



# Middle School Lunch Menu

November 2015

**2**  
**Salisbury Steak with Gravy**  
Burger, Pizza  
Grilled Cheese, Pbj

*side items*

Fries, Fresh Broccoli  
Fruit, juice

**3**  
Superintendent's Conference

*side items*

**4**  
**Pasta with Meat Sauce**  
Burger, Pizza  
Grilled Cheese, Pbj

*side items*

Green beans,  
Fruit, juice

**5**  
**Nacho**  
Chicken Patty, Burger, Pizza  
Grilled Cheese, Pbj

*side items*

Baked Beans  
Fruit, juice

**6**  
**Pizza Crunchers**  
Chicken Patty, Burger, Pizza  
Pbj, Grilled Cheese

*side items*

Baby carrots  
Fruit, juice

**9**  
**Meatball Wedge**  
Burger, Pizza  
Pbj, Grilled Cheese

*side items*

Golden Corn  
Fruit, juice

**10**  
**Chicken Mashed Potato bowl**  
Chicken patty, Burger, Pizza  
Pbj, Grilled cheese

*side items*

Steamed Carrots  
Fruit, juice

**11**  
Veterans Day

*side items*

**12**  
**Cheesy Penne Bake**  
Chicken Patty, Burger, Pizza  
Pbj, Grilled cheese

*side items*

Campfire beans  
Fruit, juice

**13**  
**Ravioli with Dinner Roll**  
Chicken Patty, Burger, Pizza  
Pbj, Grilled Cheese

*side items*

Steamed broccoli  
Fruit, juice

**16**  
**Pizza Max Sticks with Sauce**  
Popcon Chicken, Burger, Pizza  
Pbj, Grilled Cheese

*side items*

Tots, Fresh Broccoli  
Fruit, juice

**17**  
**Macaroni and Cheese**  
Chicken Patty, Burger, Pizza  
Pbj, Grilled Cheese

*side items*

Green beans,  
Fruit, juice

**18**  
**Turkey, Mashed Potato, Cranberry sauce and Gravy**  
Burger, Pizza  
Pbj, Grilled Cheese

*side items*

fruit, juice

**19**  
**Nachos**  
Popcon Chicken, Burger, Pizza  
Pbj, Grilled Cheese

*side items*

Baked Beans  
Fruit, juice

**20**  
**Pancakes with Syrup and Sausage**  
Burger, Pizza  
Pbj, Grilled Cheese

*side items*

Baby carrots  
Fruit, juice

**23**  
**Ravioli with Sauce**  
Chicken Patty, Burger, Pizza  
Pbj, Grilled Cheese

*side items*

Campfire beans  
Fruit, juice

**24**  
**Chicken Mashed Potato Bowl**  
Burger, Pizza  
Pbj, Grilled Cheese

*side items*

Steamed Carrots  
Fruit, juice

**25**  
Happy

*side items*

**26**  
Thanksgiving

*side items*

**27**  
Enjoy Family

*side items*

**30**  
**Spagetti and Meatballs,**  
Chicken Patty, Burger, Pizza  
Pbj, Grilled Cheese

*side items*

Tator tots  
Fruit, juice

**1**

*side items*

**2**

*side items*

**3**

*side items*

**4**

*side items*

Premium Cold Cut Sandwich  
Bagel w/Yogurt Parfait or string cheese  
Salad Specials

Made with Healthy Whole Grains

Local ingredients are always used when in season

*Nutritional Messages may vary by school.*

Ovo-Lacto Vegetarian, may contain Egg & Milk

Lunch \$2.60 Reduced .25c Adult \$3.51



**Healthy Snack Choices!!!**

Questions or concerns, or ideas, just let me know!!!



**Cara Dimarsico**

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