

side items

Middle School Lunch Menu

September 2016

WELCOME BACK

side items

31

side items

Chicken Nuggets w/ **Breadstick**

Burger, Pizza Grilled Cheese, Pbi Daily Salad Specials side items

French Fries Fruit, Juice

Nachos

Burger, Pizza, Chicken Patty Grilled Cheese, Pbj Daily Salad Specials

side items Green Beans Fruit, Juice

LABOR DAY

side items

Chicken Mash Potato Bowl w/Breadstick

Burger, Pizza Grilled Cheese, Pbi Daily Salad Specials

side items Corn Fruit, Juice

Waffles with Hash Brown, Sausage and Syrup

Burger, Pizza, Chicken Patty sandwich Daily Salad Spacials

BBQ Black Beans Fruit, Juice

Cheesy Baked Penne Burger, Pizza, Chicken Patty Grilled Cheese, Pbj Daily Salad Specials

Broccoli Fruit, Juice 9

Popcorn Chicken Bites w/ Breadsticks

Burger, Pizza Grilled Cheese, Pbi Daily Salad Specials

side items

Sweet Peas Fruit, Juice

Chicken Nuggets w/ Breadstick, Hot Dog

Burger, Pizza Grilled Cheese, Pbi Daily Salad Specials

French Fries Fruit, Juice

13

Salisbury Steak Beef Gravy & Roll, Corn Dog

Burger, Pizza, Chicken Patty sandwich
Grillad Chaese Phi

Green beans Fruit, Juice

Mozzerella Sticks w/Sauce

Burger, Pizza, Chicken Patty sandwich Grilled Cheese, Pbi Daily Salad Specials

Broccoli Fruit, Juice

Pancakes with Hash Brown, Sausage, and Syrup

Burger, Pizza, Chicken Patty sandwich

Fruit, Juice

side items

Sweet & Sour Popcorn Chicken & Broccoli

Burger, Pizza Grilled Cheese, Pbi

Tator Tots Fruit, Juice

Cheese Ravioli

Burger, Pizza, Chicken Patty Grilled Cheese, Pbj Daily Salad Specials

side items Broccoli

Fruit, Juice

20

Chicken Patty Sandwich, Nachos

Burger, Pizza Grilled Cheese, Pbj Daily Salad Specials

Baked Beans Fruit, Juice

21

Meatball Sub. Popcorn Chicken Bites w/ Breadsticks

Burger, pizza Grilled Cheese, Pbj

French Fries Fruit, Juice

22

Rotini w/ Italian Meat Sauce

Burger, Pizza, Chicken Patty sandwich Grilled Cheese, Pbi Daily Salad Specials side items

Corn Fruit, Juice

Mozzerella Sticks w/Sauce, Corn Dog

Burger, Pizza, Chicken Patty Grilled Cheese, Pbj Grilled Grieeso, . ..,
Daily Salad Specials

side items

Sweet Potato Fries Fruit Juice

26

Chicken Nuggets, Pizza Max Sticks

Burger, Pizza Grilled Cheese, Pbj Daily Salad Specials

Broccoli Fruit. Juice

Nachos, Hot Dogs

Burger, Pizza Grilled Cheese, Pbj Daily Salad Specials

Green Beans Fruit. Juice

side items

side items

Mac and Cheese

Burger, Pizza, Chicken Patty Grilled Cheese, Pbj Daily Salad Specials

Carrots Fruit. Juice 29

side items

side items

Chicken Tenders with Breadstick, Tacos

Burger, Pizza Daily Salad Specials Pbj, Grilled Cheese side items

Tator Tots Fruit, juice

30

Spaghetti with Meatballs Burger, Pizza, Chicken Patty

Grilled Cheese, Pbj Daily Salad Specials

Corn Fruit. Juice



Premium Cold Cuts, Fresh Fruit and Veggies, Daily Salad Specials



Local ingredients are always used when in season

side items

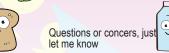


Ovo-Lacto Vegetarian. may contain Egg & Milk

Lunch \$2.75 Reduced .25c Adult \$3.61

Healthy Snack Options

Lunch Consists of Grain, Protein, fruit, Veggie and Milk.......You need to take a fruit or veggie to make it a complete meal



Cara Dimarsico

Food Service Director 526-7847 ext 1321



Nutritional Messages may vary by school.

This institution is an equal opportunity provider.