

# Lunch Menu

Putnam Valley High School

June 2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES

WWW.WHITSONS.COM



## Monday



## Tuesday



## Wednesday



## Thursday







## Friday

2 Deli Bar  
Or Chicken Bowl with Gravy  
*chicken layered with mashed potatoes and corn, smothered in gravy*  
Or Garden Salad with Cheese Entree    
Side Garden Salad  
Honeydew and Cantaloupe Cup  
Or Apple Slices


3 Deli Bar  
Whole Grain Pancakes with Sausage  
Or Garden Salad with Cheese Entree    
Golden Baked Potato Wedges  
Sauteed Cinnamon Apple Slices  
Honeydew and Cantaloupe Cup



4 Deli Bar  
Chicken Parmesan Flatbread   
Or Garden Salad with Cheese Entree    
Crispy Potato Puffs  
Spicy Honey Carrots  
Fresh Cucumber Salad  
Honeydew and Cantaloupe Cup  
Or Apple Slices


5 Deli Bar  
Or Nacho Bar  
Crispy Tacos  
Or Garden Salad with Cheese Entree    
Corn & Black Bean Salad  
Honeydew and Cantaloupe Cup  
Or Apple Slices




6 Deli Bar  
Or Two Cheese Quesadilla   
Or Veggie Bean Quesadilla     
Or Garden Salad with Cheese Entree    
Crispy Potato Puffs  
Steamed Broccoli  
Sriracha Garbanzo Beans  
Honeydew and Cantaloupe

9 Deli Bar  
BBQ Chicken Sliders  
Or Crispy Chicken Garden Salad   
Homemade Deli Style Coleslaw  
Crispy Potato Puffs  
Baked Beans  
Fresh Orange  
Or Apple Slices

10 Deli Bar  
Or Crispy Popcorn Chicken  
Or Crispy Chicken Garden Salad   
**cheesy** Brown Rice Pilaf  
Glazed Carrots  
Fresh Orange  
Or Apple Slices

11 Deli Bar  
Or NY Beef Burger with Bacon & Cheese   
With BBQ Sauce  
Or Crispy Chicken Garden Salad   
Sweet Potato Fries  
Fresh Cucumber Salad  
Green Beans  
Fresh Orange  
Or Apple Slices

12 Deli Bar  
Or Crispy Tacos  
Or Crispy Chicken Garden Salad   
Yellow Rice  
Corn & Black Bean Salad  
Apple Slices  
Or Fresh Orange

13 Deli Bar  
Or Homemade Mac & Cheese    
Or Crispy Chicken Garden Salad   
All With Steamed Broccoli  
Or Garden Salad  
Fresh Orange  
Or Apple Slices

**Due to Testing - Lunch will begin at 10:15 and end at 11:30am.**

**A limited menu will be offered. To ensure you have a meal of your choice -- please use the Pre-Order Lunch form found in the Bookmark Section on your laptop.**

**Orders CAN NOT be placed prior to the day of pick up and MUST BE placed by 9:30am.**

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**School Closed to Observe:**

**Juneteeth**

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**Students MUST have a positive balance to purchase any snack, seconds or extras.**

**Easiest way to pay: MySchoolBucks.com**

Daily offerings include: Made to Order Deli, Rotating Deli Specials to include: Stromboli, Pepperoni Wheels, Chicken Quesadillas and Breaded Chicken & Cheese Panini; Pizza, Entrée Salads, Fresh or Cupped fruit, 100% fruit juice and 1%, FF, Chocolate or Strawberry (if available) milk. (all milk is antibiotic and hormone free). All breads are Whole Grain (WG). Taco Meat = Turkey; Sausage is Chicken; Hot Dogs = Beef.

Cost of meal: Adults \$5.03 + tax; Students: \$0.00

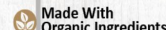
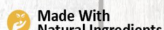


View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Should you have questions Please contact: Sandra Renken at: [renkens@whitsons.com](mailto:renkens@whitsons.com) or 845-526-7847 x 1321

**Note:** A full student lunch includes a grain, protein, fruit, veggie,

**Students must take at minimum three (3) out of the five food groups. Fruit and/ or vegetable must be one of the food**

All students are eligible for One free breakfast and lunch each school day. Snacks, extra portions, second meals, second entrees, and second beverages will be available for purchase.








# Breakfast Menu

Putnam Valley High School






June 2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES  
WWW.WHITSONS.COM



## Monday

- 2 Apple Strudel   
Or Mini Cinnamon Pull Apart Roll   
Or Chocolate Chip Muffin   
Or Egg and Cheese Sandwich   
Or Sausage, Egg & Cheese Burrito\* 

## Tuesday


- 3 WW Honey Bun   
Or Apple Strudel   
Or Mini Cinnamon Pull Apart Roll   
Or Bacon, Egg and Cheese Breakfast Sandwich   
Or Egg and Cheese Sandwich 

## Wednesday




- 4 Homemade Waffles    
With Syrup  
Or Chocolate Chip Muffin   
Or Bacon, Egg and Cheese Breakfast Sandwich   
Or Egg and Cheese Sandwich 

**Waffle Wednesday!**






## Thursday






- 5 Whole Grain French Toast Slices   
With Syrup  
Or Mini Cinnamon Pull Apart Roll   
Or Egg and Cheese Sandwich   
Or Sausage and Cheese Sandwich






## Friday

- 6 Chocolate Chip Muffin   
Or Egg and Cheese Sandwich   
Or WG Donut 




**Donut Day!**





- 9 Apple Strudel   
Or Mini Cinnamon Pull Apart Roll   
Or Chocolate Chip Muffin   
Or Egg and Cheese Sandwich   
Or Sausage, Egg & Cheese Burrito\* 

- 10 WW Honey Bun   
Or Apple Strudel   
Or Mini Cinnamon Pull Apart Roll   
Or Bacon, Egg and Cheese Breakfast Sandwich   
Or Egg and Cheese Sandwich 

- 11 Homemade Waffles    
With Syrup  
Or Chocolate Chip Muffin   
Or Bacon, Egg and Cheese Breakfast Sandwich   
Or Egg and Cheese Sandwich 

**Waffle Wednesday!**

- 12 Whole Grain French Toast Slices   
With Syrup  
Or Mini Cinnamon Pull Apart Roll   
Or Egg and Cheese Sandwich   
Or Sausage and Cheese Sandwich


- 13 Chocolate Chip Muffin   
Or Apple Strudel   
Or Egg and Cheese Sandwich   
WG Donut 

**Donut Day!**

16 Due to testing, Breakfast will be a modified service time. Hot breakfast will be served as well as a smaller variety of items.  
Fresh fruit - choice of juice and milk will be on hand as usual.

19 School Closed to Observe  
Juneteenth

23 Due to testing - Breakfast will be open starting at 7:15am and will remain open until 9:15 am.  
We will close for breakfast and re-open for lunch

30   
All students are eligible for One free breakfast and lunch each school day. Snacks, extra portions, second meals, second entrees, and second beverages will be available for purchase. Students MUST have a positive balance to purchase any snack, seconds or extras.  
Easiest Way to pay: [MySchoolBucks.com](https://www.myschoolbucks.com)  
**Cost of Breakfast: Adults: \$2.48 + tax; Students: \$0.00**

**Daily selections are:** WG Bagels, Muffins, Pop-Tarts & Asst'd Cereals w. Cheese stick or Graham Crackers, Yogurt Cup w. w.out Granola, Hand and Cupped Fruit, 100% Fruit Juice. Milk - 1%, FF Strawberry (if available) or FF Chocolate (Antibiotic & Hormone Free). WG = Whole Grain, Sausage = Chicken; Bacon = Pork. Gluten Free Bagels & Bread are available.

View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](https://www.FDMealPlanner.com).

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WHAT IS A FREE MEAL? At least **Four Components** are offered at Breakfast. **Three MUST BE TAKEN TO BE A REIMBURSABLE (FREE) MEAL.** One of these must be a 1/2 cup of Fruit or Vegetable.

