

3 Rosh Hashanah <i>side items</i>	4 Rosh Hashanah <i>side items</i>	5 Meatloaf w/Mashed Potatoes Beef Gravy & Roll Spaghetti Carbonara <small>Chicken Patty Sandwich, Burger, Pizza Variety</small> Corn, Tots Fruit, juice	6 General Tso Chicken With Brown Rice Nachos <small>Chicken Patty, Burger, Pizza Variety</small> <small>Yogurt Parfait w/ Granola and String Cheese</small> Green Beans, FF Fruit, juice	7 Chicken Tenders w/ Breadsticks, BBQ Chicken Flatbread <small>Chicken Patty, Burger, Pizza Variety</small> <small>Yogurt Parfait w/ Granola and String Cheese</small> Broccoli, Tots Fruit, juice
10 Columbus Day <i>side items</i>	11 Yom Kippur <i>side items</i>	12 Yom Kippur <i>side items</i>	13 Meatball Sub, Mozzarella Sticks w/ Marinara Sauce <small>Chicken Patty, Burger, Pizza Variety</small> <small>Yogurt Parfait w/ Granola and String Cheese</small> Broccoli, Tots Fruit, juice	14 Chicken & Bean Burrito, Mac and Cheese <small>Chicken Patty, Burger, Pizza Variety</small> <small>Yogurt Parfait w/ Granola and String Cheese</small> Butternut Squash, Tots Fruit, juice
17 Chicken Pot pie, Ravioli <small>Chicken Patty, Burger, Pizza Variety</small> <small>Yogurt Parfait w/ Granola and String Cheese</small> Carrots, Tots Fruit, juice	18 Sweet & Sour Popcorn Chicken w/ Broccoli, Eggplant Parm <small>Chicken Patty, Burger, Pizza Variety</small> Cinnamon Sweet Potatoes Fruit, juice	19 Hot Dog Bar, Chicken Nuggets <small>Chicken Patty, Burger, Pizza Variety</small> <small>Yogurt Parfait w/ Granola and String Cheese</small> Green Beans, FF Fruit, juice	20 Pasta Primavera, Pizza crunchers <small>Chicken Patty, Burger, Pizza Variety</small> <small>Yogurt Parfait w/ Granola and String Cheese</small> Kickin' Pintos, Crinkle Cut fries Fruit, juice	21 BBQ Chicken, Tortellini Alfredo <small>Chicken Patty, Burger, Pizza Variety</small> <small>Yogurt Parfait w/ Granola and String Cheese</small> Zucchini, Tots Fruit, juice
24 French Toast w/sausage and Hashbrown, Chicken Fajita <small>Chicken Patty, Burger, Pizza Variety</small> Carrots, Tots Fruit, juice	25 Pizza Crunchers, Corn Dog, Beef quesadilla <small>Chicken Patty, Burger, Pizza Variety</small> <small>Yogurt Parfait w/ Granola and String Cheese</small> Cinnamon Sweet Potatoes Fruit, juice	26 Baked Ziti, Popcorn Chicken <small>Chicken Patty, Burger, Pizza Variety</small> <small>Yogurt Parfait w/ Granola and String Cheese</small> Green Beans, FF Fruit, juice	27 Pasta Primavera, Pizza crunchers <small>Chicken Patty, Burger, Pizza Variety</small> <small>Yogurt Parfait w/ Granola and String Cheese</small> Kickin' Pintos, Crinkle Cut fries Fruit, juice	28 Corn Dog, Grilled Cheese and Bacon <small>Chicken Patty, Burger, Pizza Variety</small> <small>Yogurt Parfait w/ Granola and String Cheese</small> Corn, Crinkle Cut Fries Fruit, juice
31 Orange Popcorn Chicken w/ Broccoli, Nachos <small>Chicken Patty, Burger, Pizza Variety</small> <small>Yogurt Parfait w/ Granola and String Cheese</small> Steamed carrots, Tots Fruit, juice	1 <i>side items</i>	2 <i>side items</i>	3 <i>side items</i>	4 <i>side items</i>



.....Daily Lunch Specials
Homemade Soups
Premium Cold Cuts, Salad Bar



Local ingredients are always used when in season

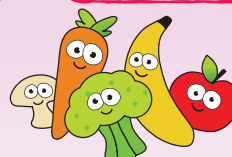


Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

This institution is an equal opportunity provider.

Lunch \$2.75 Reduced .25c Adult \$3.61



Lunch consists of Grain, Protein, Fruit/Veggie and Milk...Student must take a Fruit/Juice



Pre Order Lunch!

Pretzel Wrapped Hot Dogs, Bosco Sticks, Smoothies



Cara Dimarsico

Food Service Director 526-7847 ext 1321

3 Rosh Hashanah <i>side items</i>	4 Rosh Hashanah <i>side items</i>	5 Egg and Cheese Sandwich, Waffles!!!! Yogurt Parfait w/Fruit and Granola Hot and Cold Cereal Variety, Donuts Breakfast Bars, Pop Tarts, Muffins Fresh Fruit, Juice Milk: Skim, 1%, Chocolate Skim	6 Egg and Cheese Sandwich Yogurt Parfait w/Fruit and Granola Hot and Cold Cereal Variety, Donuts Breakfast Bars, Pop Tarts, Muffins Fresh Fruit, Juice Milk: Skim, 1%, Chocolate Skim	7 Egg and Cheese Sandwich Yogurt Parfait w/Fruit and Granola Hot and Cold Cereal Variety, Donuts Breakfast Bars, Pop Tarts, Muffins Fresh Fruit, Juice Milk: Skim, 1%, Chocolate Skim
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Tropicana Juices, Naked Juice, Snap-ple 100% Juice, Daily Breakfast consists of Grain or Protein with fruit/juice



Local ingredients are always used when in season



Ovo-Lacto Vegetarian, may contain Egg & Milk

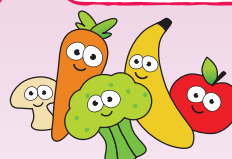
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Breakfast \$1.25 Reduced .25c

Healthy Snack Options!!!

Cliff Bars, Pancakes, Sausage wrapped in Pancakes



Daily Breakfast Specials-
Waffle Wednesday



Cara Dimarsico

Food Service Director 526-7847 ext 1321