

# Lunch Menu

Putnam Valley Elementary School

February  
2026

WHITSONS FAMILY OF COMPANIES

WWW.WHITSONS.COM

## Monday


## Tuesday

## Wednesday

## Thursday

## Friday





**2** Cheesy Stuffed Bread Sticks   
Turkey & Cheese Sandwich  
Crispy Chicken Garden Salad   
Oven Baked Fries  
Steamed Broccoli  
Apple Slices  
Diced Peach Cup




**3** Baked Chicken Tenders  
Whole Wheat Dinner Roll  
Turkey & Cheese Sandwich  
Crispy Chicken Garden Salad   
Mashed Potatoes  
Brown Gravy  
Glazed Carrots  
Fresh Apple  
Diced Peach Cup




**4** Beef Hot Dog on Bun  
Turkey & Cheese Sandwich  
Crispy Chicken Garden Salad   
Crispy Potato Puffs  
Baked Beans  
Green Beans  
Apple Slices  
Blueberries

**5** Homemade Pasta & Meat Sauce   
With Mild Salsa  
Turkey & Cheese Sandwich  
Crispy Chicken Garden Salad   
And Confetti Black Bean Salad  
Or Fresh Apple  
Watermelon Slices






**6** Classic Cheese Pizza   
Turkey & Cheese Sandwich  
Crispy Chicken Garden Salad   
Roasted Butternut Squash  
Or Side Garden Salad  
Fresh Apple  
Or Diced Peach Cup

**9** French Toast   
Syrup  
Ham & Cheese Sandwich   
Classic Chef Salad    
Green Beans  
Egg Patty  
Sauteed Cinnamon Apple Slices  
Fruit Salad  
Fresh Orange

**10** Wing Shack Chicken Wings  
Brown Rice  
BBQ Sauce  
Ham & Cheese Sandwich   
Classic Chef Salad    
Brown Gravy  
Green Beans  
Fresh Orange  
Fresh Pear  
Red Bell Pepper Strips

**11** Cheeseburger  
Ham & Cheese Sandwich   
Classic Chef Salad    
With Baked Beans  
Or Oven Baked Fries  
And Side Garden Salad  
Fresh Orange  
Pineapple Cup

**12** Crispy Tacos   
Mild Salsa  
Brown Rice  
Or Ham & Cheese Sandwich   
Or Classic Chef Salad   
Black Beans  
Sweet Corn  
Fruit Salad  
Or Fresh Orange  
Ground Turkey for Tacos

**13** Cheese Pizza    
Ham & Cheese Sandwich   
Classic Chef Salad    
Steamed Spinach  
Or Side Garden Salad  
Fruit Salad  
Fresh Orange  
  
Sweet Potato Fries

**16**  
  
WINTER  
  
RECESS  
  
THIS WEEK  
  
2/16-2/20


**17**  
  
Daily: Sunbutter & Jelly Sandwich, or American Cheese Sandwich on WG Bread.  
Bagel Meal = WG Bagel, Yogurt Cup, Cream Cheese or Butter w. Cheese Stick. 100%  
Fruit Juice - 4oz. Choice of Hormone/ Antibiotic Free Milk in 1% or FF Chocolate.

**18**  
  
Daily: Sunbutter & Jelly Sandwich, or American Cheese Sandwich on WG Bread.  
Bagel Meal = WG Bagel, Yogurt Cup, Cream Cheese or Butter w. Cheese Stick. 100%  
Fruit Juice - 4oz. Choice of Hormone/ Antibiotic Free Milk in 1% or FF Chocolate.


**19**  
  
WINTER  
  
RECESS  
  
THIS WEEK  
  
2-16-2/20




**20**  
  
WINTER  
  
RECESS  
  
THIS WEEK  
  
2-16-2/20

**23** Crispy Chicken Drumstick  
Whole Wheat Dinner Roll  
Turkey & Cheese Sandwich  
Chicken Caesar Salad   
Oven Baked Fries  
And Glazed Carrots  
Apple Slices

**24** Beef Hot Dog on Bun  
Turkey & Cheese Sandwich  
Crispy Chicken Garden Salad   
Crispy Potato Puffs  
Baked Beans  
Green Beans  
Apple Slices  
Blueberries  
  
Red Bell Pepper Strips

**25** Pasta with Meat Sauce   
Turkey & Cheese Sandwich  
Chicken Caesar Salad   
Mixed Vegetables  
Or Side Garden Salad  
Apple Slices  
Honeydew and Cantaloupe Cup

**26** Crispy Tacos  
Brown Rice  
With Mild Salsa  
Turkey & Cheese Sandwich  
Chicken Caesar Salad   
All With Sweet Corn  
And Confetti Black Bean Salad  
Strawberry Cup  
  
Ground Turkey for Tacos

**27** Cheese Pizza    
Turkey & Cheese Sandwich  
Chicken Caesar Salad   
Sauteed Zucchini  
Side Garden Salad  
Apple Slices  
Strawberry Cup  
  
Roasted Zucchini



View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

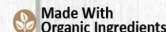
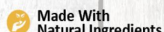
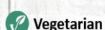
\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



All meal include: Entree, Vegetables, Fruit, Juice & Milk  
**Allergies: please speak with the School Nurse**

Questions: Please contact  
Food Service

845-526-7847 x 1321



**Items Available Daily - continued:** Hand Fruit - Apple Slices, Oranges Wedges & Petite Bananas and/ or Cupped Fruit Side Salad or Bagged, Uncooked Vegetable. WG - Whole Grain; Taco Meat - Turkey; Sausage - Chicken; Hot Dog - Beef; Bacon - Pork.































**Cost of School Lunch: \$0.00 ; Adults \$5.22 +tax**

# Breakfast Menu

Putnam Valley Elementary School

February  
2026

WHITSONS FAMILY OF COMPANIES  
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Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Blueberry Muffin  Or Chocolate Chip Muffin   <i>Muffin Monday!</i>	<b>3</b> WW Honey Bun  Or Egg and Cheese Sandwich  Or Egg Sandwich 	<b>4</b> Maple Mini Waffles   <i>Waffle Wednesday</i>	<b>5</b> Apple Strudel  Or Sausage and Cheese Sandwich Or Bacon, Egg and Cheese Breakfast Sandwich 	<b>6</b> Whole Grain French Toast Slices  Syrup Or Mini Cinnamon Pull Apart Roll   <i>French Toast Friday</i>
<b>9</b> Blueberry Muffin  Or Chocolate Chip Muffin   <i>Muffin Monday!</i>	<b>10</b> WW Honey Bun  Or Egg and Cheese Sandwich  Or Egg Sandwich 	<b>11</b> Maple Mini Waffles   <i>Waffle Wednesday</i>	<b>12</b> Apple Strudel  Or Sausage and Cheese Sandwich Or Bacon, Egg and Cheese Breakfast Sandwich 	<b>13</b> Whole Grain French Toast Slices  Syrup Or Mini Cinnamon Pull Apart Roll   <i>French Toast Friday</i>
<b>16</b>  WINTER  RECESS  THIS WEEK  2/16-2/20	<b>17</b>  All students are eligible for One free breakfast and lunch each school day. Snacks, extra portions, second meals, second entrees, and second beverages will be available for purchase. Students MUST have a positive balance to purchase any snack, seconds or extras. Easiest way to pay: MySchoolBucks.com  For a breakfast to be reimbursable/free meal at least four food items are offered. At least 3 of the 4 MUST be selected and 1/2 fruit serving and milk should be selected.	<b>18</b>	<b>19</b>	<b>20</b>  WINTER  RECESS  THIS WEEK  2/16-2/20
<b>23</b> Blueberry Muffin  Or Chocolate Chip Muffin   <i>Muffin Monday!</i>	<b>24</b> WW Honey Bun  Or Egg and Cheese Sandwich  Or Egg Sandwich 	<b>25</b> Maple Mini Waffles   <i>Waffle Wednesday</i>	<b>26</b> Apple Strudel  Or Sausage and Cheese Sandwich Or Bacon, Egg and Cheese Breakfast Sandwich 	<b>27</b> Whole Grain French Toast Slices  Syrup Or Mini Cinnamon Pull Apart Roll   <i>French Toast Friday</i>



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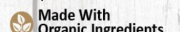
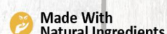
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**Breakfast Prices: Adults:**  
**\$3.49 + tax** **Students:**  
**\$0.00**

Questions Please  
contact Food Service at:  
845-526-7847 ext 1321



## Additional Daily Offerings:

WG Bagel w. Cream Cheese or Butter  
Assorted WG Cereals w. Cheese Stick or Graham Cracker. Fresh hand fruit - Apple Slices, Oranges Cut into Wedges or Petite Bananas are Daily. or Cut fruit; 100 % Fruit Juice and Milk (all milk is Antibiotic/ Hormone Free - 1%; Skim and Chocolate, strawberry, if available) All breads are Whole Grain (WG), Sausage = chicken, Bacon - Pork