

Lunch Menu

Putnam Valley Elementary School

December 2023

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

National Cookie Day!
Monday, Dec 4th

Enjoy a cookie with
the purchase of a
meal!

1 Pepperoni Pizza
With Side Garden Salad
Or Cucumber Coins
Apple Slices
Ham & Cheese Sandwich
Chicken Caesar Salad

4 Two Cheese Quesadilla
With Salsa
And Yellow Rice
Mixed Vegetables
And Diced Peach Cup
Turkey & Cheese Sandwich
Or Crispy Chicken Garden
Salad

MEATLESS MONDAY

5 Chicken Nuggets
With Oven Baked Fries
With Glazed Carrots
With Diced Peach Cup
Turkey & Cheese Sandwich
Or Crispy Chicken Garden
Salad

6 Pasta with Meat Sauce
All With Steamed Broccoli
Or Side Garden Salad
Diced Peach Cup
Turkey & Cheese Sandwich
Crispy Chicken Garden
Salad

7 Crispy Tacos
Or Soft Tacos
With Sweet Corn
And Confetti Black Bean
Salad
And Mild Salsa
Diced Peach Cup
Turkey & Cheese Sandwich
Crispy Chicken Garden
Salad

8 Cheese Pizza
With Baby Carrots
Or Side Garden Salad
And Diced Peach Cup
Turkey & Cheese Sandwich
Crispy Chicken Garden
Salad

11 Cheesy Stuffed Bread
Sticks
Marinara Sauce Dip
And Green Beans
Strawberry Cup
Ham & Cheese Sandwich
Chicken Caesar Salad

MEATLESS MONDAY

12 Crispy Popcorn Chicken
All With BBQ Sauce
And Seasoned Rice
Baked Sweet Potatoes
Or Green Beans
Strawberry Cup
Ham & Cheese Sandwich
Chicken Caesar Salad

13 Cheeseburger
With Baked Beans
Oven Baked Fries
And Side Garden Salad
Or Strawberry Cup
Ham & Cheese Sandwich
Chicken Caesar Salad

14 Cinnamon French Toast
With Syrup
And Egg Patty
With Sauteed Cinnamon
Apple Slices
And Fresh Baby Carrots
Ham & Cheese Sandwich
Chicken Caesar Salad

15 Cheese Pizza
With Side Garden Salad
Or Cucumber Coins
Strawberry Cup
Ham & Cheese Sandwich
Chicken Caesar Salad

18 Grilled Cheese Sandwich
With Tomato Soup
Or Sweet Corn
And Sliced Apples
Turkey & Cheese Sandwich
Buffalo Chicken Salad with
Dinner Rolls

MEATLESS MONDAY

19 Crispy Chicken Sandwich
All With BBQ Sauce
And Glazed Carrots
And Sliced Apples
Turkey & Cheese Sandwich
Buffalo Chicken Salad with
Dinner Rolls

20 Pasta with Meat Sauce
With Grated Parmesan
Cheese
And Steamed Broccoli
Or Side Garden Salad
And Sliced Apples
Turkey & Cheese Sandwich
Buffalo Chicken Salad with
Dinner Rolls

21 Nachos Grande
All With Sweet Corn
And Confetti Black Bean
Salad
And Mild Salsa
Sliced Apples
Turkey & Cheese Sandwich
Buffalo Chicken Salad with
Dinner Rolls

22 Cheese Pizza
Baby Carrots
With Side Garden Salad
Diced Peach Cup
And Sliced Apples
Turkey & Cheese Sandwich
Buffalo Chicken Salad with
Dinner Rolls



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Lunch Price is \$2.70 for paid meals and \$5.50 for Adult meals + tax.

All meal include: Entree, Vegetables, Fruit, Juice & Milk.

Allergies: please speak with the School Nurse

Questions: Please contact whitsons@whitsons.com

Items Available Daily:

- Sunbutter & Jelly Sandwich on WG Bread, or American Cheese Sandwich on WG Bread
- Bagel Meal = WG Bagel, Yogurt Cup, Cream Cheese or Butter w. Cheese Stick
- 100% Fruit Juice - 4oz
- Choice of Hormone/ Antibiotic Free Milk in 1%, Skim or Chocolate Milk
- Hand and Cupped Fruit
- Side Salad or Bagged, Uncooked Vegetable th

Vegetables Made With Natural Ingredients

Breakfast Menu

Putnam Valley Elementary School

December 2023

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

4 Blueberry Muffin 


Muffin Monday!

5 Strawberry Pop Tart Or Brown Sugar Cinnamon Pop Tart

6 Fluffy Whole Grain Waffles  Syrup

Waffle Wednesday

7 Sausage, Egg and Cheese Sandwich

8 Mini Cinnamon Rolls 

11 Blueberry Muffin 

Muffin Monday!

12 Strawberry Pop Tart Or Brown Sugar Cinnamon Pop Tart

13 Fluffy Whole Grain Waffles  Syrup

Waffle Wednesday

14 Egg and Cheese Sandwich 

MIGHTY MILK DAY
Choose a milk, Drink it Up!
If you have a sticker, you win a prize!

15 Apple Strudel 

18 Blueberry Muffin 

Muffin Monday!

19 Strawberry Pop Tart Or Brown Sugar Cinnamon Pop Tart

20 Fluffy Whole Grain Waffles  Syrup

Waffle Wednesday

21 Bacon, Egg and Cheese Breakfast Sandwich 

22 Mini Cinnamon Rolls 

25 

26 

27 

28 

29 

Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Meal Pricing: Paid meal \$1.50 and adults \$3.00 + tax.

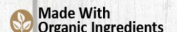
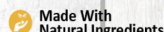
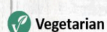
**** if your student qualifies for free/ reduced, they also qualify for free/ reduced breakfast ****


Questions: please contact Sandra Renken at renkens@whitsons.com

Additional Daily Offerings:

WG Bagel w. Cream Cheese or Butter
Assorted WG Cereals w. Cheese Stick or Graham Cracker. Fresh hand or Cut fruit; 100 % Fruit Juice and Milk (all milk is Antibiotic/ Hormone Free - 1%; Skim and Chocolate)

Reimbursable Meal: At least 4 components are offered and **3 must be selected. A 1/2 fruit serving must be selected.**





Putnam Valley Elementary School




Coat Drive



NOV 16TH - DEC 15TH

DROP OFF-LOCATION:
PUTNAM VALLEY ELEMENTARY SCHOOL

All donated items will be delivered to
Putnam CAP to benefit families within our
community.



For more information about the
resources through CAP visit:
<https://www.putnamcap.org/>

**DONATE
NEW
COATS, HATS,
GLOVES, MITTENS
AND SCARVES**



Free event!

Please join us for the PTA hosted PVES Frost Fest 2023



Saturday, December 9, 2023

1:00 - 3:00 PM PVES Auditorium

Holiday
Vendors

Raffles &
Prizes

Crafts

DJ

Games

Volunteer here:
[http://bit.ly/PVES
FrostFest2023](http://bit.ly/PVESFrostFest2023)

Treats



Please consider bringing an unwrapped gift to support the Ana Grace Project!
(<https://anagraceproject.org>)



Vendors Wanted for the PTA hosted PVES Frost Fest 2023 Holiday Market

Saturday, December 9, 2023

1:00 - 3:00 PM in the PVES Auditorium



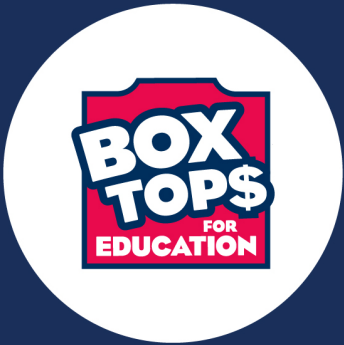
If interested, please email us at
putnamvalleypta@gmail.com



Must provide your own table - one chair included
\$30 per table

Showcase your products or services to hundreds of
families at our indoor holiday market during the
PVES Frost Fest 2023





BOX TOPS

HOLIDAY EDITION 2023

Easy ways to make a difference for your school.

Please contact Melissa Keeler mkeeler@pvcsd.org with any questions



YOU CAN MAKE A BIG DIFFERENCE

Low-income schools receive approximately \$1000 less per student in state and local funding, which contributes to lost opportunities for those students.

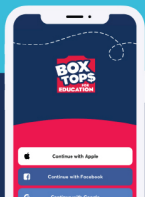
During the holiday season, Box Tops is encouraging participants to switch their settings in the Box Tops app to support a school in need for a week (or more!).

Follow these steps in the app to support a school in need near you:



HOLIDAY TIMESAVERS THAT GIVE BACK

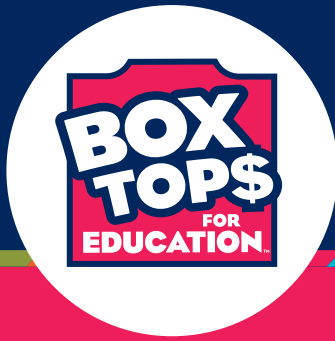
Stock up on Box Tops products before the holiday season starts! So many of our delicious, versatile products are perfect for helping save time in the kitchen as you prep for your seasonal celebrations. Just **don't forget to scan your receipt** as the holiday season gets busier and busier.



GET THE BOX TOPS APP & START EARNING FOR YOUR SCHOOL TODAY!



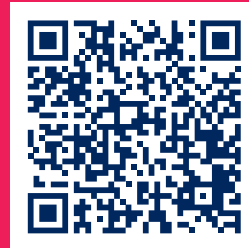
Please contact Melissa Keeler mkeeler@pvcsd.org with any questions



WE'RE A BOX TOPS FOR EDUCATION™ SCHOOL!

For over 25 years, Box Tops for Education has given nearly \$1 billion to schools nationwide, 10 cents at a time. Every kid deserves a chance to reach their full potential, and Box Tops can help us close the funding gaps in our school.

Scan the code to download the Box Tops app and start earning for our school today!



BUY BOX TOPS PRODUCTS



SCAN YOUR RECEIPT



EARN CASH FOR YOUR SCHOOL

LEARN MORE AT BTFE.COM