

# Lunch Menu

Putnam Valley Elementary School

November 2023

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES  
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

6 Chicken Nuggets  
Crispy Potato Puffs  
Steamed Carrots  
Or  
Turkey & Cheese  
Sandwich  
Or Crispy Chicken  
Garden Salad 🍌  
And Diced Peach Cup

7 **SCHOOL CLOSED TODAY**

8 Pasta with Meat Sauce 🍌  
All With Steamed  
Broccoli  
Or Side Garden Salad  
Diced Peach Cup  
Turkey & Cheese  
Sandwich  
Crispy Chicken Garden  
Salad 🍌

9 Crispy Tacos  
Or Soft Tacos  
With Sweet Corn  
And Confetti Black Bean  
Salad  
And Mild Salsa  
Diced Peach Cup  
Turkey & Cheese  
Sandwich  
Crispy Chicken Garden  
Salad 🍌

10 **IT'S VETERANS DAY**

13 Cheesy Stuffed Bread  
Sticks 🍌  
Marinara Sauce Dip  
And Green Beans  
Strawberry Cup  
Ham & Cheese  
Sandwich P  
Chicken Caesar Salad  
🍌

14 Crispy Popcorn Chicken  
All With BBQ Sauce  
And Seasoned Rice  
Baked Sweet Potatoes  
Or Green Beans  
Strawberry Cup  
Ham & Cheese  
Sandwich P  
Chicken Caesar Salad  
🍌

15 Cheeseburger  
With Baked Beans  
Or Oven Baked Fries  
And Side Garden Salad  
Or Strawberry Cup  
Ham & Cheese  
Sandwich P  
Chicken Caesar Salad  
🍌

16 Cinnamon French Toast  
🍌  
With Syrup  
And Egg Patty  
With Sautéed Cinnamon  
Apple Slices  
Or Strawberry Cup  
And Fresh Baby Carrots  
Ham & Cheese  
Sandwich P  
Chicken Caesar Salad

17 Cheese Pizza 🍌  
With Side Garden Salad  
Or Cucumber Coins  
Strawberry Cup  
Ham & Cheese  
Sandwich P  
Chicken Caesar Salad  
🍌  
Diced Peach Cup  
Turkey & Cheese  
Sandwich

20 Grilled Cheese  
Sandwich 🍌  
With Tomato Soup  
Or Sweet Corn  
And Sliced Apples  
Turkey & Cheese  
Sandwich  
Buffalo Chicken Salad  
Dinner Rolls 🍌

21 Crispy Chicken  
Sandwich  
All With BBQ Sauce  
And Glazed Carrots  
And Sliced Apples  
Turkey & Cheese  
Sandwich  
Buffalo Chicken Salad  
with Dinner Rolls 🍌

22 **SCHOOL CLOSED TODAY**

23 **THANKSGIVING DAY**

24 **SCHOOL CLOSED TODAY**

27 Homemade Pasta &  
Broccoli with Garlic &  
Oil 🍌  
Pasta with Sauce 🍌  
With Broccoli  
And Fruit Salad  
Or Ham & Cheese  
Sandwich P  
Or Crispy Chicken  
Garden Salad 🍌

28 Chicken Nuggets  
With Brown Rice  
And Steamed Carrots  
Or Chickpea Salad  
And Fruit Salad  
Ham & Cheese  
Sandwich P  
Crispy Chicken Garden  
Salad 🍌

29 Homemade Pasta &  
Meatballs 🍌  
With Grated Parmesan  
Cheese  
And Steamed Broccoli  
Or Side Garden Salad  
And Sliced Apples  
Ham & Cheese  
Sandwich P  
Crispy Chicken Garden  
Salad 🍌

30 Soft Tacos  
All With Sweet Corn  
And Confetti Black Bean  
Salad  
And Mild Salsa  
Sliced Apples  
Ham & Cheese  
Sandwich P  
Crispy Chicken Garden  
Salad 🍌

Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA)

civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Lunch Price is \$2.70 for paid meals and \$5.50 for Adult meals + tax.

All meal include: Entree, Vegetables, Fruit, Juice & Milk.

Allergies: please speak with the School Nurse

Questions: Please contact

Vegetarian, Gluten Free, Made With Natural Ingredients  
Candrea Renk  
candrea@whitsons.com

Items Available Daily:

Sunbutter & Jelly Sandwich on WG Bread, or American Cheese Sandwich on WG Bread

Bagel Meal = WG Bagel, Yogurt Cup, Cream Cheese or Butter w. Cheese Stick

100% Fruit Juice - 4oz

Choice of Hormone/ Antibiotic Free Milk in 1%, Skim or Chocolate Milk

Hand and Cupped Fruit

Side Salad or Bagged, Uncooked Vegetable



# Breakfast Menu

Putnam Valley Elementary School

November 2023

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES  
WWW.WHITSONS.COM


















Monday

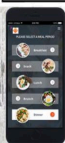
Tuesday

Wednesday

Thursday

Friday

|   |   |  |   |  |
|---|---|--|---|--|
|   |   | 1 Fluffy Whole Grain Waffles  Syrup<br><br>○<br><i>Waffle Wednesday</i>   | 2 Egg and Cheese Sandwich    | 3 Apple Strudel   |
| 6 Blueberry Muffin <br><br><i>Muffin Monday!</i>       | 7 <b>SCHOOL CLOSED TODAY</b>                            | 8 Fluffy Whole Grain Waffles  Syrup<br><br><i>Waffle Wednesday</i>        | 9 Sausage, Egg and Cheese Sandwich  | 10                |
| 13 Blueberry Muffin <br><br>○<br><i>Muffin Monday!</i> | 14 Strawberry Pop Tart Or Brown Sugar Cinnamon Pop Tart | 15 Fluffy Whole Grain Waffles  Syrup<br><br>○<br><i>Waffle Wednesday</i> | 16 Egg and Cheese Sandwich <br><b>MIGHTY MILK DAY</b><br>Choose a milk, Drink it Up!<br>If you have a sticker, you win a prize! | 17 Apple Strudel  |
| 20 Blueberry Muffin <br><br><i>Muffin Monday!</i>    | 21 Strawberry Pop Tart Or Brown Sugar Cinnamon Pop Tart | 22    | 23   | 24              |
| 27 Blueberry Muffin <br><br><i>Muffin Monday!</i>    | 28 Strawberry Pop Tart Or Brown Sugar Cinnamon Pop Tart | 29 Fluffy Whole Grain Waffles  Syrup<br><br><i>Waffle Wednesday</i>     | 30 Bacon, Egg and Cheese Breakfast Sandwich    |  |



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA)

civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Meal Pricing: Paid meal \$1.50 and adults \$3.00 + tax.

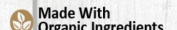
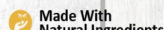
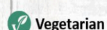
**\*\* if your student qualifies for free/ reduced, they also qualify for free/ reduced breakfast \*\***

Questions: please contact Sandra Renken at [renkens@whitsons.com](mailto:renkens@whitsons.com)

### Additional Daily Offerings:

WG Bagel w. Cream Cheese or Butter  
Assorted WG Cereals w. Cheese Stick or Graham Cracker. Fresh hand or Cut fruit; 100 % Fruit Juice and Milk (all milk is Antibiotic/ Hormone Free - 1% Skim and Chocolate)

**Reimbursable Meal:** At least 4 components are offered and **3 must be selected. A 1/2 fruit serving must be selected.**



October 2023

Dear Parent(s)/Guardian(s),

Please join us in our annual Thanksgiving Food Drive, a school-wide celebration of sharing, caring, and giving. The goal of this project is to create over thirty dinners that will be distributed to members of the community during this holiday season and to teach our students about caring, sharing, and giving. Each dinner will include a variety of foods, and each student will be encouraged to donate at least one item from the menu. Food collection will begin Monday, October 30th and continue through Monday, November 13th. All items will then be delivered to the Putnam Valley Food Pantry for distribution to Putnam Valley families. If you work for a company that would be interested in participating in a monetary donation for the Putnam Valley Food Pantry please contact [mcalhoun@pvcasd.org](mailto:mcalhoun@pvcasd.org).



Thank you in advance for your participation in this project, and we wish all of you a very happy holiday season. **Below is a list of food requested and needed by the Putnam Valley Food Pantry.**

Sincerely,  
The Character Education and Diversity Committee

**\*Please no expired, crushed, or dented items**

| <u>Most Needed Food Items</u>  | <u>Additional Items</u>  |
|--|--|
| <p><u>Peanut butter</u></p> <p><u>Jelly</u></p> <p><u>Cake Mix</u></p> <p><u>Pie Crust Mix</u></p> <p><u>Soup</u></p> <p><u>Cereal</u></p> <p><u>Juice</u></p> <p><u>Pie filling</u></p> <p><u>Rice</u></p> <p><u>Coffee</u></p> <p><u>Tea</u></p> | <p><u>Stuffing</u></p> <p><u>Canned Sweet Potatoes</u></p> <p><u>Canned Cranberry Sauce</u></p> <p><u>Canned Gravy</u></p> <p><u>Corn Bread/Muffin Mix</u></p> <p><u>Hot Chocolate</u></p> <p><u>Cookies</u></p> <p><u>Jello</u></p> |

Octubre 2023

Estimados padres/tutores:



Únase a nosotros en nuestra colecta anual de alimentos de Acción de Gracias, una celebración en toda la escuela de compartir, cuidar y dar. El objetivo de este proyecto es crear más de treinta cenas que se distribuirán a los miembros de la comunidad durante esta temporada navideña y enseñar a nuestros estudiantes a cuidar, compartir y dar. Cada cena incluirá una variedad de alimentos y se alentará a cada estudiante a donar al menos un artículo del menú. **La recolección de alimentos comenzará el lunes 30 de octubre y continuará hasta el lunes 13 de noviembre.** Luego, todos los artículos se entregarán a Putnam Valley Food Pantry para su distribución a las familias de Putnam Valley. Si trabaja para una empresa que estaría interesada en participar en una donación monetaria para Putnam Valley Food Pantry, comuníquese con [mcalhoun@pvcasd.org](mailto:mcalhoun@pvcasd.org).

Gracias de antemano por su participación en este proyecto y les deseamos a todos unas muy felices fiestas. A continuación se muestra una lista de los alimentos solicitados y necesarios por Putnam Valley Food Pantry.

Atentamente,

El Comité de Diversidad y Educación del Carácter

\*No se permiten artículos caducados, aplastados o abollados.

| <b>Alimentos más necesarios</b>   | <b>Artículos adicionales</b>  |
|---|---|
| <ul style="list-style-type: none"><li>● Mantequilla de maní</li><li>● Gelatina</li><li>● Mezcla para pastel</li><li>● Mezcla de corteza de pastel</li><li>● Sopa</li><li>● Cereal</li><li>● Jugo</li><li>● Relleno de pay</li><li>● Arroz</li><li>● Café</li><li>● Té</li></ul> | <ul style="list-style-type: none"><li>● Relleno</li><li>● batatas enlatadas</li><li>● Salsa de arándanos enlatada</li><li>● Salsa enlatada</li><li>● Mezcla de pan de maíz y muffins</li><li>● Chocolate caliente</li><li>● Galletas</li><li>● gelatina</li></ul> |



# PVES DIRECTORY



## Join the PVES 23-24 Directory!

- **Connect with other parents**
- **Use the directory for birthday invitations and play dates**
- **Scan the QR code or use the link below to complete it!**



**Join the directory here:  
[bit.ly/PVESDirectory23-24](https://bit.ly/PVESDirectory23-24)**

PV TIGER PRINT CROC AND  
SNEAKER CHARMS ARE HERE!



\$7 EACH



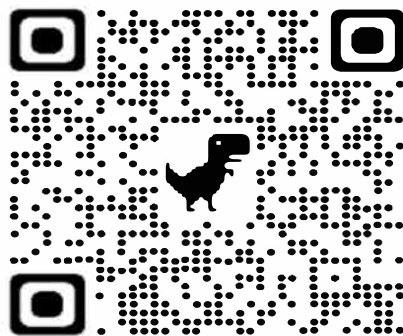
\$10 EACH

SHOW YOUR PV PRIDE AND  
SUPPORT THE PV PTA!

ORDER HERE:

[HTTPS://BIT.LY/PVPTAEVENTS](https://bit.ly/pvptaevents)

JOIN THE  
PTA HERE





# PVES Picture Retake Day!



Date: Thursday, November 2

Note: Parents MUST email

[pvpictureday@gmail.com](mailto:pvpictureday@gmail.com) to request a retake!



# ORDER YOUR PUTNAM VALLEY SPIRITWEAR TODAY!

These shirts are great for PV Pride Day, field trips, school events, and every day use.  
Remember to include your brothers, sisters, and grown ups at home!

**ORDER DEADLINE: FRIDAY, NOVEMBER 3, 2023**

NO orders will be accepted after the deadline.

## ORDER INFORMATION

NAME: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

GRADE: \_\_\_\_\_

TEACHER: \_\_\_\_\_

TOTAL # OF GARMENTS ORDERED: \_\_\_\_\_

TOTAL AMOUNT DUE:



Left Chest  
**FRONT**



**BACK**

Design will be in white with  
the exception of the tiger.

## PAYMENT METHODS

### CASH OR CHECK

Checks made payable to the Putnam Valley PTA  
Please send your order form and payment in an  
envelope addressed to PVPTA. Thank you.

### MANUFACTURER'S SIZE DESCRIPTION

| SHIRTS |        |       |
|--------|--------|-------|
| YOUTH  | YOUTH  | YOUTH |
| SMALL  | MEDIUM | LARGE |
| 6-8    | 10-12  | 14-16 |

Because these are custom made items,  
we cannot accept returns or exchanges  
for incorrect size and color ordered.

### HOODED SWEATSHIRT

ROYAL BLUE  
POLY/COTTON BLEND  
YOUTH \$33.00  
ADULT \$35.00  
XXL \$37.00

#### YOUTH SIZES

| SIZE | QUANTITY |
|------|----------|
| Y-S  |          |
| Y-M  |          |
| Y-L  |          |

#### ADULT SIZES

| SIZE | QUANTITY |
|------|----------|
| SM   |          |
| M    |          |
| L    |          |
| XL   |          |
| XXL  |          |

### TIE-DYE

ROYAL BLUE  
100% HEAVY WEIGHT COTTON  
YOUTH \$25.00  
ADULT \$27.00  
XXL \$29

#### YOUTH SIZES

| SIZE | QUANTITY |
|------|----------|
| Y-S  |          |
| Y-M  |          |
| Y-L  |          |

#### ADULT SIZES

| SIZE | QUANTITY |
|------|----------|
| SM   |          |
| M    |          |
| L    |          |
| XL   |          |
| XXL  |          |

### DRI-FIT STYLE TEE

ROYAL BLUE  
POLY/COTTON BLEND  
YOUTH \$22.00  
ADULT \$ 24.00  
XXL \$26.00

#### YOUTH SIZES

| SIZE | QUANTITY |
|------|----------|
| Y-S  |          |
| Y-M  |          |
| Y-L  |          |

#### ADULT SIZES

| SIZE | QUANTITY |
|------|----------|
| SM   |          |
| M    |          |
| L    |          |
| XL   |          |
| XXL  |          |

### TEE SHIRT

ROYAL BLUE  
100 % COTTON  
YOUTH \$20  
ADULT \$22.00  
XXL \$24.00

#### YOUTH SIZES

| SIZE | QUANTITY |
|------|----------|
| Y-S  |          |
| Y-M  |          |
| Y-L  |          |

#### ADULT SIZES

| SIZE | QUANTITY |
|------|----------|
| SM   |          |
| M    |          |
| L    |          |
| XL   |          |
| XXL  |          |



# Come, Paint, & Create

## Plates and Platters



## Boxes



## Bowls



\*Come in the day of the event to pick from available molded ceramic item(s) to paint and design using ceramic glazes  
(First Come First Serve)

\*Plan to spend at least an hour painting

\*The completed piece(s) will be fired, you will receive an email when items are ready, then you can come pick up your masterpiece(s)

\*All glazes are food safe

\*All proceeds from the event will be used for the Art Club Scholarship and donated to a charity of the club members choosing

\*Location: PVHS Room 113

\*RSVP to let us know you are coming any time before November 4th \*Walk-ins are also welcome!

\*Payments can be made to PVHS Art Club on the day of the sale

\*Contact: Jen Armbruster, Art Club Advisor at [jarmbruster@pvcasd.org](mailto:jarmbruster@pvcasd.org) to RSVP or with any questions

## Decorative Objects



## Mugs



## Figurines



Saturday,  
November 4, 2023  
10am-3pm

PUTNAM VALLEY PARKS & RECREATION

# ART CLASS

PV ELEMENTARY STUDENTS K-2ND GRADE

MONDAYS

NOVEMBER 20TH - DECEMBER 18TH

3:30PM-4:30PM

\$125

PER CHILD



LEARN TO LOVE ART! WE WILL USE & INTRODUCE AGE APPROPRIATE, BASIC, DIFFERENT & NEW MEDIUMS, TECHNIQUES & EXPLORE ART TRENDS. EACH WEEK YOUR CHILD WILL TAKE HOME A COMPLETED ART PIECE, INCLUDING SPECIAL HOLIDAY PROJECTS.

REGISTER & PAY BY NOV. 13TH

WWW.PVPR.COM - (845)526-3292





PUTNAM VALLEY PARKS & RECREATION  
**Intro to Piano**

**SESSION #2**

PV ELEMENTARY SCHOOL STUDENTS  
1ST - 4TH GRADE



**FRIDAYS**



3:30PM - 4:15PM

NOVEMBER 3RD - DECEMBER 22ND

**\$175 PER CHILD**

"STUDENTS WILL BE INTRODUCED TO NOTE READING BY PLAYING FAMILIAR CHILDREN'S SONGS. A GREAT WAY FOR YOUR CHILD TO BE INTRODUCED TO AND TO BEGIN TO LEARN THE PIANO AND THE ART OF MUSIC. SESSIONS ARE PROGRESSIVE; YOUR CHILD CAN CONTINUE TO TAKE THE CLASS AND PICK UP WHERE THEY LEFT OFF. KEYBOARDS ARE AVAILABLE TO USE - NO RENTALS ARE NEEDED."

**THIS IS SESSION #2 - ALL STUDENTS THAT WERE IN SESSION #1 NEED TO SIGNUP AGAIN.**

**REGISTER & PAY BY OCT. 30TH - WWW.PVPR.COM - (845)526-3292**