

Lunch Menu

Putnam Valley Elementary School

January 2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

All students are eligible for One free breakfast and lunch each school day. Snacks, extra portions, second meals, second entrees, and second beverages will be available for purchase. Students MUST have a positive balance to purchase any snack, seconds or extras. Easiest way to Pay is MySchoolBucks.com

1
Cost of School Lunch: \$0.00 ; Adults \$5.03 +tax

2 Fluffy Whole Grain Waffles
With Syrup
Ham & Cheese Sandwich
Chicken Caesar Salad
Sausage Patty
Glazed Carrots
Or Fresh Baby Carrots
Fresh Orange
Cinnamon Applesauce

3 Cheese Pizza
Ham & Cheese Sandwich
Chicken Caesar Salad
Cucumber Coins
Or Side Garden Salad
Or Fresh Baby Carrots
Fresh Orange
Apple Slices
Homemade Pizza

6 Grilled Cheese Sandwich
Meltdown Café
Turkey & Cheese Sandwich
Crispy Chicken Garden Salad
Oven Baked Fries
Steamed Broccoli
Apple Slices
Diced Peach Cup

7 Chicken Nuggets
Turkey & Cheese Sandwich
Crispy Chicken Garden Salad
Mashed Potatoes
Brown Gravy
Glazed Carrots
Fresh Apple
Diced Peach Cup

8 Beef Hot Dog on Bun
Turkey & Cheese Sandwich
Crispy Chicken Garden Salad
Crispy Potato Puffs
Baked Beans
Green Beans
Diced Peach Cup
Apple Slices

9 Crispy Tacos
Or Soft Tacos
With Mild Salsa
Turkey & Cheese Sandwich
Crispy Chicken Garden Salad
Sweet Corn
Confetti Black Bean Salad
Diced Peach Cup
Fresh Apple

10 Classic Cheese Pizza
Turkey & Cheese Sandwich
Crispy Chicken Garden Salad
Chilled Red Pepper Strips
Or Side Garden Salad
Fresh Apple
Or Diced Peach Cup

13 Two Cheese Quesadilla
Ham & Cheese Sandwich
Classic Chef Salad
Yellow Rice
Seasoned Black Beans
Steamed Broccoli
Fruit Salad

14 Crispy Popcorn Chicken
BBQ Sauce
Ham & Cheese Sandwich
Classic Chef Salad
Brown Gravy
Green Beans
Fruit Salad
Fresh Orange

15 Cheeseburger
Ham & Cheese Sandwich
Classic Chef Salad
With Baked Beans
Or Oven Baked Fries
And Side Garden Salad
Fruit Salad
Fresh Orange

16 Cinnamon French Toast
Syrup
Ham & Cheese Sandwich
Classic Chef Salad
Egg Patty
Sautéed Cinnamon Apple Slices
Orange Glazed Carrots
Fruit Salad
Fresh Orange

17 Cheese Pizza
Ham & Cheese Sandwich
Classic Chef Salad
Cucumber Coins
Or Side Garden Salad
Fruit Salad
Fresh Orange
Homemade Pizza

20  MARTIN LUTHER KING JR. DAY

21 Crispy Chicken Sandwich
Turkey & Cheese Sandwich
Chicken Caesar Salad
Oven Baked Fries
And Glazed Carrots
Apple Slices
Strawberry Cup

22 Pasta with Meat Sauce
Turkey & Cheese Sandwich
Chicken Caesar Salad
Mixed Vegetables
Or Side Garden Salad
Whole Wheat Dinner Roll
Apple Slices
Strawberry Cup

23 Soft Tacos
With Mild Salsa
Turkey & Cheese Sandwich
Chicken Caesar Salad
All With Sweet Corn
And Confetti Black Bean Salad
Apple Slices
Strawberry Cup

24 Cheese Pizza
Turkey & Cheese Sandwich
Chicken Caesar Salad
Cucumber Coins
Side Garden Salad
Apple Slices
Strawberry Cup

27 Cheesy Stuffed Bread Sticks
Marinara Sauce Dip
Ham & Cheese Sandwich
Crispy Chicken Garden Salad
Crispy Potato Puffs
Steamed Broccoli
Fresh Orange
Apple Slices

28 Chicken Nuggets
Oven Baked Fries
Fresh Baby Carrots
Fresh Orange
Apple Slices
School Vote!
Lunch is eaten in the Classroom



30 Fluffy Whole Grain Waffles
With Syrup
Ham & Cheese Sandwich
Crispy Chicken Garden Salad
Fresh Baby Carrots
Sausage Patty
Glazed Carrots
Cinnamon Applesauce

31 Cheese Pizza
Ham & Cheese Sandwich
Crispy Chicken Garden Salad
Cucumber Coins
Or Side Garden Salad
Fresh Orange
Apple Slices
Homemade Pizza

View this menu on the mobile app, [FDMealPlanner](http://FDMealPlanner.com), or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



All meal include: Entree, Vegetables, Fruit, Juice & Milk.

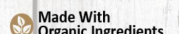
Allergies: please speak with the School Nurse

Questions: Please contact Sandra Renken at

renkens@whitsons.com
Vegetarian Made With Natural Ingredients

Items Available Daily: WG=Whole Grain

Sunbutter & Jelly Sandwich on WG Bread, or American Cheese Sandwich on WG Bread. Bagel Meal = WG Bagel, Yogurt Cup, Cream Cheese or Butter w. Cheese Stick
100% Fruit Juice - 4oz. Choice of Hormone/ Antibiotic Free Milk in 1%, Skim or Chocolate Milk
Hand Fruit - Apple Slices, Oranges Wedges & Petite Bananas and/ or Cupped Fruit Side Salad or Bagged, Uncooked Vegetable



Breakfast Menu

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For a breakfast to be reimbursable/ free meal at least four food items are offered.



At least 3 of the 4 MUST be selected and 1/2 fruit serving and milk should be selected.

2 Egg and Cheese Sandwich 
Or Sausage and Cheese Sandwich
Or Blueberry Muffin 
Or Chocolate Chip Muffin 

3 Apple Strudel 
Or WW Honey Bun 
Or Mini Cinnamon Pull Apart Roll 




6 Blueberry Muffin 
Or Chocolate Chip Muffin 

Muffin Monday!

7 Whole Grain French Toast Slices 
With Syrup
Or Round Granola Breakfast Bar 

8 Maple Mini Waffles 
Or Mini Blueberry Bash Waffles 

Waffle Wednesday

9 Sausage, Egg and Cheese Sandwich 
Or Sausage and Cheese Sandwich
Or Blueberry Muffin 
Or Chocolate Chip Muffin 

10 Mini Cinnamon Pull Apart Roll 
Or WW Honey Bun 
Or Soft Filled Cinnamon Toast Crunch Bar 

13 Blueberry Muffin 
Or Chocolate Chip Muffin 




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Muffin Monday!

14 Strawberry Pop Tart Or Brown Sugar Cinnamon Pop Tart

15 Maple Mini Waffles 
Or Mini Blueberry Bash Waffles 

Waffle Wednesday



16 Sausage and Cheese Sandwich
Or Egg and Cheese Sandwich 
Or Blueberry Muffin 
Or Chocolate Chip Muffin 

17 Apple Strudel 
Or WW Honey Bun 
Or Mini Cinnamon Pull Apart Roll 

20






MARTIN LUTHER KING JR. DAY

21 Round Granola Breakfast Bar 
Or Whole Grain French Toast Slices 
With Syrup

22 Maple Mini Waffles 
Or Mini Blueberry Bash Waffles 

Waffle Wednesday

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23 Bacon, Egg and Cheese Breakfast Sandwich 
Or Sausage and Cheese Sandwich
Blueberry Muffin 
Chocolate Chip Muffin 

24 Mini Cinnamon Pull Apart Roll 
Or Blueberry Muffin 
Or Chocolate Chip Muffin 

27 Blueberry Muffin 
Or Chocolate Chip Muffin 




Muffin Monday!

28 Strawberry Pop Tart Or Brown Sugar Cinnamon Pop Tart

29



2025
HAPPY YEAR OF THE SNAKE

30 Sausage and Cheese Sandwich
Or Egg and Cheese Sandwich 
Or Blueberry Muffin 
Or Chocolate Chip Muffin 

31 Mini Cinnamon Pull Apart Roll 
Or WW Honey Bun 

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Breakfast Prices: Adults: \$2.48 + tax Students: \$0.00

Questions Please contact Sandra Renken at renkens@whitsons.com

845-526-7847 ext 1321

