

# Lunch Menu

Putnam Valley Elementary School

April 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES  
WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
1 <b>SPRING BREAK! SCHOOL CLOSED</b>	2 <b>SPRING BREAK! SCHOOL CLOSED</b>	3 <b>SPRING BREAK! SCHOOL CLOSED</b>	4 <b>SPRING BREAK! SCHOOL CLOSED</b>	5 <b>SPRING BREAK! SCHOOL CLOSED</b>
8 Cheesy Stuffed Bread Sticks 🌱 With Marinara Sauce Dip Turkey & Cheese Sandwich Green Beans Crispy Potato Puffs Diced Peach Cup Apple Slices	9 Chicken Nuggets Turkey & Cheese Sandwich Crispy Chicken Garden Salad 🍷 Oven Baked Fries Glazed Carrots Fresh Baby Carrots Diced Peach Cup Apple Slices	10 Pasta with Meat Sauce 🍷 Turkey & Cheese Sandwich Crispy Chicken Garden Salad 🍷 Fresh Baby Carrots All With Steamed Broccoli Or Side Garden Salad Diced Peach Cup Apple Slices	11 Crispy Tacos Or Soft Tacos Turkey & Cheese Sandwich Crispy Chicken Garden Salad 🍷 With Sweet Corn And Confetti Black Bean Salad And Mild Salsa Diced Peach Cup Apple Slices	12 Pepperoni Pizza 🍷 🍷 Turkey & Cheese Sandwich Crispy Chicken Garden Salad 🍷 Or Side Garden Salad Fresh Baby Carrots And Diced Peach Cup Apple Slices <b>Homemade Pizza!</b>
15 Pasta with Sauce And Grated Parmesan Cheese Ham & Cheese Sandwich 🍷 And Green Beans Strawberry Cup Apple Slices	16 Crispy Popcorn Chicken All With BBQ Sauce Ham & Cheese Sandwich 🍷 Chicken Caesar Salad 🍷 Sweet Potato Fries Steamed Broccoli Strawberry Cup Apple Slices	17 Cheeseburger Or NY Beef Burger Ham & Cheese Sandwich 🍷 Chicken Caesar Salad 🍷 With Baked Beans Oven Baked Fries Side Garden Salad Strawberry Cup Apple Slices	18 Cinnamon French Toast 🌱 With Syrup And Egg Patty Ham & Cheese Sandwich 🍷 Chicken Caesar Salad 🍷 With Sautéed Cinnamon Apple Slices And Fresh Baby Carrots Strawberry Cup	19 Cheese Pizza 🌱 🍷 Ham & Cheese Sandwich 🍷 Chicken Caesar Salad 🍷 With Side Garden Salad Or Cucumber Coins Strawberry Cup Apple Slices
22 <b>SCHOOL CLOSED TODAY</b>	23 Crispy Chicken Sandwich All With BBQ Sauce Turkey & Cheese Sandwich Buffalo Chicken Salad with Dinner Rolls 🍷 Glazed Carrots Baked Potato Wedges Apple Slices Diced Peach Cup	24 Beef Hot Dog on Bun Buffalo Chicken Salad with Dinner Rolls 🍷 And Steamed Broccoli Or Side Garden Salad Crispy Potato Puffs Apple Slices Diced Peach Cup	25 Nachos Grande 🍷 Turkey & Cheese Sandwich Buffalo Chicken Salad with Dinner Rolls 🍷 Sweet Corn Confetti Black Bean Salad Mild Salsa Apple Slices Diced Peach Cup	26 Cheese Pizza 🌱 🍷 Turkey & Cheese Sandwich Buffalo Chicken Salad with Dinner Rolls 🍷 Side Garden Salad Fresh Baby Carrots Apple Slices Diced Peach Cup <b>Homemade Pizza!</b>
29 Cheesy Stuffed Bread Sticks 🌱 Marinara Sauce Dip Ham & Cheese Sandwich 🍷 Crispy Potato Puffs Sweet Corn Diced Peach Cup Apple Slices	30 Mozzarella Stick & Chicken Nugget Combo Meal 🍷 Ham & Cheese Sandwich 🍷 Crispy Chicken Garden Salad 🍷 All With Steamed Broccoli Baked Beans Diced Peach Cup Apple Slices			



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA)

civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Lunch Price is \$2.70 for paid meals and \$5.50 for Adult meals + tax.

All meal include: *Entree, Vegetables, Fruit, Juice & Milk.*

Allergies: please speak with the School Nurse

Questions: Please contact

Vegetarian 🌱 Made With Natural Ingredients 🍷  
Candrea Renk  
c.renk@whitsons.com

Items Available Daily:

Sunbutter & Jelly Sandwich on WG Bread, or American Cheese Sandwich on WG Bread

Bagel Meal = WG Bagel, Yogurt Cup, Cream Cheese or Butter w. Cheese Stick

100% Fruit Juice - 4oz

Choice of Hormone/ Antibiotic Free Milk in 1%, Skim or Fat Free Chocolate Milk

Hand and Cupped Fruit

Side Salad or Bagged, Uncooked Vegetable<sup>th</sup>




















# Breakfast Menu

Putnam Valley Elementary School

April 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES  
WWW.WHITSONS.COM

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8 Blueberry Muffin  Or WG Cherry Muffin  Or Chocolate Chip Muffin   <i>Muffin Monday!</i>	9 Strawberry Pop Tart Or Brown Sugar Cinnamon Pop Tart	10 Mini Cinnamon Pull Apart Roll 	11 Sausage, Egg and Cheese Sandwich	12 Mini Cinnamon Pull Apart Roll 
15 Blueberry Muffin  Or Chocolate Chip Muffin  Or WG Cherry Muffin   <i>Muffin Monday!</i>	16 Strawberry Pop Tart Or Brown Sugar Cinnamon Pop Tart	17 WW Honey Bun 	18 Egg and Cheese Sandwich 	19 Apple Strudel 
22  <i>School Closed Today</i>	23 Strawberry Pop Tart Or Brown Sugar Cinnamon Pop Tart	24 Mini Cinnamon Pull Apart Roll 	25 Bacon, Egg and Cheese Breakfast Sandwich 	26 Mini Cinnamon Pull Apart Roll 
29 Blueberry Muffin  Or WG Cherry Muffin  Or Chocolate Chip Muffin   <i>Muffin Monday!</i>	30 Strawberry Pop Tart Or Brown Sugar Cinnamon Pop Tart			



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\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

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Meal Pricing: Paid meal \$1.50 and adults \$3.00 + tax.

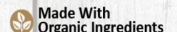
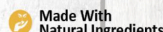
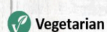
**\*\* if your student qualifies for free/ reduced, they also qualify for free/ reduced breakfast \*\***

Questions: please contact Sandra Renken at [renkens@whitsons.com](mailto:renkens@whitsons.com)

### Additional Daily Offerings:

WG Bagel w. Cream Cheese or Butter  
Assorted WG Cereals w. Cheese Stick or Graham Cracker. Fresh hand or Cut fruit; 100 % Fruit Juice and Milk (all milk is Antibiotic/ Hormone Free - 1%; Skim and Fat Free Chocolate)

**Reimbursable Meal:** At least 4 components are offered and **3 must be selected**. A 1/2 fruit serving must be selected.





PUTNAM VALLEY  
ELEMENTARY SCHOOL

# ORDER YOUR PVES FIELD DAY SHIRT TODAY!

**ORDER DEADLINE: FRIDAY APRIL 26, 2024**

NO orders will be accepted after the deadline.

Order Online at: [www.apparelbyteam.com](http://www.apparelbyteam.com)

**\*If you order online please DO NOT submit a paper form.**

**Paper order forms: Cash or Check payable to: A Team Apparel LLC**

### MANUFACTURER'S SIZE DESCRIPTION

#### SHIRTS

YOUTH SMALL  
6-8

YOUTH MEDIUM  
10-12

YOUTH LARGE  
14-16

Because these are custom made items, we cannot accept returns or exchanges for incorrect size and color ordered.

**Please enter a QUANTITY on the line, NOT an X**

### KINDER

YELLOW SHIRT

Youth Sm \_\_\_\_\_

Youth M \_\_\_\_\_

Youth L \_\_\_\_\_

### 1ST GRADE

GREEN SHIRT

Youth Sm \_\_\_\_\_

Youth M \_\_\_\_\_

Youth L \_\_\_\_\_

### 2ND GRADE

RED SHIRT

Youth Sm \_\_\_\_\_

Youth M \_\_\_\_\_

Youth L \_\_\_\_\_

### 3RD GRADE

ORANGE SHIRT

Youth Sm \_\_\_\_\_

Youth M \_\_\_\_\_

Youth L \_\_\_\_\_

### 4TH GRADE

BLUE SHIRT

Youth Sm \_\_\_\_\_

Youth M \_\_\_\_\_

Youth L \_\_\_\_\_

**ADULT SIZES AVAILABLE: SM-XL, 2XL=\$2.50, 3XL+\$3.50, 4XL+\$4.50**

**PLEASE CIRCLE COLOR: RAINBOW TIE-DYE YELLOW GREEN RED ORANGE BLUE**

**SIZE: \_\_\_\_\_ QUANTITY: \_\_\_\_\_**

CHILD'S NAME: \_\_\_\_\_ PHONE #: \_\_\_\_\_

HOMEROOM TEACHER: \_\_\_\_\_ GRADE: \_\_\_\_\_

# OF SHIRTS ORDERED: \_\_\_\_\_ TOTAL AMOUNT DUE: \_\_\_\_\_



*Putnam Valley Booster Club Presents*

## Putnam Valley

# **GIRLS IN SPORTS DAY**

Come join the PVHS Coaches and Athletes share their love of sports!

Participants will rotate in groups by grade through a variety of sports.

Each participant will receive a t-shirt included in the registration fee!

**BASKETBALL**

**CHEERLEADING**

**FIELD HOCKEY**

**LACROSSE**

**SOCCER**

**SOFTBALL**

**TRACK & FIELD**

**VOLLEYBALL**

**WRESTLING (5/6 ONLY)**

**DATE:** Sunday, May 5th

**REGISTER ONLINE!**

**TIME:** 9 AM - 3 PM

**WHERE:** PVHS Turf

**GRADES:** K-6th

**FEE:** \$20

**DUE:** Monday, April 15th

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### PARTICIPANT INFORMATION

Participant Name: \_\_\_\_\_

Grade: \_\_\_\_\_ School: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

E-Mail: \_\_\_\_\_

Parent/Guardian permission to photograph participant:  YES  NO

T- Shirt Size (check one):

YS

YM

YL

YXL

Adult S

Adult M

Form of Payment (check one - please include cash/check with this form when returned to school):

ZELLE (putnamvalleyboosterclub@gmail.com)  CHECK (Payable to PV BOOSTER CLUB)

CASH

**THIS IS NOT A DROP OFF EVENT. PARENT OR GUARDIAN MUST BE PRESENT.**



**PUTNAM VALLEY PARKS & RECREATION**

*Girls*  
**BASKETBALL  
CAMP**

**2ND - 6TH GRADE GIRLS  
(2024-2025 SCHOOL YEAR)**

**JULY  
8TH-12TH  
9AM - 2PM**



**\$200  
PER CAMPER  
(\$185 PER SIBLING)**

**PV MIDDLE SCHOOL GYM**

**JOIN MANHATTANVILLE COLLEGE STANDOUT, AMANDA ORLANDO, FOR A FUN WEEK OF BASKETBALL! LEARN THE FUNDAMENTALS & SKILLS TO BE THE NEXT SUPERSTAR! GIRLS WILL WORK ON BALL HANDLING, DRIBBLING, PASSING, SHOOTING, OFFENSE & DEFENSE, AS WELL AS SOME FRIENDLY COMPETITION!**

**REGISTER & PAY BY JULY 1ST - NO EXCEPTIONS!  
WWW.PVPR.COM - (845)526-3292**





# BOYS BASKETBALL CAMP

**DATE:** JULY 8TH - JULY 12TH

**TIME:** 9:00AM-2:00PM

**LOCATION:** PV HIGH SCHOOL GYM

**GRADE:** 4TH-8TH BOYS  
(2024-2025 SCHOOL YEAR)

**PRICE:** \$200 / \$185 FOR SIBLING

**BRING WATER BOTTLER & BAG LUNCH**

BASKETBALL CAMP IS FOR PLAYERS OF ALL ABILITIES. FUNDAMENTALS & SKILL DEVELOPMENT AT ALL LEVELS IS OUR PRIMARY FOCUS. CAMP WILL INCLUDE DAILY INDIVIDUAL WORK IN BALL HANDLING, DRIBBLING, PASSING, FORM SHOOTING, SETTING SCREENS, PICK & ROLLS, OFFENSE, DEFENSE & CONDITIONING. PLAYERS WILL COMPETE IN VARIOUS COMPETITIONS & GAMES WHICH WILL REINFORCE INDIVIDUAL SKILL WORK DURING CAMP.

**ADDITIONAL QUESTIONS:**  
PV VARSITY ASSISTANT COACH  
JD APOSTOLICO  
JDAPOSTOLICO@GMAIL.COM  
(914)523-9620



**REGISTER & PAY BY JULY 1ST - NO EXCEPTIONS!**  
**WWW.PVPR.COM - (845)526-3292**







PUTNAM VALLEY PARKS & RECREATION



# CHEERLEADING *Camp*

WEEK 1

**JULY 1ST-3RD**

9:00AM-3:00PM

GRADES

**1ST-8TH**

(2024-2025 SCHOOL YEAR)

WEEK 2

**JULY 15TH-19TH**

9:00AM-2:00PM



**PUTNAM VALLEY MIDDLE SCHOOL GYM**

*Week 1: \$145/CAMPER*

*Week 2: \$200/CAMPER*

*(\$15 SIBBLING DISCOUNT)*

**COACH: MICHELE MORAN**

**LEARN THE FUNDAMENTALS OF CHEERLEADING!  
CAMPER WILL LEARN DAILY CHEERS, DANCES &  
WORK ON STUNTING & TUMBLING!**

**CAMPER SHOULD WEAR SNEAKERS & BRING A  
WATER BOTTLE & BAGGED LUNCH DAILY.**



**REGISTER & PAY BY JUNE 24TH (WEEK 1) & JULY 8TH (WEEK 2)**  
**WWW.PVPR.COM - (845)526-3292**



PUTNAM VALLEY PARKS & RECREATION

# TENNIS CAMP

WEEK 1: AUG. 13TH -16TH | 9AM-12PM

WEEK 2: AUG. 19TH -23RD 9AM-12PM

BOYS & GIRLS - 7-14 YEARS OLD

WEEK 1  
**\$100**

*PV TOWN PARK*  
*TENNIS COURT*  
(\$15 SIBLING DISCOUNT)

WEEK 2  
**\$120**

JOIN USTA COACH KATY MORLEY FOR TENNIS CAMP!  
CAMPERS WILL LEARN BASIC TENNIS SKILLS, TO  
SHARPENING FORMS & SWINGS, WITH ALOT OF FUN! OPEN  
TO ALL LEVELS.



REGISTER & PAY BY AUG. 6TH (WEEK 1) & AUG. 12TH (WEEK 2)  
WWW.PVPR.COM - (845)526-3292





PUTNAM VALLEY PARKS & RECREATION

# LACROSSE CAMP



## 1ST - 6TH GRADE BOYS & GIRLS

(2024-2025 SCHOOL YEAR)

PVPR HAS PARTNERED UP WITH PV LACROSSE CLUB TO OFFER A SUMMER CAMP! CAMP IS FOR ALL ABILITIES & LEVELS. CAMPERS WILL WORK ON SKILLS & DRILLS AS WELL AS FRIENDLY COMPETITIONS!

PV TOWN PARK

**\$180 - EARLY BIRD RATE**

(MUST BE PAID BY MAY 31ST)

**\$200 - REGULAR RATE**

\$15 SIBLING DISCOUNT

CAMPERS RECEIVE PINNIE & BAG

**JULY**

**15TH-19TH**

9:00AM-12:00PM

**FULL EQUIPMENT NEEDED!**

REGISTER & PAY BY JULY 8TH - NO EXCEPTIONS!

WWW.PVPR.COM - (845)526-3292








# SUMMER VOLLEYBALL CLINIC

W/ COACH K

**TUESDAYS**  **JULY 9TH - AUG. 13TH**

 **PV TOWN PARK - JOHNSON FIELD**



-  **2ND & 3RD GRADE - 4:30PM-5:30PM**
-  **GROUP #1: 4TH-6TH GRADE - 5:30PM - 6:30PM**
-  **GROUP #2: 4TH-6TH GRADE - 6:30PM - 7:30PM**  
**(2023-2024 SCHOOL YEAR)**

**\$150**  
PER CHILD

**REGISTER ASAP TO SECURE YOUR TIME SLOT.  
ALL TIME SLOTS ARE EXPECTED TO FILL UP  
FAST SINCE WE ALL KNOW COACH K DON'T PLAY!**

**REGISTRATION & PAYMENT DUE BY JULY 2ND!**  
**MORE INFO: [WWW.PVPR.COM](http://WWW.PVPR.COM) - (845)526-3292**



# STEM 4 Girls

Introducing young women to STEM (Science, Technology, Engineering, and Mathematics) career paths

**FREE**

Who: 8-11 year old girls

What: STEM activities

When: Saturdays July 13th, 20th  
and 27th

Registration is due **June 15th**  
For more information please scan  
the QR code







# PUTNAM VALLEY VOLUNTEER AMBULANCE CORPS



# OPEN HOUSE

- Ambulance & Quarters Tours
- Medical Helicopter Landing\*
- Extrication Demo With PV Fire\*
- Equipment Demo
- Car Seat Checks
- Child Safe ID
- Narcan Training
- Bike Safety



Saturday, 12-4pm

# May 4th

218 Oscawana Lake Rd

\*Weather Permitting

The Prevention Council  
Of Putnam



Our Partners;



Putnam County  
Sheriff's Office  
Sheriff Kevin J. McConville



# Join MHA'S Taekwondo Workshops

**Workshop: Bullyproof and Confidence Building**

**Date: Saturday, April 27th**

**Time: 12:30pm**

**Workshop: Self-Defense**

**Date: Saturday, May 4th**

**Time: 12:30pm**

**Location: UMAC**

**114 Old Rte 6, Carmel Hamlet, NY 10512**

Workshops are available for ONLY Putnam County youth who are between the ages of 8-18

**SIGN UP FOR ONE OR FOR BOTH WORKSHOPS!**

**You must RSVP by April 19th to guarantee a spot (which are limited). Kindly email your child's name(s) & age to [info@mhaputnam.org](mailto:info@mhaputnam.org) or leave a message at (845) 278-7600 X203**

**These events are co-sponsored by The Putnam County Youth Bureau, the NYS Office of Children & Family Services, and the Mental Health Association in Putnam County**

**CHILDREN MUST BE  
ACCOMPANIED BY AN  
ADULT**

**MHA**  
**PUTNAM**  
Mental Health Association in Putnam County