

# Lunch Menu

Putnam Valley High School

June 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES  
WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <ul style="list-style-type: none"> <li>Homemade Baked Pasta with Cheese</li> <li>Grilled Chicken Panini</li> <li>Cobb Salad</li> <li>Steamed Broccoli</li> <li>Side Garden Salad</li> <li>And Lite Ranch Dressing</li> <li>Fresh Orange</li> <li>Apple Slices</li> </ul>	<p>4</p> <p><b>Algebra</b></p> <p><b>Regent Test:</b></p> <p><b>No Lunch will be served</b></p>	<p>5</p> <ul style="list-style-type: none"> <li>Swedish Meatballs</li> <li>Grilled Chicken Panini</li> <li>Cobb Salad</li> <li>Pasta Al Dente</li> <li>Fresh Cucumber Salad</li> <li>Or Green Beans</li> <li>Apple Slices</li> <li>Or Fresh Orange</li> </ul>	<p>6</p> <ul style="list-style-type: none"> <li>Crispy Tacos</li> <li>Grilled Chicken Panini</li> <li>Cobb Salad</li> <li>Yellow Rice</li> <li>Corn &amp; Black Bean Salad</li> <li>Salsa</li> <li>Fresh Orange</li> <li>Apple Slices</li> </ul>	<p>7</p> <ul style="list-style-type: none"> <li>Deli Bar</li> <li>Mozzarella Sticks</li> <li>Marinara Sauce Dip</li> <li>Grilled Chicken Panini</li> <li>Cobb Salad</li> <li>Crispy Potato Puffs</li> <li>Fresh Cucumber Salad</li> <li>Fresh Baby Carrots</li> <li>Apple Slices</li> <li>Fresh Orange</li> </ul>
<p>10</p> <ul style="list-style-type: none"> <li>Deli Bar</li> <li>Homemade Mac &amp; Cheese</li> <li>Big Bird Panini</li> <li>Chicken Caesar Salad</li> <li>Or Garden Salad</li> <li>Mixed Vegetables</li> <li>Apple Slices</li> <li>Fresh Orange</li> </ul>	<p>11</p> <ul style="list-style-type: none"> <li>Deli Bar</li> <li>Chicken Bowl with Gravy</li> <li>Big Bird Panini</li> <li>Chicken Caesar Salad</li> <li>With Glazed Carrots</li> <li>And Sliced Apples</li> <li>Or Fresh Orange</li> </ul>	<p>12 Today and Thursday's Menu will be</p> <p><b>Chef's Choice of Entrée &amp; Sides</b></p> <p>Deli Bar</p> <p>Panini Specials</p> <p>Specialty Salads</p>		<p>14</p>
<p>17</p>	<p>18</p>	<p>19</p> <p>School Closed to Observe Juneteenth</p>		<p>21</p>
<p>24</p>	<p>25</p>	<p>26 Families seeking food assistance for their children can contact Hunger Free America. The hotline can be reached Monday through Friday between 7 a.m. to 10 p.m. ET at: 1-866-3-HUNGRY (1-866-348-6479) for English or 1-877-8-HAMBRE (1-877-842-6273) for Spanish.</p>		



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA)

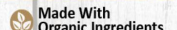
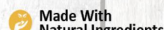
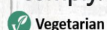
civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



5 components are offered  
At least - 3

Components - MUST BE TAKEN to qualify as a reimburseable meal.

We ask that at least 1 cup combined of fruit and/or vegetable are taken to comply.



Daily offerings include: Make to Order Deli, Pizza, Entree Salads, with Fresh or Beef Burger, Cheeseburger, Chicken Sandwich, Fresh or Cupped Fruit, 100% fruit juice and 1%, FF & Chocolate milk. (all milk is antibiotic and hormone free)

Should you have questions or concerns:

Please contact Sandra Renken

[renkens@whitsons.com](mailto:renkens@whitsons.com) or 845-526-7847 x 1321



# Breakfast Menu

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June 2024

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Apple Strudel ✓ Or Mini Cinnamon Pull Apart Roll ✓ Or WW Honey Bun ✓ Or Bacon, Egg and Cheese Breakfast Sandwich P Or Egg and Cheese Sandwich ✓</p>	<p>4 <b>Algebra Regents:</b> <b>Light Breakfast will be offered.</b> <b>Breakfast will open at 7:20am</b></p>	<p>5 Homemade Waffles ✓ With Syrup Or Egg and Cheese Sandwich ✓ Or Sausage, Egg and Cheese Sandwich</p> <p><b>Waffle Wednesday!</b></p>	<p>6 Apple Strudel ✓ Or Mini Cinnamon Pull Apart Roll ✓ Or WW Honey Bun ✓ Or Egg and Cheese Sandwich ✓ Or Sausage, Egg and Cheese Sandwich</p>	<p>7 Apple Strudel ✓ Or Mini Cinnamon Pull Apart Roll ✓ Or Egg and Cheese Sandwich ✓ Or Glazed Donut with Cereal Topping ✓</p>
<p>10 Apple Strudel ✓ Or Mini Cinnamon Pull Apart Roll ✓ Or WW Honey Bun ✓ Or Bacon, Egg and Cheese Breakfast Sandwich P Or Egg and Cheese Sandwich ✓</p>	<p>11 Apple Strudel ✓ Or Bacon, Egg and Cheese Breakfast Sandwich P Or Egg and Cheese Sandwich ✓ Or Cinnamon French Toast ✓ With Syrup</p>	<p>12 Homemade Waffles ✓ Or Bacon, Egg and Cheese Breakfast Sandwich P Or Egg and Cheese Sandwich ✓</p> <p><b>Waffle Wednesday!</b></p>	<p>13 Apple Strudel ✓ Or Mini Cinnamon Pull Apart Roll ✓ Or WW Honey Bun ✓ Or Egg and Cheese Sandwich ✓ Or Sausage, Egg and Cheese Sandwich</p>	<p>14</p>
<p>17 <b>Testing Days:</b> <b>Light Breakfast will be menued for testing mornings.</b></p>	<p>18</p>	<p>19 <b>School Closed to Observe Juneteenth</b></p>	<p>20</p>	<p>21</p>
<p>24 Families seeking food assistance for their children can contact Hunger Free America. The hotline can be reached Monday through Friday between 7 a.m. to 10 p.m. ET at: 1-866-3-HUNGRY (1-866-348-6479) for English or 1-877-8-HAMBRE (1-877-842-6273) for Spanish</p>				<p>28</p>



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**Daily selections are:** WG Bagels, Muffins, Pop-Tarts & Asst'd Cereals w. Cheesestick or Graham Crackers, Yogurt Cup w. w.out Granola, Hand and Cupped Fruit, 100% Fruit Juice. Milk - 1%, FF or FF Chocolate (Antibiotic & **Vegan** Free) **Made With Natural Ingredients**

At least **Four Components** are offered at Breakfast. **Three MUST BE TAKEN TO BE A REIMBURSABLE MEAL.** One of these must be a 1/2 cup of Fruit or Vegetable.

