or Egg and Cheese Sandwich	30 Apple Strudel Or Bacon, Egg and Cheese Breakfast Sandwich Or Egg and Cheese Sandwich Or Cinnamon French Toast With Syrup	<p>Meal Pricing: Paid meal \$1.50, Adult meal \$3.00 + tax</p> <p>** If your student qualifies for free/ reduced lunch meal; they also qualify for free/ reduce Breakfast meals **</p> <p>Questions, please contact: Sandra Renken @ 845-526-7847 ext 1321</p> <p>or renkens@Whitsons.com</p>		



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Daily selections are: WG
Bagels, Muffins, Pop-Tarts &
Asst'd Cereals w.
Cheesestick or Graham
Crackers, Yogurt Cup w.
w.out Granola, Hand and
Cupped Fruit, 100% Fruit
Juice. Milk - 1%, FF or FF
Chocolate (Antibiotic &
Vegetarian Free)
Natural Ingredients

At least **Four Components** are offered at Breakfast. **Three MUST BE TAKEN TO BE A REIMBURSABLE MEAL.** One of these must be a 1/2 cup of Fruit or Vegetable.

