

Lunch Menu

Putnam Valley Elementary School

May 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

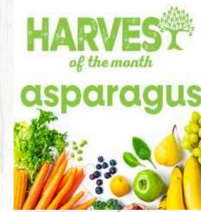
Monday

Tuesday

Wednesday

Thursday

Friday



4 Cheeseburger
Steamed Carrots
Turkey & Cheese Sandwich
Crispy Chicken
Garden Salad 🍴
Apple Slices

5 Chicken Bowl with Gravy 🍴
Sweet Corn
Turkey & Cheese Sandwich
Crispy Chicken
Garden Salad 🍴
Fresh Banana

6 Pasta with Meat Sauce 🍴
Green Beans
Turkey & Cheese Sandwich
Crispy Chicken
Garden Salad 🍴
Fresh Green Grapes

7 Nachos Grande 🍴
Seasoned Black Beans
Turkey & Cheese Sandwich
Crispy Chicken
Garden Salad 🍴
Honeydew and Cantaloupe Cup

1 Classic Cheese Pizza 🍴
Side Garden Salad
Fresh Baby Carrots
Ham & Cheese Sandwich P
Chicken Caesar Salad 🍴
Sliced Oranges

8 Classic Cheese Pizza 🍴
Side Garden Salad
Turkey & Cheese Sandwich
Crispy Chicken
Garden Salad 🍴
Pineapple Cup

11 Beef Hot Dog on Bun
Baked Beans
Ham & Cheese Sandwich P
Chicken Caesar Salad 🍴
Fresh Pear

12 French Toast 🍴
Egg Patty
Sausage Patty
Crispy Potato Puffs
Ham & Cheese Sandwich P
Chicken Caesar Salad 🍴
Applesauce
Cinnamon

13 Chicken Nuggets
Steamed Peas
Ham & Cheese Sandwich P
Chicken Caesar Salad 🍴
Fresh Banana

14 Crispy Tacos 🍴
Brown Rice
Fiesta Corn
Ham & Cheese Sandwich P
Chicken Caesar Salad 🍴
Sliced Oranges

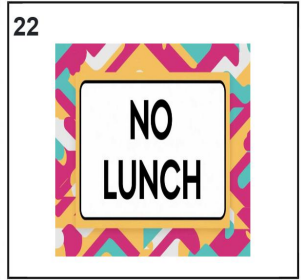
15 Classic Cheese Pizza 🍴
Side Garden Salad
Ham & Cheese Sandwich P
Chicken Caesar Salad 🍴
Watermelon Slices

18 Mozzarella Sticks 🍴
Marinara Sauce Dip
Steamed Broccoli
Turkey & Cheese Sandwich
Crispy Chicken
Garden Salad 🍴
Fruit Punch

19 Cheese Pizza 🍴
Side Garden Salad
Cherry Tomatoes
Turkey & Cheese Sandwich
Crispy Chicken
Garden Salad 🍴
Pineapple Cup

20 Homemade Mac & Cheese 🍴
Steamed Zucchini
Turkey & Cheese Sandwich
Crispy Chicken
Garden Salad 🍴
Fresh Blueberries

21 Ham & Cheese Bagel Melt P
Sweet Potato Fries
Turkey & Cheese Sandwich
Crispy Chicken
Garden Salad 🍴
Apple Slices



26 Two Cheese Grilled Cheese Meltdown Café 🍴
Glazed Carrots
Ham & Cheese Sandwich P
Chicken Caesar Salad 🍴
Fresh Apple

27 Crispy Chicken Sandwich
Crispy Potato Puffs
Ham & Cheese Sandwich P
Chicken Caesar Salad 🍴
Strawberries

28 Nachos Grande 🍴
Salsa
Seasoned Black Beans
Ham & Cheese Sandwich P
Chicken Caesar Salad 🍴
Fresh Green Grapes

29 Classic Cheese Pizza 🍴
Side Garden Salad
Ham & Cheese Sandwich P
Chicken Caesar Salad 🍴
Honeydew and Cantaloupe Cup

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



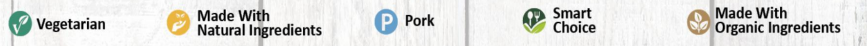
All meals include:
Protein, Grain,
Vegetable, Fruit & Milk

Questions: Please contact Food Service

845-526-7847 x 1321

Daily: Sunbutter & Jelly Sandwich, or American Cheese Sandwich on WG Bread. Bagel Meal = WG Bagel, Yogurt Cup, Cream Cheese or Butter w. Cheese Stick. 100% Fruit Juice - 4oz. Choice of Hormone/ Antibiotic Free Milk in 1% or FF Chocolate.

Cost of School Lunch: \$0.00; Adults \$5.22 +tax



Breakfast Menu

Putnam Valley Elementary School

May 2026

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Monday



Tuesday

Wednesday

Thursday

Friday




For a breakfast to be reimbursable/free meal at least four food items are offered. At least 3 of the 4 MUST be selected and 1/2 fruit serving and milk should be selected.

1 Whole Grain French Toast Slices 
Syrup
Or Mini Cinnamon Pull Apart Roll 

French Toast Friday



4 Blueberry Muffin 
Or Chocolate Chip Muffin 


Muffin Monday!

5 WW Honey Bun 
Or Egg and Cheese Sandwich 
Or Egg Sandwich 

6 Maple Mini Waffles 

Waffle Wednesday




7 Apple Strudel 
Sausage and Cheese Sandwich
Or Bacon, Egg and Cheese Breakfast Sandwich 

8 Whole Grain French Toast Slices 
Syrup
Or Mini Cinnamon Pull Apart Roll 

French Toast Friday


11 Blueberry Muffin 
Or Chocolate Chip Muffin 



Muffin Monday!

12 WW Honey Bun 
Or Egg and Cheese Sandwich 
Or Egg Sandwich 

13 Maple Mini Waffles 

Waffle Wednesday




14 Apple Strudel 
Sausage and Cheese Sandwich


15 Whole Grain French Toast Slices 
Syrup
Or Mini Cinnamon Pull Apart Roll 

French Toast Friday



18 Blueberry Muffin 
Or Chocolate Chip Muffin 



Muffin Monday!

19 WW Honey Bun 
Egg and Cheese Sandwich 
Egg Sandwich 


20 Maple Mini Waffles 




Waffle Wednesday

21 Apple Strudel 
Sausage and Cheese Sandwich
Bacon, Egg and Cheese Breakfast Sandwich 

22 Whole Grain French Toast Slices 
Syrup
Or Mini Cinnamon Pull Apart Roll 



French Toast Friday

25 

26 WW Honey Bun 
Or Egg and Cheese Sandwich 
Or Egg Sandwich 

27 Maple Mini Waffles 

Waffle Wednesday

28 Apple Strudel 
Sausage and Cheese Sandwich
Bacon, Egg and Cheese Breakfast Sandwich 

29 Whole Grain French Toast Slices 
Syrup
Or Mini Cinnamon Pull Apart Roll 

French Toast Friday

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Breakfast Prices: Adults:
\$3.49 + tax **Students:**
\$0.00

Questions Please contact Food Service at:
845-526-7847 ext 1321

Additional Daily Offerings:

WG Bagel w. Cream Cheese or Butter
Assorted WG Cereals w. Cheese Stick or Graham Cracker. Fresh hand fruit - Apple Slices, Oranges Cut into Wedges or Petite Bananas are Daily. or Cut fruit; 100 % Fruit Juice and Milk (all milk is Antibiotic/ Hormone Free - 1%; Skim and Chocolate, strawberry, if available) All breads are Whole Grain (WG), Sausage = chicken, Bacon - Pork

