

side items

Elementary Lunch Menu

September 2016

29 WELCOME BACK 30

side items

31

side items

side items

Chicken Nuggets, Breadsticks

Yogurt w/Bagel or String Cheese Southwest Chicken Salad w/ Dinner Roll Salami & Cheese Sandwich, Pbj

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Fries
Pineapple Tidbits

2

Cheese Pizza
Yogurt w/Bagel or String Cheese
Chicken Salad w/ Roll
Bologna and Cheese Sandwich, Pbj

side items

Fruit Cup, Steamed Broccoli

5

LABOR DAY

side items

Popcorn Chicken

w/Breadstick

Yogurt w/Bagel or String Cheese Cucumber & Tomato Salad Bologna & Cheese Sandwich, Pbj

Vegetarian Baked Beans

Fresh Orange Wedges, Celery Sticks

Cheeseburger/Hambu rger/Hot Dog

Yogurt w/Bagel or String Cheese Tuna Salad w/ Roll Tuna Salad Sandwich, Pbj

Tator Tots Fresh Apple Mac and Cheese

Yogurt w/Bagel or String Cheese Chef Salad w/ Roll Bologna & Cheese Sandwich, Pbj

Green Beans

Baby Carrots, Applesauce

9

Cheese Pizza

Yogurt w/Bagel or String Cheese Chicken Caesar Salad Salami and Cheese Sandwich, Pbj

side items

Steamed Broccoli Diced Pears

12

Chicken Mashed Potato Bowl, Breadsticks

Yogurt w/Bagel or String Cheese Chicken Salad w/ Roll,

side iter

Golden Corn Pineapple Tidbits, Baby Carrots 13

Spaghetti & Meatballs w/ Sauce, Breadsticks

Yogurt w/Bagel or String Cheese Cucumber & Tomato Salad

Steamed Carrots Orange Wedges 14

Tacos

Yogurt w/Bagel or String Cheese Bologna& Cheese Sandwich Caesar Salad, Pbj

Campfire Beans

Fresh Banana, Celery Sticks

15

French Toast Sticks w/Sausage and Syrup

Yogurt w/Bagel or String Cheese Tuna Salad Sandwich, Pbj Tuna Salad Platter

Hash Brown

Baby Carrots, Applesauce

16

Pizza

Yogurt w/Bagel or String Cheese Salami & Cheese Sandwich, Pbj Chicken Caeser Salad

side items

Steamed Broccoli
Diced Pears, Carrot Sticks

19

Pancakes & Maple Syrup, Chicken Sausage Patty

Yogurt w/Bagel or String Cheese Cucumber & Tomato Salad

Hash Brown

Fresh Apple, Baby Carrots

20

Mozzerella Sticks with Sauce

Yogurt w/Bagel or String Cheese Chicken Caeser Salad Salami and Cheese Sandwich, Pbj

Green Beans

Fresh Orange Wedges

21

Chicken Nuggets, Breadsticks, Meatball Sub

Yogurt w/Bagel or String Cheese Southwest Chicken Salad

Tator Tots

Fresh Banana

22

Corn Dog/ Hot Dog

Yogurt w/Bagel or String Cheese Chicken Salad w/ Roll Salami & Cheese Sandwich, Pbj

side item

Kickin' Pintos

Apple Sauce, Celery Sticks

23

Yogurt w/Bagel or String Cheese Turkey & Cheese Sandwich, Pbj Chicken Caeser Salad

side items

Steamed Broccoli Diced Pears

26

Nachos

Yogurt w/Bagel or String Cheese Pretzel w/ Yogurt or String Cheese Chicken Caesar Salad, PBJ

side items

Bologne and Cheese Sandwich, Tots Fresh Banana, Baby Carrots, juice 27

Chicken Patty Sandwich, Corn Dog

Yogurt w/Bagel or String Cheese Cucumber & Tomato Salad Turkey & Cheese Sandwich

side item

side items

Charro Beans Fresh Orange Wedges, Celery Sticks 28

Pizza Sticks w/ Marinara Sauce

Yogurt w/Bagel or String Cheese Turkey & Cheese Sandwich Caesar Salad, Pbi

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Green Beans Diced Peaches, Baby Carrots 20

Chicken Nuggets, Breadsticks,

Yogurt w/Bagel or String Cheese Southwest Chicken Salad w/ Dinner Roll Salami & Cheese Sandwich, Pbj

Sweet Potatoes Fries
Pineapple Tidbits

30

Cheese Pizza

Yogurt w/Bagel or String Cheese Chicken Salad w/ Roll Chicken Salad Sandwich, Pbi

side ite

Fruit Cup, Steamed Broccoli

Lunch consists of a Grain, Protein, Fruit/Veggie and Milk Fat free, 1% and low fat Chocolate is available



Local ingredients are always used when in season



Ovo-Lacto Vegetarian, may contain Egg & Milk

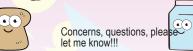
Nutritional Messages may vary by school.



Lunch \$2.55 Reduced .25c Adult \$3.61

Healthy Snack Options
Use myschoolbucks.com and add money to your

childs account



Cara Dimarsico

Food Service Director 526-7847 ext 1321

