

Lunch Menu

Putnam Valley Elementary School

March 2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Mardi Gras Celebration

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Homemade Pasta Meatballs With Grated Parmesan Cheese Or Ham & Cheese Sandwich P Or Chicken Caesar Salad Mixed Vegetables Or Side Garden Salad Apple Slices Or Fresh Orange</p>	<p>4 Whole Grain Pancakes with Sausage With Syrup Or Ham & Cheese Sandwich P Or Chicken Caesar Salad Egg Patty And Orange Glazed Carrots Apple Slices Or Fresh Orange</p>	<p>5 Cheesy Stuffed Bread Sticks Marinara Sauce Dip Ham & Cheese Sandwich P Chicken Caesar Salad Mixed Vegetables Or Side Garden Salad Apple Slices Fresh Orange</p>	<p>6 Crispy Tacos Mild Salsa Ham & Cheese Sandwich P Chicken Caesar Salad Sweet Corn Black Beans Fresh Baby Carrots Fresh Orange Apple Slices</p>	<p>7 Cheese Pizza Ham & Cheese Sandwich P Chicken Caesar Salad Cucumber Coins Or Side Garden Salad Or Fresh Baby Carrots Fresh Orange Apple Slices Homemade Pizza</p>
<p>10 Grilled Cheese Sandwich Meltdown Café Turkey & Cheese Sandwich Crispy Chicken Garden Salad Oven Baked Fries Steamed Broccoli Apple Slices Diced Peach Cup</p>	<p>11 Chicken Nuggets Turkey & Cheese Sandwich Crispy Chicken Garden Salad Mashed Potatoes Brown Gravy Glazed Carrots Fresh Apple Diced Peach Cup</p>	<p>12 Beef Hot Dog on Bun Turkey & Cheese Sandwich Crispy Chicken Garden Salad Crispy Potato Puffs Baked Beans Green Beans Diced Peach Cup Apple Slices</p>	<p>13 Soft Tacos With Mild Salsa Turkey & Cheese Sandwich Crispy Chicken Garden Salad Sweet Corn And Confetti Black Bean Salad Diced Peach Cup Or Fresh Apple</p>	<p>14 Classic Cheese Pizza Turkey & Cheese Sandwich Crispy Chicken Garden Salad Chilled Red Pepper Strips Or Side Garden Salad Fresh Apple Or Diced Peach Cup</p>
<p>17 Cinnamon French Toast Syrup Ham & Cheese Sandwich P Classic Chef Salad P Egg Patty Sauteed Cinnamon Apple Slices Orange Glazed Carrots Fruit Salad Fresh Orange</p>	<p>18 Crispy Popcorn Chicken BBQ Sauce Ham & Cheese Sandwich P Classic Chef Salad P Brown Gravy Green Beans Fruit Salad Fresh Orange</p>	<p>19 Cheeseburger Ham & Cheese Sandwich P Classic Chef Salad P With Baked Beans Or Oven Baked Fries And Side Garden Salad Fruit Salad Fresh Orange</p>	<p>20 Walking Taco With Cheese Sauce Or Ham & Cheese Sandwich P Or Classic Chef Salad P Black Beans Sweet Corn Fruit Salad Or Fresh Orange</p>	<p>21 Cheese Pizza Ham & Cheese Sandwich P Classic Chef Salad P Cucumber Coins Or Side Garden Salad Fruit Salad Fresh Orange Homemade Pizza</p>
<p>24 Chicken Nugget & Mozzarella Stick Combo Turkey & Cheese Sandwich Chicken Caesar Salad Crispy Potato Puffs Steamed Broccoli Fresh Baby Carrots Apple Slices Strawberry Cup</p>	<p>25 Crispy Chicken Sandwich Turkey & Cheese Sandwich Chicken Caesar Salad Oven Baked Fries And Glazed Carrots Apple Slices Strawberry Cup</p>	<p>26 Pasta with Meat Sauce Turkey & Cheese Sandwich Chicken Caesar Salad Mixed Vegetables Or Side Garden Salad Whole Wheat Dinner Roll Apple Slices Strawberry Cup</p>	<p>27 Crispy Tacos Or Soft Tacos With Mild Salsa Turkey & Cheese Sandwich Chicken Caesar Salad All With Sweet Corn And Confetti Black Bean Salad Apple Slices Strawberry Cup</p>	<p>28 Cheese Pizza Turkey & Cheese Sandwich Chicken Caesar Salad Cucumber Coins Side Garden Salad Apple Slices Strawberry Cup</p>

March is National Nutrition Month! Let's Eat Well; for Wellness Sake!!

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Superintendent's Conference Day - School is closed

All students are eligible for **One free breakfast and lunch each school day**. Snacks, extra portions, second meals, second entrees, and second beverages will be available for purchase. Students **MUST** have a positive balance to purchase any snack, seconds or extras. Easiest way to Pay is MySchoolBucks.com

Items Available Daily:
Sunbutter & Jelly Sandwich on WG Bread, or American Cheese Sandwich on WG Bread. Bagel Meal = WG Bagel, Yogurt Cup, Cream Cheese or Butter w. Cheese Stick. 100% Fruit Juice - 4oz. Choice of Hormone/ Antibiotic Free Milk in 1%, FF Strawberry (if available) or FF Chocolate.

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

All meal include: Entree, Vegetables, Fruit, Juice & Milk. Allergies: please speak with the School Nurse

Questions: Please contact Sandra Renken at renkens@whitsons.com



Items Available Daily - continued: Hand Fruit - Apple Slices, Oranges Wedges & Petite Bananas and/ or Cupped Fruit Side Salad or Bagged, Uncooked Vegetable. WG - Whole Grain; Taco Meat - Turkey; Sausage - Chicken; Hot Dog - Beef; Bacon - Pork.

Cost of School Lunch: \$0.00 ; Adults \$5.03 +tax













































Breakfast Menu

Putnam Valley Elementary School

March 2025

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Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Blueberry Muffin  Or Chocolate Chip Muffin </p> <p><i>Muffin Monday!</i></p>	<p>4 WW Honey Bun  Or Egg and Cheese Sandwich  Or Egg Sandwich </p>	<p>5 Maple Mini Waffles  Or Mini Blueberry Bash Waffles </p> <p><i>Waffle Wednesday</i></p>	<p>6 Apple Strudel  Or Sausage and Cheese Sandwich</p>	<p>7 Whole Grain French Toast Slices  Syrup Or Mini Cinnamon Pull Apart Roll </p> <p><i>French Toast Friday</i></p>
This week is National School Breakfast Week! Start the day off with a Great Breakfast!				
<p>10 Blueberry Muffin  Or Chocolate Chip Muffin </p> <p><i>Muffin Monday!</i></p>	<p>11 WW Honey Bun  Or Egg and Cheese Sandwich  Or Egg Sandwich </p>	<p>12 Maple Mini Waffles  Or Mini Blueberry Bash Waffles </p> <p><i>Waffle Wednesday</i></p>	<p>13 Apple Strudel  Or Sausage and Cheese Sandwich Or Bacon, Egg and Cheese Breakfast Sandwich </p>	<p>14 Whole Grain French Toast Slices  Syrup Or Mini Cinnamon Pull Apart Roll </p> <p><i>French Toast Friday</i></p>
<p>17 Blueberry Muffin  Or Chocolate Chip Muffin </p> <p>○</p> <p><i>Muffin Monday!</i></p>	<p>18 WW Honey Bun  Or Egg and Cheese Sandwich  Or Egg Sandwich </p>	<p>19 Maple Mini Waffles  Or Mini Blueberry Bash Waffles </p> <p><i>Waffle Wednesday</i></p>	<p>20 Apple Strudel  Or Sausage and Cheese Sandwich</p>	<p>21 Whole Grain French Toast Slices  Syrup Or Mini Cinnamon Pull Apart Roll </p> <p><i>French Toast Friday</i></p>
<p>24 Blueberry Muffin  Or Chocolate Chip Muffin </p> <p><i>Muffin Monday!</i></p>	<p>25 WW Honey Bun  Or Egg and Cheese Sandwich  Or Egg Sandwich </p>	<p>26 Maple Mini Waffles  Or Mini Blueberry Bash Waffles </p> <p><i>Waffle Wednesday</i></p>	<p>27 Apple Strudel  Or Sausage and Cheese Sandwich Or Bacon, Egg and Cheese Breakfast Sandwich </p>	<p>28 Whole Grain French Toast Slices  Syrup Or Mini Cinnamon Pull Apart Roll </p> <p><i>French Toast Friday</i></p>

31
Closed for Superintendent's Conference Day

All students are eligible for One free breakfast and lunch each school day. Snacks, extra portions, second meals, second entrees, and second beverages will be available for purchase. Students MUST have a positive balance to purchase any snack, seconds or extras. Easiest way to pay: MySchoolBucks.com

For a breakfast to be reimbursable/ free meal at least four food items are offered.
At least 3 of the 4 MUST be selected and 1/2 fruit serving and milk should be selected.

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

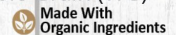
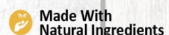
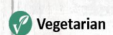
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Breakfast Prices: Adults: \$2.48 + tax Students: \$0.00

Questions Please contact Sandra Renken at renkens@whitsons.com

845-526-7847 ext 1321



Additional Daily Offerings:
WG Bagel w. Cream Cheese or Butter
Assorted WG Cereals w. Cheese Stick or Graham Cracker. Fresh hand fruit - Apple Slices, Oranges Cut into Wedges or Petite Bananas are Daily. or Cut fruit; 100 % Fruit Juice and Milk (all milk is Antibiotic/ Hormone Free - 1%; Skim and Chocolate) All breads are Whole Grain (WG)