

Lunch Menu

Putnam Valley Elementary School

October 2025

WHITSONS FAMILY OF COMPANIES

WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

Items Available Daily:

Sunbutter & Jelly Sandwich on WG Bread, or American Cheese Sandwich on WG Bread. Bagel Meal = WG Bagel, Yogurt Cup, Cream Cheese or Butter w. Cheese Stick. 100% Fruit Juice - 4oz. Choice of Hormone/ Antibiotic Free Milk in 1%, FF Strawberry (if available) or FF Chocolate.

NATIONAL SCHOOL LUNCH WEEK Oct 13-17!

6 Grilled Cheese Sandwich
Meltdown Café
Turkey & Cheese Sandwich
Crispy Chicken Garden Salad
Oven Baked Fries
Steamed Broccoli
Apple Slices
Diced Peach Cup

7 Chicken Nuggets
Turkey & Cheese Sandwich
Crispy Chicken Garden Salad
Mashed Potatoes
Brown Gravy
Glazed Carrots
Fresh Apple
Diced Peach Cup

8 Beef Hot Dog on Bun
Turkey & Cheese Sandwich
Crispy Chicken Garden Salad
Crispy Potato Puffs
Baked Beans
Green Beans
Apple Slices
Blueberries

9 Soft Tacos
With Mild Salsa
Turkey & Cheese Sandwich
Crispy Chicken Garden Salad
Sweet Corn
And Confetti Black Bean Salad
Or Fresh Apple
Watermelon Slices

10 Classic Cheese Pizza
Turkey & Cheese Sandwich
Crispy Chicken Garden Salad
Sweet Potato Fries
Or Side Garden Salad
Fresh Apple
Or Diced Peach Cup

13 Columbus Day
Cafeteria Closed

14 Crispy Popcorn Chicken
BBQ Sauce
Ham & Cheese Sandwich
Classic Chef Salad
Brown Gravy
Green Beans
Fresh Orange
Fresh Pear

15 Cheeseburger
Ham & Cheese Sandwich
Classic Chef Salad
With Baked Beans
Or Oven Baked Fries
And Side Garden Salad
Fresh Orange
Pineapple Cup

16 Crispy Tacos
Mild Salsa
Or Ham & Cheese Sandwich
Or Classic Chef Salad
Black Beans
Sweet Corn
Fruit Salad
Or Fresh Orange

17 Cheese Pizza
Ham & Cheese Sandwich
Classic Chef Salad
Steamed Spinach
Or Side Garden Salad
Fruit Salad
Fresh Orange

20 Chicken Nugget & Mozzarella Stick Combo
Turkey & Cheese Sandwich
Chicken Caesar Salad
Crispy Potato Puffs
Steamed Broccoli
Fresh Baby Carrots
Apple Slices
Strawberry Cup

21 Crispy Chicken Sandwich
Turkey & Cheese Sandwich
Chicken Caesar Salad
Oven Baked Fries
And Glazed Carrots
Apple Slices
Strawberry Cup

22 Pasta with Meat Sauce
Turkey & Cheese Sandwich
Chicken Caesar Salad
Mixed Vegetables
Or Side Garden Salad
Apple Slices
Honeydew and Cantaloupe Cup

23 Crispy Tacos
With Mild Salsa
Turkey & Cheese Sandwich
Chicken Caesar Salad
All With Sweet Corn
And Confetti Black Bean Salad
Strawberry Cup

24 Cheese Pizza
Turkey & Cheese Sandwich
Chicken Caesar Salad
Sauteed Zucchini
Side Garden Salad
Apple Slices
Strawberry Cup

27 Cinnamon French Toast
Syrup
Ham & Cheese Sandwich
Crispy Chicken Garden Salad
Fresh Orange
Honeydew and Cantaloupe Cup

28 Cheesy Stuffed Bread Sticks
Marinara Sauce Dip
Ham & Cheese Sandwich
Crispy Chicken Garden Salad
Crispy Potato Puffs
Steamed Broccoli
Fresh Orange
Apple Slices

29 Crispy Popcorn Chicken
Ham & Cheese Sandwich
Classic Chef Salad
Roasted Butternut Squash
Fresh Orange

30 Crispy Tacos
Mild Salsa
Ham & Cheese Sandwich
Chicken Caesar Salad
Sweet Corn
Black Beans
Fresh Baby Carrots
Fresh Orange
Apple Slices

31 Cheese Pizza
Ham & Cheese Sandwich
Chicken Caesar Salad
Cucumber Coins
Or Side Garden Salad
Or Fresh Baby Carrots
Fresh Orange
Apple Slices



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

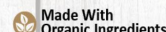
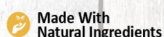
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All meal include: Entree, Vegetables, Fruit, Juice & Milk
Allergies: please speak with the School Nurse

Questions: Please contact Food Service

845-526-7847 x 1321



Items Available Daily - continued: Hand Fruit - Apple Slices, Oranges Wedges & Petite Bananas and/ or Cupped Fruit Side Salad or Bagged, Uncooked Vegetable. WG - Whole Grain; Taco Meat - Turkey; Sausage - Chicken; Hot Dog - Beef; Bacon - Pork.

Cost of School Lunch: \$0.00 ; Adults \$5.03 +tax

Breakfast Menu

Putnam Valley Elementary School

October
2025

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

All students are eligible for One free breakfast and lunch each school day. Snacks, extra portions, second meals, second entrees, and second beverages will be available for purchase. Students MUST have a positive balance to purchase any snack, seconds or extras. Easiest way to pay: MySchoolBucks.com

NATIONAL SCHOOL LUNCH WEEK Oct 13-17!

Tuesday



Wednesday

Thursday

Friday



6 Blueberry Muffin 
Or Chocolate Chip Muffin 



Muffin Monday!

7 WW Honey Bun 
Or Egg and Cheese Sandwich 

8 Maple Mini Waffles 
Or Mini Blueberry Bash Waffles 




Waffle Wednesday


9 Apple Strudel 
Or Sausage and Cheese Sandwich
Or Bacon, Egg and Cheese Breakfast Sandwich 


10 Whole Grain French Toast Slices 
Syrup
Or Mini Cinnamon Pull Apart Roll 

French Toast Friday


13 Columbus Day
Cafeteria Closed



14 WW Honey Bun 
Or Egg and Cheese Sandwich 
Or Egg Sandwich 

15 Maple Mini Waffles 
Or Mini Blueberry Bash Waffles 



Waffle Wednesday




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Or Sausage and Cheese Sandwich



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Syrup
Or Mini Cinnamon Pull Apart Roll 

French Toast Friday



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Or Chocolate Chip Muffin 



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Syrup
Or Mini Cinnamon Pull Apart Roll 

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Or Chocolate Chip Muffin 



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Or Egg and Cheese Sandwich 
Or Egg Sandwich 

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Syrup
Or Mini Cinnamon Pull Apart Roll 

French Toast Friday



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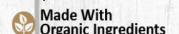
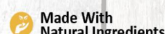
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Breakfast Prices: Adults:
\$2.48 + tax **Students:**
\$0.00

Questions Please
contact Food Service at:
845-526-7847 ext 1321



Additional Daily Offerings:

WG Bagel w. Cream Cheese or Butter
Assorted WG Cereals w. Cheese Stick or Graham Cracker. Fresh hand fruit - Apple Slices, Oranges Cut into Wedges or Petite Bananas are Daily. or Cut fruit; 100 % Fruit Juice and Milk (all milk is Antibiotic/ Hormone Free - 1%; Skim and Chocolate, strawberry, if available) All breads are Whole Grain (WG), Sausage = chicken, Bacon - Pork

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