


3 Rosh Hashanah <i>side items</i>	4 Rosh Hashanah <i>side items</i>	5 French Toast with Syrup and Sausage and Hashbrown Chicken Patty, Burger, Pizza Pbj, Grilled Cheese Baby carrots Fruit, juice	6 Pasta with Meatsauce Chicken Patty, Burger, Pizza Grilled Cheese, Pbj Green beans, Fruit, juice	7 Nachos Chicken Patty, Burger, Pizza Grilled Cheese, Pbj Steamed broccoli Fruit, juice
10 Columbus day <i>side items</i>	11 Yom Kippur <i>side items</i>	12 Yom Kippur <i>side items</i>	13 Chicken Nuggets, Meatball Sub Burger, Pizza Grilled Cheese, Pbj FF, Baked Beans Fruit, juice	14 Macaroni and Cheese Burger, Pizza Pbj Baby carrots
17 Chicken Mashed Potato Bowl Burger, Pizza Pbj, Grilled cheese Steamed Carrots fruit, juice	18 Cheesy Penne Bake, Chicken Quesadilla Chicken Nuggets, Burger, Pizza Pbj, Grilled cheese Campfire beans fruit, juice	19 Corn dog, Salisbury Steak w/Gravy Burger, Pizza Pbj, Grilled Cheese Broccoli Fruit, juice	20 Mozzarella Sticks with Sauce Chicken Patty, Burger, Pizza Pbj, Grilled Cheese Fries, Corn Fruit, juice	21 Chicken Tenders with Breadstick Burger, Pizza Pbj, Grilled Cheese Sweet potatoes Fruit, juice
24 Ravioli with Dinner Roll Popcorn Chicken, Burger, Pizza Pbj, Grilled Cheese Steamed broccoli Fruit, juice	25 Waffles with Syrup and Sausage and Hashbrown Chicken Patty, Burger, Pizza Pbj, Grilled Cheese Green beans, Fruit, juice	26 Tacos, Pizza Sticks w/Sauce Burger, Pizza Pbj, Grilled cheese Carrots Fruit, juice	27 Spaghetti and Meatballs Chicken Patty, Pizza Pbj, Grilled Cheese Tator tots Fruit, Juice	28 Chicken Nuggets, Nachos Burger, Pizza Grilled Cheese, Pbj FF, Baked Beans Fruit, juice
31 General Tso Chicken with Broccoli and Rice Burger, Pizza Pbj, Grilled cheese Sweet potato's Fruit, juice	1 <i>side items</i>	2 <i>side items</i>	3 <i>side items</i>	4 <i>side items</i>



Premium Cold Cuts
Pre order Sandwiches and Salads!!
Fresh Fruit

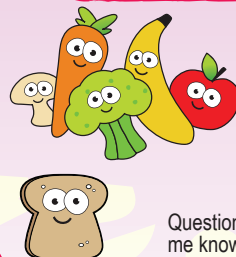
 Local ingredients are always used when in season

 Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

This institution is an equal opportunity provider.

Lunch \$2.75 Reduced .25c Adult \$3.61



Healthy Snack Options!!!

Lunch consists of Grain, Protein, Fruit/Veggie and Milk...Student must take a Fruit/Juice

Questions or concerns, let me know!



Cara Dimarsico
Food Service Director 526-7847 ext 1321

<p>3</p> <p>Rosh Hashanah</p> <hr/> <p><i>side items</i></p>	<p>4</p> <p>Rosh Hashanah</p> <hr/> <p><i>side items</i></p>	<p>5</p> <p>Egg and Cheese Sandwich Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt</p> <hr/> <p>Fresh Fruit, Juice Milk: Skim, 1%, Chocolate Skim</p>	<p>6</p> <p>Egg and Cheese Sandwich Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt</p> <hr/> <p>Fresh Fruit, Juice Milk: Skim, 1%, Chocolate Skim</p>	<p>7</p> <p>Egg and Cheese Sandwich Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt</p> <hr/> <p>Fresh Fruit, Juice Milk: Skim, 1%, Chocolate Skim</p>
<p>10</p> <p>Columbus day</p> <hr/> <p><i>side items</i></p>	<p>11</p> <p>Yom Kippur</p> <hr/> <p><i>side items</i></p>	<p>12</p> <p>Yom Kippur</p> <hr/> <p><i>side items</i></p>	<p>13</p> <p>Egg and Cheese Sandwich, Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt</p> <hr/> <p>Fresh Fruit, Juice Milk: Skim, 1%, Chocolate Skim</p>	<p>14</p> <p>Egg and Cheese Sandwich Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt</p> <hr/> <p>Fresh Fruit, Juice Milk: Skim, 1%, Chocolate Skim</p>
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<p>24</p> <p>Egg and Cheese Sandwich Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt</p> <hr/> <p>Fresh Fruit, Juice Milk: Skim, 1%, Chocolate Skim</p>	<p>25</p> <p>Egg and Cheese Sandwich Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt</p> <hr/> <p>Fresh Fruit, Juice Milk: Skim, 1%, Chocolate Skim</p>	<p>26</p> <p>Cheese & Sausage Roll Cheerios, Cinnamon Toast Crunch Brown Sugar Oatmeal, Cottage Cheese Cinnamon Toast</p> <hr/> <p>Fresh Fruit Cup, Applesauce, Orange Juice Milk: Skim, 1%, Chocolate Skim</p>	<p>27</p> <p>Egg and Cheese Sandwich Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt</p> <hr/> <p>Fresh Fruit, Juice Milk: Skim, 1%, Chocolate Skim</p>	<p>28</p> <p>Egg and Cheese Sandwich Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt</p> <hr/> <p>Fresh Fruit, Juice Milk: Skim, 1%, Chocolate Skim</p>
<p>31</p> <p>Egg and Cheese Sandwich Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt</p> <hr/> <p>Fresh Fruit, Juice Milk: Skim, 1%, Chocolate Skim</p>	<p>1</p> <hr/> <p><i>side items</i></p>	<p>2</p> <hr/> <p><i>side items</i></p>	<p>3</p> <hr/> <p><i>side items</i></p>	<p>4</p> <hr/> <p><i>side items</i></p>



Enjoy a Healthy Breakfast Daily Specials: Pancakes, Donuts, Bacon Egg and Cheese, Sausage Wrapped in Pancake, French toast,

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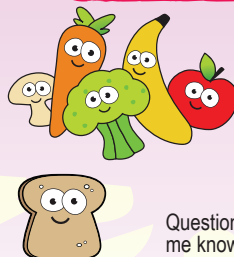
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Breakfast \$1.25 Reduced .25c

Healthy Snack Options!!!

Use MYSCHOOLBUCKS and add money to your child's account



Questions or concerns, let me know!



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