

# MEET THE



Welcome back, PVMS students and families! We would like to take this opportunity to introduce ourselves and give you some information about the counseling services at the middle school. We are the new School Counselors at Putnam Valley Middle School and are very excited to be a part of such a wonderful school and community. Mrs. Kilduff will be supporting 5<sup>th</sup> grade students and Ms. Coleman will be supporting 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> grade students.

Middle school is a very exciting time for your students, as they transition from childhood to the teenage years. You will notice many changes through the middle school years as your child continues to meet new friends, discover their passions, and explore new opportunities. We also recognize that the middle school years can have many challenges and we are here to provide support for you and your child(ren).

The middle school counseling program will be focusing on improving academic skills, goal setting, career exploration, and enhancing social and emotional skills over the next four years. As part of a new initiative this year, we will be providing developmental guidance lessons at each grade level. The fifth grade will be introduced to the Second Step program through the SEL class, and the sixth, seventh, and eighth grade students will be introduced to the School Connect program and Naviance.

During the months of September and October, the 5th grade students will be invited in to our annual lunch bunch. This is a fun and interactive way for students to get to know the middle school counselors. We are very excited for this to begin!

## Contact Information

Mrs. Laura Kilduff  
K-5<sup>th</sup> grade School Counselor  
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(845) 528-8101, Ext. 21800

Ms. Kendall Coleman  
6<sup>th</sup>-8<sup>th</sup> grade School Counselor  
[kcoleman@pvcasd.org](mailto:kcoleman@pvcasd.org)  
(845) 528-8101, Ext. 1209

Over the next school year, sixth, seventh, and eighth grade students will have an opportunity to meet with Ms. Coleman individually to go over educational progress, career/college plans, social and emotional skills.

We look forward to working with you all this year! If you have any concerns about your child throughout the year, please feel free to contact your child's counselor at any time.

Warmly,  
Mrs. Kilduff & Ms. Coleman