

Lunch Menu

Putnam Valley Elementary School

May
2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES

WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

All students are eligible for **One free breakfast and lunch each school day**. Snacks, extra portions, second meals, second entrees, and second beverages will be available for purchase. Students **MUST** have a positive balance to purchase any snack, seconds or extras. Easiest way to Pay is

[MySchoolBucks.com](https://www.myschoolbucks.com)

Cost of lunch: Students \$0.00; Adults: \$5.03 + tax

Items Available Daily:

Sunbutter & Jelly Sandwich on WG Bread, or American Cheese Sandwich on WG Bread. Bagel Meal = WG

1 Crispy Tacos
Mild Salsa
Ham & Cheese Sandwich
Chicken Caesar Salad
Sweet Corn
Black Beans
Fresh Baby Carrots
Fresh Orange
Apple Slices

2 Cheese Pizza
Ham & Cheese Sandwich
Chicken Caesar Salad
Cucumber Coins
Or Side Garden Salad
Or Fresh Baby Carrots
Fresh Orange
Apple Slices

Homemade Pizza

5 Fluffy Whole Grain Waffles
Turkey & Cheese Sandwich
Crispy Chicken Garden Salad
Egg Patty
Sausage Patty
Sweet Potato Fries
Pear and Pineapple Cup
Fresh Apple

Breakfast for Lunch!

6 Chicken Nuggets
Turkey & Cheese Sandwich
Crispy Chicken Garden Salad
Mashed Potatoes
Brown Gravy
Glazed Carrots
Fresh Apple
Diced Peach Cup

7 Beef Hot Dog on Bun
Turkey & Cheese Sandwich
Crispy Chicken Garden Salad
Crispy Potato Puffs
Baked Beans
Green Beans
Diced Peach Cup
Apple Slices

8 Soft Tacos
With Mild Salsa
Turkey & Cheese Sandwich
Crispy Chicken Garden Salad
Sweet Corn
And Confetti Black Bean Salad
Diced Peach Cup
Or Fresh Apple

9 Classic Cheese Pizza
Turkey & Cheese Sandwich
Crispy Chicken Garden Salad
Chilled Red Pepper Strips
Or Side Garden Salad
Fresh Apple
Or Diced Peach Cup

12 Cinnamon French Toast
Syrup
Ham & Cheese Sandwich
Classic Chef Salad
Egg Patty
Sauteed Cinnamon Apple Slices
Orange Glazed Carrots
Fruit Salad
Fresh Orange

13 Crispy Popcorn Chicken
BBQ Sauce
Ham & Cheese Sandwich
Classic Chef Salad
Brown Gravy
Green Beans
Fruit Salad
Fresh Orange

14 Cheeseburger
Ham & Cheese Sandwich
Classic Chef Salad
With Baked Beans
Or Oven Baked Fries
And Side Garden Salad
Fruit Salad
Fresh Orange

15 Crispy Tacos
Or Ham & Cheese Sandwich
Or Classic Chef Salad
Black Beans
Sweet Corn
Mild Salsa
Fruit Salad
Or Fresh Orange

16 Cheese Pizza
Ham & Cheese Sandwich
Classic Chef Salad
Cucumber Coins
Or Side Garden Salad
Fruit Salad
Fresh Orange

Homemade Pizza

19 Chicken Nugget & Mozzarella Stick Combo
Turkey & Cheese Sandwich
Chicken Caesar Salad
Crispy Potato Puffs
Steamed Broccoli
Fresh Baby Carrots
Apple Slices
Strawberry Cup


20 Cheese Pizza
Turkey & Cheese Sandwich
Chicken Caesar Salad
Cucumber Coins
Side Garden Salad
Apple Slices
Strawberry Cup

Budget Vote. All students eat in classrooms.

21 Pasta with Meat Sauce
Turkey & Cheese Sandwich
Chicken Caesar Salad
Mixed Vegetables
Or Side Garden Salad
Apple Slices
Strawberry Cup

22 Soft Tacos
With Mild Salsa
Turkey & Cheese Sandwich
Chicken Caesar Salad
All With Sweet Corn
And Confetti Black Bean Salad
Apple Slices
Strawberry Cup

23 **Early Dismissal**
No Lunch Service

26 

27 Cheesy Stuffed Bread Sticks
Marinara Sauce Dip
Ham & Cheese Sandwich
Crispy Chicken Garden Salad
Steamed Broccoli
Crispy Potato Puffs
Fresh Baby Carrots
Fresh Orange

28 Fluffy Whole Grain Pancakes
Ham & Cheese Sandwich
Crispy Chicken Garden Salad
Egg Patty
Sausage Patty
Glazed Carrots
Watermelon Slices
Fresh Apple

29 Crispy Tacos
Mild Salsa
Ham & Cheese Sandwich
Crispy Chicken Garden Salad
Sweet Corn
Black Beans
Fresh Baby Carrots
Fresh Orange
Apple Slices

30 Classic Cheese Pizza
Turkey & Cheese Sandwich
Crispy Chicken Garden Salad
Chilled Red Pepper Strips
Or Side Garden Salad
Fresh Apple
Fresh Orange

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

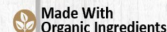
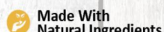


All meal include: Entree, Vegetables, Fruit, Juice & Milk
Allergies: please speak with the School Nurse

Questions: Please contact
Sandra Renken at
renkens@whitsons.com

Items Available Daily:

Bagel, Yogurt Cup, Cream Cheese or Butter w. Cheese Stick. 100% Fruit Juice - 4oz. Choice of Hormone/Antibiotic Free Milk in 1%, FF Strawberry (if available) or FF Chocolate. Hand Fruit - Apple Slices, Oranges Wedges & Petite Bananas and/ or Cupped Fruit Side Salad or Bagged, Uncooked Vegetable. WG - Whole Grain; Taco Meat - Turkey; Sausage - Chicken; Hot Dog - Beef; Bacon - Pork. Meatsauce is Beef.



Breakfast Menu

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For a breakfast to be reimbursable/ free meal at least four food items are offered.

At least 3 of the 4 MUST be selected and 1/2 fruit serving and milk should be selected.

1 Apple Strudel 🍏
Or Sausage and Cheese Sandwich

2 Whole Grain French Toast Slices 🍏
Syrup
Or Mini Cinnamon Pull Apart Roll 🍏
French Toast Friday

5 Blueberry Muffin 🍏
Or Chocolate Chip Muffin 🍏

Muffin Monday!

6 WW Honey Bun 🍏
Or Egg and Cheese Sandwich 🍏
Or Egg Sandwich 🍏

7 Maple Mini Waffles 🍏
Or Mini Blueberry Bash Waffles 🍏

Waffle Wednesday

8 Apple Strudel 🍏
Or Sausage and Cheese Sandwich
Or Bacon, Egg and Cheese Breakfast Sandwich P

9 Whole Grain French Toast Slices 🍏
Syrup
Or Mini Cinnamon Pull Apart Roll 🍏

French Toast Friday

12 Blueberry Muffin 🍏
Or Chocolate Chip Muffin 🍏

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Muffin Monday!

13 WW Honey Bun 🍏
Or Egg and Cheese Sandwich 🍏
Or Egg Sandwich 🍏

14 Maple Mini Waffles 🍏
Or Mini Blueberry Bash Waffles 🍏

Waffle Wednesday

15 Apple Strudel 🍏
Or Sausage and Cheese Sandwich

16 Whole Grain French Toast Slices 🍏
Syrup
Or Mini Cinnamon Pull Apart Roll 🍏

French Toast Friday

19 Blueberry Muffin 🍏
Or Chocolate Chip Muffin 🍏

Muffin Monday!

20 WW Honey Bun 🍏
Or Egg and Cheese Sandwich 🍏
Or Egg Sandwich 🍏

21 Maple Mini Waffles 🍏
Or Mini Blueberry Bash Waffles 🍏

Waffle Wednesday

22 Apple Strudel 🍏
Or Sausage and Cheese Sandwich
Or Bacon, Egg and Cheese Breakfast Sandwich P

23 Whole Grain French Toast Slices 🍏
Syrup
Or Mini Cinnamon Pull Apart Roll 🍏

French Toast Friday



27 WW Honey Bun 🍏
Or Egg and Cheese Sandwich 🍏
Or Egg Sandwich 🍏

28 Maple Mini Waffles 🍏
Or Mini Blueberry Bash Waffles 🍏

Waffle Wednesday

29 Apple Strudel 🍏
Or Sausage and Cheese Sandwich

30 Whole Grain French Toast Slices 🍏
Syrup
Or Mini Cinnamon Pull Apart Roll 🍏

French Toast Friday

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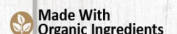
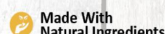
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Breakfast Prices: Adults:
\$2.48 + tax **Students:**
\$0.00

Questions Please
contact Sandra Renken at
renkens@whitsons.com

845-526-7847 ext 1321



Additional Daily Offerings:

WG Bagel w. Cream Cheese or Butter
Assorted WG Cereals w. Cheese Stick or Graham Cracker. Fresh hand fruit - Apple Slices, Oranges Cut into Wedges or Petite Bananas are Daily. or Cut fruit; 100 % Fruit Juice and Milk (all milk is Antibiotic/ Hormone Free - 1%; Skim and Chocolate) All breads are Whole Grain (WG)

This institution is an equal opportunity provider.