

Elementary School Lunch Menu

October 2015

side items

side items

30

side items

Chicken Patty Sandwich

Yogurt with bagel and string

bologna and cheese sandwich Pbi. caesar salad

baked beans

Fruit, juice

Pizza

Baby carrots

Fruit, juice

Yogurt with bagel and string cheese Ham and cheese sandwich Pbj, Diced chicken salad platter

side items

Meatball Sub

Yogurt with bagel and string Salami and cheese sandwich Pbj, Egg salad platter

side items

Broccoli Fruit, juice

Chicken Tenders with **Mashed Potato**

Yogurt with bagel and string bologna and cheese sandwich PBJ. Tuna salad platter

green beans

Fruit, juice

Pancakes with Syrup and Sausage

Yogurt with bagel and string

Ham and cheese sandwich Pbi. Garden salad with string cheese

Steamed carrots

Fruit, juice

Hamburger/Cheesebu

Yogurt with bagel and string

bologna and cheese sandwich Pbi. Egg salad platter

Fries

Juice, fruit

Fruit, juice

Pizza

Yogurt with bagel and string

Salami and cheese sandwich PBJ, Tuna salad platter

side items

Broccoli

Fruit, juice

Pizza

Baby carrots

Fruit, juice

COLUMBUS DAY

13

Pizza sticks with sauce (2)

Yogurt with bagel and string bologna and cheese sandwich

Pbj, caesar salad Fruit, juice

Sweet potato

Waffles with Syrup and Sausage Patty

Yogurt with bagel and string Ham and cheese sandwich

Pbi. Diced chicken salad platter side items

green beans Fruit, juice

15

Popcorn Chicken with **Fries**

Yogurt with bagel and string bologna and cheese sandwich

Pbj, Garden salad with string cheese

Yogurt with bagel and string Salami and cheese sandwich

Pbj, Egg salad platter

Chicken Tender

Yogurt with bagel and string bologna and cheese sandwich PBJ, Tuna salad platter

side items

Fries Fruit, juice

Cheeseburger/hambu rger

Yogurt with bagel and string Ham and cheese sandwich Phi caesar salad

green beans

Fruit, juice

French toast with Syrup and Sausage

Yogurt with bagel and string Salami and cheese sandwich Pbj, Garden salad with string cheese

side items

Sweet potato Fruit, juice

Popcorn chicken

Yogurt with bagel and string bologna and cheese sandwich Pbj. Diced chicken salad platter

side items baked beans

Fruit, juice

Pizza, Corn Dog Yogurt with bagel and string

Salami and cheese sandwich PBJ, Tuna salad platter

side items

Baby carrots

Fruit, juice

Pancakes with Syrup and Sausage

Yogurt with bagel and string Ham and cheese sandwich Pbi. Diced chicken salad platter side items

green beans Fruit, juice

Nachos

Yogurt with bagel and string bologna and cheese sandwich Pbj, caesar salad

tatot tots

Fruit, juice

Corn Dog, Hot dog

Yogurt with bagel and string

Salami and cheese sandwich Pbj, Egg salad platter

Fries Fruit, juice

Meatball Sub

Yogurt with bagel and string bologna and cheese sandwich Pbj, Garden salad with string cheese and fruit

LUNCH \$2.40 REDUCED .25c ADULT \$3.51

Broccoli

Fruit, juice

Pizza

Yogurt with bagel and string Ham and cheese sandwich Pbj, Buffalo chicken salad

Baby carrots

Fruit, juice

Healthy Snack Options Pretzel w/String Cheese or Yogurt Premium Cold Cuts



Made with Healthy Whole Grains

used when in season

Nutritional Messages may vary by school.



Ovo-Lacto Vegetarian, may contain Egg & Milk

side items



Any questions, concerns, ideas, please let me



Cara Dimarsico

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