

# Lunch Menu

Putnam Valley Elementary School

December  
2025

WHITSONS FAMILY OF COMPANIES  
WWW.WHITSONS.COM

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

1 Pasta with Meat Sauce 🍴  
Turkey & Cheese Sandwich  
Chicken Caesar Salad 🍴  
Mixed Vegetables  
Or Side Garden Salad  
Apple Slices  
Honeydew and Cantaloupe Cup  
All beef in sauce

2 Crispy Popcorn Chicken  
Ham & Cheese Sandwich **P**  
Classic Chef Salad **P** 🍴  
Brown Gravy  
Green Beans  
Fresh Orange  
Fresh Pear

3 Cheesy Stuffed Bread Sticks 🍴  
Marinara Sauce Dip  
Ham & Cheese Sandwich **P**  
Chicken Caesar Salad 🍴  
Mixed Vegetables  
Or Side Garden Salad  
Apple Slices  
Fresh Orange

4 Crispy Tacos  
Mild Salsa  
Ham & Cheese Sandwich **P**  
Chicken Caesar Salad 🍴  
Sweet Corn  
Black Beans  
Fresh Baby Carrots  
Fresh Orange  
Apple Slices

5 Cheese Pizza 🍴  
Ham & Cheese Sandwich **P**  
Chicken Caesar Salad 🍴  
Steamed Spinach  
Cucumber Coins  
Or Side Garden Salad  
Or Fresh Baby Carrots  
Fresh Orange  
Apple Slices

8 Grilled Cheese Sandwich  
Meltdown Café 🍴  
Turkey & Cheese Sandwich  
Crispy Chicken Garden Salad 🍴  
Oven Baked Fries  
Steamed Broccoli  
Apple Slices  
Diced Peach Cup

9 Chicken Nuggets  
Turkey & Cheese Sandwich  
Crispy Chicken Garden Salad 🍴  
Mashed Potatoes  
Brown Gravy  
Glazed Carrots  
Fresh Apple  
Diced Peach Cup

10 Beef Hot Dog on Bun  
Turkey & Cheese Sandwich  
Crispy Chicken Garden Salad 🍴  
Crispy Potato Puffs  
Baked Beans  
Green Beans  
Apple Slices  
Blueberries

11 Homemade Pasta & Meat Sauce 🍴  
With Mild Salsa  
Turkey & Cheese Sandwich  
Crispy Chicken Garden Salad 🍴  
And Confetti Black Bean Salad  
Or Fresh Apple  
Watermelon Slices  
All beef in sauce

12 Classic Cheese Pizza 🍴  
Turkey & Cheese Sandwich  
Crispy Chicken Garden Salad 🍴  
Roasted Butternut Squash  
Or Side Garden Salad  
Fresh Apple  
Or Diced Peach Cup

15 Cinnamon French Toast 🍴  
Syrup  
Ham & Cheese Sandwich **P**  
Classic Chef Salad **P** 🍴  
Green Beans  
Egg Patty  
Sauteed Cinnamon Apple Slices  
Fruit Salad  
Fresh Orange

16 Crispy Popcorn Chicken  
BBQ Sauce  
Ham & Cheese Sandwich **P**  
Classic Chef Salad **P** 🍴  
Brown Gravy  
Green Beans  
Fresh Orange  
Fresh Pear  
Red Bell Pepper Strips

17 Cheeseburger  
Ham & Cheese Sandwich **P**  
Classic Chef Salad **P** 🍴  
With Baked Beans  
Or Oven Baked Fries  
And Side Garden Salad  
Fresh Orange  
Pineapple Cup

18 Crispy Tacos 🍴  
Mild Salsa  
Or Ham & Cheese Sandwich **P**  
Or Classic Chef Salad **P** 🍴  
Black Beans  
Sweet Corn  
Fruit Salad  
Or Fresh Orange

19 Cheese Pizza 🍴  
Ham & Cheese Sandwich **P**  
Classic Chef Salad **P** 🍴  
Steamed Spinach  
Or Side Garden Salad  
Fruit Salad  
Fresh Orange  
Roasted Zucchini

22 Belgian Waffle with Caramelized Apples 🍴  
Turkey & Cheese Sandwich  
Chicken Caesar Salad 🍴  
Crispy Potato Puffs  
Steamed Broccoli  
Fresh Baby Carrots  
Apple Slices  
Strawberry Cup

23 Crispy Chicken Sandwich 🍴  
Turkey & Cheese Sandwich  
Chicken Caesar Salad 🍴  
Oven Baked Fries  
And Glazed Carrots  
Apple Slices  
Strawberry Cup  
Roasted Sweet Potatoes

24  
HOLIDAY RECESS

25  
HOLIDAY RECESS

26  
HOLIDAY RECESS

29  
HOLIDAY RECESS

30  
HOLIDAY RECESS

31  
HOLIDAY RECESS

Daily: Sunbutter & Jelly Sandwich, or American Cheese Sandwich on WG Bread. Bagel Meal = WG Bagel, Yogurt Cup, Cream Cheese or Butter w. Cheese Stick. 100% Fruit Juice - 4oz. Choice of Hormone/ Antibiotic Free Milk in 1% or FF Chocolate.



View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

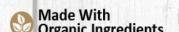
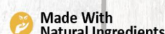
\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



All meal include: Entree, Vegetables, Fruit, Juice & Milk Allergies: please speak with the School Nurse

Questions: Please contact  
Food Service

845-526-7847 x 1321



**Items Available Daily - continued:** Hand Fruit - Apple Slices, Oranges Wedges & Petite Bananas and/ or Cupped Fruit Side Salad or Bagged, Uncooked Vegetable. WG - Whole Grain; Taco Meat - Turkey; Sausage - Chicken; Hot Dog - Beef; Bacon - Pork.

**Cost of School Lunch: \$0.00 ; Adults \$5.22 +tax**



































# Breakfast Menu

Putnam Valley Elementary School

December  
2025

WHITSONS FAMILY OF COMPANIES  
WWW.WHITSONS.COM

| Monday  | Tuesday   | Wednesday   | Thursday   | Friday  |
|---|---|---|--|---|
| <b>1</b> Blueberry Muffin <br>Or Chocolate Chip Muffin <br><br><i>Muffin Monday!</i>      | <b>2</b> WW Honey Bun <br>Or Egg and Cheese Sandwich <br>Or Egg Sandwich                         | <b>3</b> Maple Mini Waffles <br><br><i>Waffle Wednesday</i>  | <b>4</b> Apple Strudel <br>Or Sausage and Cheese Sandwich   | <b>5</b> Whole Grain French Toast Slices <br>Syrup<br>Or Mini Cinnamon Pull Apart Roll <br><br><i>French Toast Friday</i>     |
| <b>8</b> Blueberry Muffin <br>Or Chocolate Chip Muffin <br><br><i>Muffin Monday!</i>      | <b>9</b> WW Honey Bun <br>Or Egg and Cheese Sandwich <br>   | <b>10</b> Maple Mini Waffles <br><br><i>Waffle Wednesday</i> | <b>11</b> Apple Strudel <br>Or Sausage and Cheese Sandwich<br>Or Bacon, Egg and Cheese Breakfast Sandwich  | <b>12</b> Whole Grain French Toast Slices <br>Syrup<br>Or Mini Cinnamon Pull Apart Roll <br><br><i>French Toast Friday</i>    |
| <b>15</b> Blueberry Muffin <br>Or Chocolate Chip Muffin <br><br><i>Muffin Monday!</i>    | <b>16</b> WW Honey Bun <br>Or Egg and Cheese Sandwich <br>Or Egg Sandwich                     | <b>17</b> Maple Mini Waffles <br><br><i>Waffle Wednesday</i> | <b>18</b> Apple Strudel <br>Or Sausage and Cheese Sandwich  | <b>19</b> Whole Grain French Toast Slices <br>Syrup<br>Or Mini Cinnamon Pull Apart Roll <br><br><i>French Toast Friday</i> |
| <b>22</b> Blueberry Muffin <br>Or Chocolate Chip Muffin <br><br><i>Muffin Monday!</i> | <b>23</b> WW Honey Bun <br>Or Egg and Cheese Sandwich <br>Or Egg Sandwich                  | <b>24</b><br><br>HOLIDAY RECESS   | <b>25</b><br><br>HOLIDAY RECESS  | <b>26</b><br><br>HOLIDAY RECESS   |
| <b>29</b><br><br>HOLIDAY RECESS   | <b>30</b><br><br>HOLIDAY RECESS<br><br>All students are eligible for One free breakfast and lunch each school day. Snacks, extra portions, second meals, second entrees, and second beverages will be available for purchase. Students MUST have a positive balance to purchase any snack, seconds or extras. Easiest way to pay: MySchoolBucks.com | <b>31</b><br><br>HOLIDAY RECESS   | For a breakfast to be reimbursable/free meal at least four food items are offered. At least 3 of the 4 MUST be selected and 1/2 fruit serving and milk should be selected.   |   |



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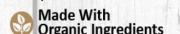
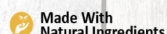
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**Breakfast Prices: Adults:**  
**\$3.49 + tax** **Students:**  
**\$0.00**

Questions Please  
contact Food Service at:  
845-526-7847 ext 1321



## Additional Daily Offerings:

WG Bagel w. Cream Cheese or Butter  
Assorted WG Cereals w. Cheese Stick or Graham Cracker. Fresh hand fruit - Apple Slices, Oranges Cut into Wedges or Petite Bananas are Daily. or Cut fruit; 100 % Fruit Juice and Milk (all milk is Antibiotic/ Hormone Free - 1%; Skim and Chocolate, strawberry, if available) All breads are Whole Grain (WG), Sausage = chicken, Bacon - Pork

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