

Lunch Menu

Putnam Valley Elementary School

September 2025

WHITSONS FAMILY OF COMPANIES

WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

1 	2 1 - Whole Grain Pancakes with Sausage With Syrup 2 - Ham & Cheese Sandwich P 3 - Chicken Caesar Salad 🍷	3 Cheesy Stuffed Bread Sticks 🍷 Marinara Sauce Dip Ham & Cheese Sandwich P Chicken Caesar Salad 🍷 Mixed Vegetables Or Side Garden Salad	4 Crispy Tacos Mild Salsa Ham & Cheese Sandwich P Chicken Caesar Salad 🍷 Sweet Corn Black Beans Fresh Baby Carrots	5 Cheese Pizza 🍷 Ham & Cheese Sandwich P Chicken Caesar Salad 🍷 Cucumber Coins Or Side Garden Salad Or Fresh Baby Carrots Homemade Pizza
8 Grilled Cheese Sandwich Meltdown Café 🍷 Turkey & Cheese Sandwich Crispy Chicken Garden Salad 🍷 Oven Baked Fries Steamed Broccoli	9 Chicken Nuggets Turkey & Cheese Sandwich Crispy Chicken Garden Salad 🍷 Mashed Potatoes Brown Gravy Glazed Carrots Fresh Apple	10 Beef Hot Dog on Bun Turkey & Cheese Sandwich Crispy Chicken Garden Salad 🍷 Crispy Potato Puffs Baked Beans Green Beans Diced Peach Cup	11 Soft Tacos With Mild Salsa Turkey & Cheese Sandwich Crispy Chicken Garden Salad 🍷 Sweet Corn And Confetti Black Bean Salad	12 Classic Cheese Pizza 🍷 Turkey & Cheese Sandwich Crispy Chicken Garden Salad 🍷 Chilled Red Pepper Strips Or Side Garden Salad
15 Cinnamon French Toast 🍷 Syrup Ham & Cheese Sandwich P Classic Chef Salad P Egg Patty Sauteed Cinnamon	16 Crispy Popcorn Chicken BBQ Sauce Ham & Cheese Sandwich P Classic Chef Salad P Brown Gravy Green Beans	17 Cheeseburger Ham & Cheese Sandwich P Classic Chef Salad P With Baked Beans Or Oven Baked Fries And Side Garden Salad	18 Crispy Tacos Mild Salsa Or Ham & Cheese Sandwich P Or Classic Chef Salad P Black Beans Sweet Corn Fruit Salad	19 Cheese Pizza 🍷 Ham & Cheese Sandwich P Classic Chef Salad P Cucumber Coins Or Side Garden Salad Homemade Pizza Fresh Orange
22 Chicken Nugget & Mozzarella Stick Combo Turkey & Cheese Sandwich Chicken Caesar Salad 🍷 Crispy Potato Puffs Steamed Broccoli	23 Crispy Chicken Sandwich 🍷 Turkey & Cheese Sandwich Chicken Caesar Salad 🍷 Oven Baked Fries And Glazed Carrots Apple Slices	24 Pasta with Meat Sauce 🍷 Turkey & Cheese Sandwich Chicken Caesar Salad 🍷 Mixed Vegetables Or Side Garden Salad Apple Slices	25 Crispy Tacos Or Soft Tacos With Mild Salsa Turkey & Cheese Sandwich Chicken Caesar Salad 🍷 All With Sweet Corn And Confetti Black	26 Cheese Pizza 🍷 Turkey & Cheese Sandwich Chicken Caesar Salad 🍷 Cucumber Coins Side Garden Salad Apple Slices Strawberry Cup

29
Cheesy Stuffed Bread Sticks 🍷
Marinara Sauce Dip
Ham & Cheese Sandwich P
Crispy Chicken Garden Salad 🍷
Crispy Potato Puffs
Steamed Broccoli

All students are eligible for **One free breakfast and lunch each school day**. Snacks, extra portions, second meals, second entrees, and second beverages will be available for purchase. Students **MUST** have a positive balance to purchase any snack, seconds or extras. Easiest way to Pay is

[MySchoolBucks.com](https://www.myschoolbucks.com)

Items Available Daily:

Sunbutter & Jelly Sandwich on WG Bread, or American Cheese Sandwich on WG Bread. Bagel Meal = WG Bagel, Yogurt Cup, Cream Cheese or Butter w. Cheese Stick. 100% Fruit Juice - 4oz. Choice of Hormone/ Antibiotic Free Milk in 1%, FF Strawberry (if available) or FF Chocolate.



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

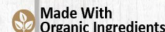
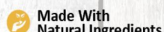
***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



All meal include: Entree, Vegetables, Fruit, Juice & Milk Allergies: please speak with the School Nurse

Questions: Please contact Food Service

845-526-7847 x 1321



Items Available Daily - continued: Hand Fruit - Apple Slices, Oranges Wedges & Petite Bananas and/ or Cupped Fruit Side Salad or Bagged, Uncooked Vegetable. WG - Whole Grain; Taco Meat - Turkey; Sausage - Chicken; Hot Dog - Beef; Bacon - Pork.


Cost of School Lunch: \$0.00 ; Adults \$5.03 +tax

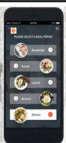
Breakfast Menu

Putnam Valley Elementary School

September 2025

WHITSONS FAMILY OF COMPANIES
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Monday	Tuesday	Wednesday	Thursday	Friday
1 	2 WW Honey Bun 🌱 Or Egg and Cheese Sandwich 🌱	3 Maple Mini Waffles 🌱 Or Mini Blueberry Bash Waffles 🌱 <i>Waffle Wednesday</i>	4 Apple Strudel 🌱 Or Sausage and Cheese Sandwich	5 Whole Grain French Toast Slices 🌱 Syrup Or Mini Cinnamon Pull Apart Roll 🌱 <i>French Toast Friday</i>
8 Blueberry Muffin 🌱 Or Chocolate Chip Muffin 🌱 <i>Muffin Monday!</i>	9 WW Honey Bun 🌱 Or Egg and Cheese Sandwich 🌱	10 Maple Mini Waffles 🌱 Or Mini Blueberry Bash Waffles 🌱 <i>Waffle Wednesday</i>	11 Apple Strudel 🌱 Or Sausage and Cheese Sandwich Or Bacon, Egg and Cheese Breakfast Sandwich P	12 Whole Grain French Toast Slices 🌱 Syrup Or Mini Cinnamon Pull Apart Roll 🌱 <i>French Toast Friday</i>
15 Blueberry Muffin 🌱 Or Chocolate Chip Muffin 🌱 O <i>Muffin Monday!</i>	16 WW Honey Bun 🌱 Or Egg and Cheese Sandwich 🌱 Or Egg Sandwich 🌱	17 Maple Mini Waffles 🌱 Or Mini Blueberry Bash Waffles 🌱 <i>Waffle Wednesday</i>	18 Apple Strudel 🌱 Or Sausage and Cheese Sandwich	19 Whole Grain French Toast Slices 🌱 Syrup Or Mini Cinnamon Pull Apart Roll 🌱 <i>French Toast Friday</i>
22 Blueberry Muffin 🌱 Or Chocolate Chip Muffin 🌱 <i>Muffin Monday!</i>	23 WW Honey Bun 🌱 Or Egg and Cheese Sandwich 🌱 Or Egg Sandwich 🌱	24 Maple Mini Waffles 🌱 Or Mini Blueberry Bash Waffles 🌱 <i>Waffle Wednesday</i>	25 Apple Strudel 🌱 Or Sausage and Cheese Sandwich Or Bacon, Egg and Cheese Breakfast Sandwich P	26 Whole Grain French Toast Slices 🌱 Syrup Or Mini Cinnamon Pull Apart Roll 🌱 <i>French Toast Friday</i>
29 Blueberry Muffin 🌱 Or Chocolate Chip Muffin 🌱 <i>Muffin Monday!</i>	30 WW Honey Bun 🌱 Or Egg and Cheese Sandwich 🌱 Or Egg Sandwich 🌱	<div> <div> All students are eligible for One free breakfast and lunch each school day. Snacks, extra portions, second meals, second entrees, and second beverages will be available for purchase. Students MUST have a positive balance to purchase any snack, seconds or extras. Easiest way to pay: MySchoolBucks.com </div> <div> For a breakfast to be reimbursable/ free meal at least four food items are offered. At least 3 of the 4 MUST be selected and 1/2 fruit serving and milk should be selected. </div> </div>		



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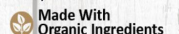
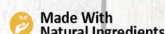
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Breakfast Prices: Adults:
\$2.48 + tax **Students:**
\$0.00

Questions Please contact Food Service at:
845-526-7847 ext 1321



Additional Daily Offerings:

WG Bagel w. Cream Cheese or Butter
 Assorted WG Cereals w. Cheese Stick or Graham Cracker. Fresh hand fruit - Apple Slices, Oranges Cut into Wedges or Petite Bananas are Daily. or Cut fruit; 100 % Fruit Juice and Milk (all milk is Antibiotic/ Hormone Free - 1%; Skim and Chocolate, strawberry, if available) All breads are Whole Grain (WG), Sausage = chicken, Bacon - Pork

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