

Lunch Menu

Putnam Valley Elementary School

March 2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
2 Cheesy Stuffed Bread Sticks Turkey & Cheese Sandwich Crispy Chicken Garden Salad Oven Baked Fries Steamed Broccoli Apple Slices Diced Peach Cup	3 Baked Chicken Tenders Whole Wheat Dinner Roll Turkey & Cheese Sandwich Crispy Chicken Garden Salad Mashed Potatoes Brown Gravy Glazed Carrots Fresh Apple Diced Peach Cup	4 Beef Hot Dog on Bun Turkey & Cheese Sandwich Crispy Chicken Garden Salad Crispy Potato Puffs Baked Beans Green Beans Apple Slices Blueberries	5 Homemade Pasta & Meat Sauce With Mild Salsa Turkey & Cheese Sandwich Crispy Chicken Garden Salad And Confetti Black Bean Salad Or Fresh Apple Watermelon Slices	6 Classic Cheese Pizza Turkey & Cheese Sandwich Crispy Chicken Garden Salad Roasted Butternut Squash Or Side Garden Salad Fresh Apple Or Diced Peach Cup
9 French Toast Syrup Ham & Cheese Sandwich Classic Chef Salad Green Beans Egg Patty Sauteed Cinnamon Apple Slices Fruit Salad Fresh Orange	10 Wing Shack Chicken Wings Brown Rice BBQ Sauce Ham & Cheese Sandwich Classic Chef Salad Brown Gravy Green Beans Fresh Orange Fresh Pear	11 Cheeseburger Ham & Cheese Sandwich Classic Chef Salad With Baked Beans Or Oven Baked Fries And Side Garden Salad Fresh Orange Pineapple Cup Roasted Zucchini	12 Crispy Tacos Mild Salsa Brown Rice Or Ham & Cheese Sandwich Or Classic Chef Salad Black Beans Sweet Corn Fruit Salad Or Fresh Orange	13 Cheese Pizza Ham & Cheese Sandwich Classic Chef Salad Steamed Spinach Or Side Garden Salad Fruit Salad Fresh Orange Red Bell Pepper Strips
16 Cheesy Stuffed Bread Sticks Turkey & Cheese Sandwich Crispy Chicken Garden Salad Oven Baked Fries Steamed Broccoli Apple Slices Diced Peach Cup	17 Baked Chicken Tenders Whole Wheat Dinner Roll Turkey & Cheese Sandwich Crispy Chicken Garden Salad Mashed Potatoes Brown Gravy Glazed Carrots Fresh Apple Diced Peach Cup	18 Homemade Pasta & Meat Sauce With Mild Salsa Turkey & Cheese Sandwich Crispy Chicken Garden Salad And Confetti Black Bean Salad Or Fresh Apple Watermelon Slices	19 Crispy Tacos Mild Salsa Brown Rice Or Ham & Cheese Sandwich Or Classic Chef Salad Black Beans Sweet Corn Fruit Salad Or Fresh Orange	20 Classic Cheese Pizza Turkey & Cheese Sandwich Crispy Chicken Garden Salad Roasted Butternut Squash Or Side Garden Salad Fresh Apple Or Diced Peach Cup
23 Crispy Chicken Drumstick Whole Wheat Dinner Roll Turkey & Cheese Sandwich Chicken Caesar Salad Oven Baked Fries And Glazed Carrots Apple Slices Sweet Potato Fries	24 Beef Hot Dog on Bun Turkey & Cheese Sandwich Crispy Chicken Garden Salad Crispy Potato Puffs Baked Beans Green Beans Apple Slices Blueberries	25 Pasta with Meat Sauce Turkey & Cheese Sandwich Chicken Caesar Salad Mixed Vegetables Or Side Garden Salad Apple Slices Honeydew and Cantaloupe Cup Red Bell Pepper Strips	26 Crispy Tacos Brown Rice With Mild Salsa Turkey & Cheese Sandwich Chicken Caesar Salad All With Sweet Corn And Confetti Black Bean Salad Strawberry Cup Ground Turkey for Tacos	27 Cheese Pizza Turkey & Cheese Sandwich Chicken Caesar Salad Sauteed Zucchini Side Garden Salad Apple Slices Strawberry Cup

30
Spring Recess

31
Spring Recess

Daily: Sunbutter & Jelly Sandwich, or American Cheese Sandwich on WG Bread.
 Bagel Meal = WG Bagel, Yogurt Cup, Cream Cheese or Butter w. Cheese Stick. 100%
 Fruit Juice - 4oz. Choice of Hormone/ Antibiotic Free Milk in 1% or FF Chocolate.

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



All meal include: Entree, Vegetables, Fruit, Juice & Milk Allergies: please speak with the School Nurse

Questions: Please contact Food Service

845-526-7847 x 1321



Items Available Daily - continued: Hand Fruit - Apple Slices, Oranges Wedges & Petite Bananas and/ or Cupped Fruit Side Salad or Bagged, Uncooked Vegetable. WG - Whole Grain; Taco Meat - Turkey; Sausage - Chicken; Hot Dog - Beef; Bacon - Pork.

Cost of School Lunch: \$0.00 ; Adults \$5.22 +tax

Breakfast Menu

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Monday	Tuesday	Wednesday	Thursday	Friday
2 Blueberry Muffin  Or Chocolate Chip Muffin  <i>Muffin Monday!</i>	3 WW Honey Bun  Or Egg and Cheese Sandwich  Or Egg Sandwich 	4 Maple Mini Waffles  <i>Waffle Wednesday</i>	5 Apple Strudel  Or Sausage and Cheese Sandwich Or Bacon, Egg and Cheese Breakfast Sandwich 	6 Whole Grain French Toast Slices  Syrup Or Mini Cinnamon Pull Apart Roll  <i>French Toast Friday</i>
9 Blueberry Muffin  Or Chocolate Chip Muffin  <i>Muffin Monday!</i>	10 WW Honey Bun  Or Egg and Cheese Sandwich  Or Egg Sandwich 	11 Maple Mini Waffles  <i>Waffle Wednesday</i>	12 Apple Strudel  Or Sausage and Cheese Sandwich Or Bacon, Egg and Cheese Breakfast Sandwich 	13 Whole Grain French Toast Slices  Syrup Or Mini Cinnamon Pull Apart Roll  <i>French Toast Friday</i>
16 Blueberry Muffin  Or Chocolate Chip Muffin  <i>Muffin Monday!</i>	17 WW Honey Bun  Or Egg and Cheese Sandwich  Or Egg Sandwich 	18 Maple Mini Waffles  <i>Waffle Wednesday</i>	19 Apple Strudel  Or Sausage and Cheese Sandwich	20 Whole Grain French Toast Slices  Syrup Or Mini Cinnamon Pull Apart Roll  <i>French Toast Friday</i>
23 Blueberry Muffin  Or Chocolate Chip Muffin  <i>Muffin Monday!</i>	24 WW Honey Bun  Egg and Cheese Sandwich  Egg Sandwich 	25 Maple Mini Waffles  <i>Waffle Wednesday</i>	26 Apple Strudel  Sausage and Cheese Sandwich Bacon, Egg and Cheese Breakfast Sandwich 	27 Whole Grain French Toast Slices  Syrup Or Mini Cinnamon Pull Apart Roll  <i>French Toast Friday</i>
30 Spring Recess	31 Spring Recess	<p>All students are eligible for One free breakfast and lunch each school day. Snacks, extra portions, second meals, second entrees, and second beverages will be available for purchase. Students MUST have a positive balance to purchase any snack, seconds or extras. Easiest way to pay: MySchoolBucks.com</p> <p>For a breakfast to be reimbursable/free meal at least four food items are offered. At least 3 of the 4 MUST be selected and 1/2 fruit serving and milk should be selected.</p>		



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Breakfast Prices: Adults:
\$3.49 + tax **Students:**
\$0.00

Questions Please contact Food Service at:
845-526-7847 ext 1321

Additional Daily Offerings:

WG Bagel w. Cream Cheese or Butter
Assorted WG Cereals w. Cheese Stick or Graham Cracker. Fresh hand fruit - Apple Slices, Oranges Cut into Wedges or Petite Bananas are Daily. or Cut fruit; 100 % Fruit Juice and Milk (all milk is Antibiotic/ Hormone Free - 1%; Skim and Chocolate, strawberry, if available) All breads are Whole Grain (WG), Sausage = chicken, Bacon - Pork

