

Lunch Menu

Putnam Valley Elementary School

February
2026

WHITSONS FAMILY OF COMPANIES

WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

2 Cheesy Stuffed Bread Sticks  Turkey & Cheese Sandwich Crispy Chicken Garden Salad  Oven Baked Fries Steamed Broccoli Apple Slices Diced Peach Cup

3 Baked Chicken Tenders Whole Wheat Dinner Roll Turkey & Cheese Sandwich Crispy Chicken Garden Salad  Mashed Potatoes Brown Gravy Glazed Carrots Fresh Apple Diced Peach Cup

4 Beef Hot Dog on Bun Turkey & Cheese Sandwich Crispy Chicken Garden Salad  Crispy Potato Puffs Baked Beans Green Beans Apple Slices Blueberries

5 Homemade Pasta & Meat Sauce  With Mild Salsa Turkey & Cheese Sandwich Crispy Chicken Garden Salad  And Confetti Black Bean Salad Or Fresh Apple Watermelon Slices

6 Classic Cheese Pizza  Turkey & Cheese Sandwich Crispy Chicken Garden Salad  Roasted Butternut Squash Or Side Garden Salad Fresh Apple Or Diced Peach Cup

9 French Toast  Syrup Ham & Cheese Sandwich  Classic Chef Salad   Green Beans Egg Patty Sautéed Cinnamon Apple Slices Fruit Salad Fresh Orange

10 Wing Shack Chicken Wings Brown Rice BBQ Sauce Ham & Cheese Sandwich  Classic Chef Salad   Brown Gravy Green Beans Fresh Orange Fresh Pear Red Bell Pepper Strips

11 Cheeseburger Ham & Cheese Sandwich  Classic Chef Salad   With Baked Beans Or Oven Baked Fries And Side Garden Salad Fresh Orange Pineapple Cup

12 Crispy Tacos  Mild Salsa Brown Rice Or Ham & Cheese Sandwich  Or Classic Chef Salad   Black Beans Sweet Corn Fruit Salad Or Fresh Orange Ground Turkey for Tacos

13 Cheese Pizza   Ham & Cheese Sandwich  Classic Chef Salad   Steamed Spinach Or Side Garden Salad Fruit Salad Fresh Orange Sweet Potato Fries

16 WINTER
RECESS
THIS WEEK
2/16-2/20

17 Daily: Sunbutter & Jelly Sandwich, or American Cheese Sandwich on WG Bread. Bagel Meal = WG Bagel Yogurt Cup, Cream Cheese or Butter w. Cheese Stick. 100% of Hormone/ Antibiotic Free Milk in 1% or FF Chocolate. Fruit Juice - 4oz. Choice

18

19

20 WINTER
RECESS
THIS WEEK
2-16-2/20

23 Crispy Chicken Drumstick Whole Wheat Dinner Roll Turkey & Cheese Sandwich Chicken Caesar Salad  Oven Baked Fries And Glazed Carrots Apple Slices

24 Beef Hot Dog on Bun Turkey & Cheese Sandwich Crispy Chicken Garden Salad  Crispy Potato Puffs Baked Beans Green Beans Apple Slices Blueberries Red Bell Pepper Strips

25 Pasta with Meat Sauce  Turkey & Cheese Sandwich Chicken Caesar Salad  Mixed Vegetables Or Side Garden Salad Apple Slices Honeydew and Cantaloupe Cup

26 Crispy Tacos Brown Rice With Mild Salsa Turkey & Cheese Sandwich Chicken Caesar Salad  All With Sweet Corn And Confetti Black Bean Salad Strawberry Cup

27 Cheese Pizza   Turkey & Cheese Sandwich Chicken Caesar Salad  Sautéed Zucchini Side Garden Salad Apple Slices Strawberry Cup Roasted Zucchini

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



All meal include: Entree, Vegetables, Fruit, Juice & Milk
Allergies: please speak with the School Nurse

Questions: Please contact
Food Service

845-526-7847 x 1321

 Vegetarian

 Made With Natural Ingredients

 Pork

 Smart Choice

 Made With Organic Ingredients

Cost of School Lunch: \$0.00; Adults \$5.22 +tax

Hand Fruit - Apple Slices, Oranges Wedges & Petite Bananas and/or Canned Fruit Side Salad or Bagged, Uncooked Vegetable. WG - Whole Grain; Taco Meat - Turkey; Sausage - Chicken; Hot Dog - Beef; Bacon - Pork.

Breakfast Menu

Putnam Valley Elementary School

February
2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

2 Blueberry Muffin ✓
Or Chocolate Chip Muffin ✓

Muffin Monday!

Tuesday

3 WW Honey Bun ✓
Or Egg and Cheese Sandwich ✓
Or Egg Sandwich ✓

Wednesday

4 Maple Mini Waffles ✓

Waffle Wednesday

Thursday

5 Apple Strudel ✓
Or Sausage and Cheese Sandwich
Or Bacon, Egg and Cheese Breakfast Sandwich P

Friday

6 Whole Grain French Toast Slices ✓
Syrup
Or Mini Cinnamon Pull Apart Roll ✓

French Toast Friday

9 Blueberry Muffin ✓
Or Chocolate Chip Muffin ✓

Muffin Monday!

10 WW Honey Bun ✓
Or Egg and Cheese Sandwich ✓
Or Egg Sandwich ✓

11 Maple Mini Waffles ✓

Waffle Wednesday

12 Apple Strudel ✓
Or Sausage and Cheese Sandwich
Or Bacon, Egg and Cheese Breakfast Sandwich P

13 Whole Grain French Toast Slices ✓
Syrup
Or Mini Cinnamon Pull Apart Roll ✓

French Toast Friday

16 WINTER
RECESS
THIS WEEK
2/16-2/20

17

All students are eligible for One free breakfast and lunch each school day. Snacks, extra portions, second meals, second entrees, and second beverages will be available for purchase. Students MUST have a positive balance to purchase any snack, seconds or extras. Easiest way to pay: MySchoolBucks.com

For a breakfast to be reimbursable/free meal at least four food items are offered. At least 3 of the 4 MUST be selected and 1/2 fruit serving and milk should be selected.

18

19

WINTER
RECESS
THIS WEEK
2/16-2/20

23 Blueberry Muffin ✓
Or Chocolate Chip Muffin ✓

Muffin Monday!

24 WW Honey Bun ✓
Or Egg and Cheese Sandwich ✓
Or Egg Sandwich ✓

25 Maple Mini Waffles ✓

Waffle Wednesday

26 Apple Strudel ✓
Or Sausage and Cheese Sandwich
Or Bacon, Egg and Cheese Breakfast Sandwich P

27 Whole Grain French Toast Slices ✓
Syrup
Or Mini Cinnamon Pull Apart Roll ✓

French Toast Friday

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Breakfast Prices: Adults:
\$3.49 + tax **Students:**
\$0.00

Questions Please
contact Food Service at;
845-526-7847 ext 1321

Vegetarian

Made With
Natural Ingredients

Pork

Smart
Choice

Made With
Organic Ingredients

Additional Daily Offerings:

WG Bagel w. Cream Cheese or Butter
Assorted WG Cereals w. Cheese Stick or Graham Cracker. Fresh hand fruit - Apple Slices, Oranges Cut into Wedges or Petite Bananas are Daily. or Cut fruit; 100 % Fruit Juice and Milk (all milk is Antibiotic/Hormone Free - 1%; Skim and Chocolate, strawberry, if available) All breads are Whole Grain (WG), Sausage = chicken, Bacon - Pork

