

## **Elementary School Lunch Menu**

September 2015

Chicken Nuggets

Chicken Caesar Wrap Diced Chicken Salad

side items

Baked, broccoli Apple juice

Hot Dog, Egg Salad Sandwich

Fries Egg salad platter

Steamed carrots Watermelon, fruit punch

Popcorn Chicken with Roll

> Turkey and cheese sandwich Chicken salad on a salad

side items

Mashed Potato, Corn

Pizza, Plain or Pepperoni

Salad with cucumbers, peppers and tomato

Ham and cheese sandwich Ruffalo chicken salad

side items Baby carrots

Apple juice

LABOR DAY

side items

side items

Chicken Tenders with Mashed Potato

Yogurt with bagel and string

Turkey and cheese sandwich Pbi. Garden salad with string cheese side items

Green beans

Fruit ,fruit juice

Pancakes with syrup and sausage

Yogurt with bagel and string Ham and cheese sandwich

Phi Diced Chicken Salad

Steamed carrots

Fruit, apple juice

Corn Dog, Hot Dog

Yogurt with bagel and string Turkey and cheese sandwich Pbj, Caesar Salad

side items

Fries OJ, fruit

Pizza, Plain or Pepperoni

Fruit, fruit juice

Yogurt with bagel and string

Ham and cheese sandwich Phi Foo Salad Platter

Broccoli

**ROSH HASHANAH** 

15

**ROSH HASHANAH** 

16

Waffles with syrup and sausage patty,

Yogurt with bagel and string Turkey and cheese sandwich Pbi. caesar salad

Green beans Fruit, apple juice

Popcorn chicken with

Yogurt with bagel and string Ham and cheese sandwich

Pbj, garden salad with string cheese

Baked beans Fruit, OJ juice

Pizza, Plain or Pepperoni Yogurt with bagel and string

Sliced chicken & cheese sandwich Pbi, Diced Chicken Salad

Baby carrots Fruit, fruit juice

French Toast with Sausage and Syrup

Yogurt with bagel and string Turkey and cheese sandwich Phi Buffalo Chicken Salad side items

Fries Fruit, OJ juice

Cheeseburger/burger

Yogurt with bagel and string Sliced chicken & cheese sandwich Pbj, Tuna Salad Platter

side items

Green beans Fruit, apple juice

YOM KIPPUR

side items

24

Popcorn Chicken

Yogurt with bagel and string Ham and cheese sandwich Pbj, Diced Chicken Salad

side items

Baked beans Fruit, friut juice Pizza Plain or

Pepperoni Yogurt with bagel and string

Turkey and cheese sandwich Phi Tuna Salad Platter

**Baby carrots** Fruit, apple juice

28

Pancakes w/Syrup and Sausage Yogurt with bagel and string

Sliced chicken & cheese sandwich Pbj, Caesar Salad, Green Beans

Fruit, OJ juice

Chicken Nuggets

Yogurt with bagel and string Ham and cheese sandwich

Pbj, garden Salad with string cheese and fruit side items

Tator tots

Fruit, apple juice

30

Corn Dog, Hot Dog

Yogurt with bagel and string

Turkey and cheese sandwich Pbj, egg salad platter

Fruit, fruit juice

Fries

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Healthy Snack Option, Healthy Everyday: Pretzel w/String Cheese or



Made with Healthy Whole Grains

Yogurt



Local ingredients are always used when in season Nutritional Messages may vary by school.



Ovo-Lacto Vegetarian, may contain Egg & Milk



side items

Lunch \$2.40 Reduced .25c Adult \$3.51

## **WELCOME BACK !!!!!!**

Any concerns or questions, let me know



**Cara Dimarsico** 

Food Service Director 526-7847 x1321



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