

**31**

side items

**1**

**Hot Dog, Burgers, Veggie Burger**  
Grilled Cheese  
Premium cold cut sandwiches  
Pbj, chef salad

side items

**Fries, veggie beans**  
Fruit, fruit juice

**2**

**Chicken Patty**  
Chicken parm pizza, Pizza, grilled cheese  
Premium cold cut sandwiches  
Pbj, chicken caesar salad

side items

**Steamed carrots**  
Fruit, OJ juice

**3**

**Popcorn Chicken**  
Grilled Cheese  
Premium cold cut sandwiches  
Pbj, chicken ranch salad

side items

**Mashed potato**  
Fruit, Apple juice

**4**

**Meat or Cheese Quesadilla**  
Plain or Pepperoni Pizza  
Premium cold cut sandwiches  
Pbj, diced chicken salad

side items

**Rice**  
Fruit, Oj

**7**

**LABOR DAY**

side items

**8**

**Meatball Sub**  
Grilled Cheese, Pizza  
Premium cold cut sandwiches  
Pbj, tuna salad platter

side items

**Steamed carrots**  
Fruit, apple juice

**9**

**Cheesy Penne Bake**  
Chicken Patty & FF, Grilled Cheese, Pizza  
Premium cold cut sandwiches  
Pbj, Buffalo chicken salad

side items

**Campfire beans**  
Fruit punch, juice

**10**

**Hamburger/Cheeseburger**  
Grilled Cheese, Pizza  
Premium cold cut sandwiches  
Pbj, caesar salad

side items

**Baby carrots**  
Fruit, OJ

**11**

**Beef Ravioli with Dinner Roll**  
Grilled Cheese, Pizza  
Premium cold cut sandwiches  
Pbj, diced chicken salad

side items

**Steamed broccoli**  
Fruit, juice

**14**

**ROSH HASHANAH**

side items

**15**

**ROSH HASHANAH**

side items

**16**

**Orange Chicken with Rice**  
Grilled Cheese, Pizza  
Premium cold cut sandwiches  
Pbj, egg salad platter

side items

**Sweet potato ff**  
Fruit, apple juice

**17**

**Cheeseburger/Hamburger**  
Chicken Nuggets & FF, Grilled Cheese, Pizza  
Premium cold cut sandwiches  
Pbj, tuna salad platter

side items

**Baked beans**  
Fruit, OJ

**18**

**Pancakes with Syrup and Sausage**  
Chicken Patty, Grilled Cheese, Pizza  
Premium cold cut sandwiches  
Pbj, chicken caesar salad

side items

**Baby carrots**  
Fruit punch, fruit

**21**

**Pizza Crunchers**  
Grilled Cheese, Burger, Pizza  
Premium cold cut sandwiches  
Pbj, diced chicken salad

side items

**Golden corn, ff**  
Fruit, apple juice

**22**

**Chicken Mashed Potato Bowl**  
Grilled Cheese, Pizza  
Premium cold cut sandwiches  
Pbj, caesar salad

side items

**Steamed carrots**  
Fruit, OJ

**23**

**YOM KIPPUR**

side items

**24**

**Nachos**  
Chicken Tenders & FF, Grilled Cheese, Pizza  
Premium cold cut sandwiches  
Pbj, Diced chicken salad

side items

**Baby carrots**  
fruit, Apple juice

**25**

**Corn Dog, Hot Dog**  
Grilled Cheese, Pizza  
Premium cold cut sandwiches  
Pbj, chef salad

side items

**Fries, fresh Broccoli**  
fruit punch, fruit

**28**

**Spagetti and Meatballs**  
Grilled Cheese, Pizza  
Premium cold cut sandwiches  
Pbj, caesar salad

side items

**Tator tots**  
Fruit, OJ juice

**29**

**Pizza Crunchers**  
Chicken Patty & FF, Grilled Cheese, Pizza  
Premium cold cut sandwiches  
Pbj, Egg Salad Plater

side items

**Green beans,**  
fruit, Apple juice

**30**

**French Toast Sticks w/Sausage and Syrup**  
Chicken Nuggets, Grilled Cheese, Pizza  
Premium cold cut sandwiches  
Pbj, tuna salad platter

side items

**Sweet potato fries**  
Fruit punch, fruit

**1**

side items

**2**

side items



**Yogurt Parfait, Fresh Salad Specials  
Veggie Burgers**

Made with Healthy Whole Grains

Ovo-Lacto Vegetarian, may contain Egg & Milk

Local ingredients are always used when in season

Nutritional Messages may vary by school.



Healthy Choices, Healthy Snack Options



**Lunch \$2.60 Reduced .25c Adult \$3.51**

**WELCOME BACK!!!!**

Any concerns or question, let me know

**Cara Dimarsico**

Food service Director 526-7847 x1321