# Welcome Back to School Year 2019-2020

As your school district's food service provider, we thought you might like to know a little bit about us.

Our mission is to enrich and nourish lives of students like yours. As the food service management company serving the most meals to K-12 students – serving more than 273 million meals per year to over 2.5 million students in over 430 school districts, we know the tremendous value of having a community partner who provides delicious, healthy meals that students enjoy and provides value to your district and your community. You want the best for your students, and so do we.

Chef-designed menus and a strong support team of dietitians and other culinary experts ensure that we serve food your student will enjoy and that meets and exceeds USDA and local guidelines for nutritious meals. We prepare meals fresh daily, using quality ingredients, and we take great pride in making sure our recipes are taste-tested by students to ensure they're not only healthy, but also taste great as well.

Helping every student succeed means providing meals that every child can enjoy.

- We accommodate individual dietary needs so that all students have tasty, healthy, and safe foods available. (See back for more details.)
- We offer a variety of food choices, from thousands of chef-created recipes designed just for students in elementary, middle and high school, allowing your student to choose the foods they prefer.
- We provide convenient options for students to take meals on-the-go.

We are proud to serve your community. Through our incredible partnerships with organizations such as the American Heart Association, we deliver real improvements to the lives of children and their families. We focus on enriching and nourishing the lives of millions all over the world, providing a wide range of services—food, facilities and uniforms—to a diverse group of clients in 19 countries. We serve world champion sports teams, Fortune 500 companies, state-of-the-art healthcare providers and the world's leading educational institutions. And every day, we dream of ways to do it better through our commitment to innovation and our passion for excellent customer service.

We are Aramark.

For more information, visit us at:

www.aramarkschools.com | FACEBOOK aramark | TWITTER @aramark



## **Quick Essentials**

#### Come Try It!

We invite you to come and taste for yourself the Aramark difference, and encourage your children to try our tasty and healthy breakfast and lunch.

Students who eat healthy breakfast have lower rates of tardiness and absenteeism, fewer visits to the school health office, and increased attention for learning.

Students who eat a healthy lunch gain energy needed to perform better in school and leader a healthier life. School meals provide an option that is convenience, nationally less expensive than meals from home, and that take the worry out of what your child will eat while at school.

#### We Want to Hear From You

As we continue our partnership with your community, we want to hear your feedback so we can provide the best service to you and your students.

Please contact your district food service office via email with comments and feedback about your school's meal program at Renken-Sandra@Aramark.com

If you would like to become a part of our team, we have positions available for as little as a few hours a few times a week. Please email Renken-Sandra@Aramark.com with your interest. We would love for you to join us!

#### **Special Dietary Needs**

To help us provide allergen-safe options for your student, please follow these requirements. A written order from a doctor or authorized medical authority specifying dietary needs must be on file with each school's nurse and with the Office of Dining Services. The written order must be updated on a yearly basis.

The following information must be provided:

- Student name
- Medical condition
- Foods to be omitted
- Substitutions needed

Arrangements will be made by the Office of Dining Services in cooperation with the school nurse to accommodate the dietary need.

### Moving Beyond Stereotypes: School Lunches Today – The Facts

The reality of school nutrition programs is too often ignored in favor of ratings boosts based on stereotypes. School lunches today follow federal nutrition guidelines and serve more fresh fruits and vegetables, whole grains, and low-fat dairy than ever before. School nutrition professionals prepare and serve balanced, nutritious meals in age-appropriate portion sizes that provide needed nutrients and promotes a healthy childhood weight.

Aramark is committed to enriching and nourishing lives in Putnam Valley School District.

