

side items

side items

Middle School Lunch Menu

side items

May 2017

Brunch For lunch-French Toast Sticks w/Sausage & Hash Brown

Burger, Pizza

green Beans Fruit, juice

Mozzarella Sticks, **Chicken Nuggets** Burger, Pizza

Pbj, Grilled Cheese

Fries

Fruit, juice

side items

side items

side items

3 Pasta and Meat sauce Burger, Pizza, Chicken Patty Grilled Cheese, Pbj

> Carrots Fruit, juice

4 Meatball Sub. **Chicken Nuggets**

Burger, Pizza Grilled Cheese, Pbi

Baked Beans Fruit, juice

5 ***Cinco De Mayo***

Tacos, Chicken fajita Burger, Pizza Grilled Cheese, Pbj

side items Corn Fruit, juice

8 Pizza Sticks, Chicken **Nuggets**

Burger, Pizza Grilled Cheese, Pbj

Peas Fruit, juice Sweet and Sour

Chicken w/Broccoli Burger, Pizza, Chicken Patty Grilled Cheese, Pbj

Baked Beans Fruit, juice

10

Macaroni and Cheese

Burger, Pizza, Chicken Patty Grilled Cheese, Pbj

side items

side items Broccoli Fruit, juice

Nachos, Corn Dog Burger, Pizza, Chicken Patty

Grilled Cheese, Pbj

side items Carrots Fruit, juice

Cheese Quesadillas

Burger, Pizza, Chicken Patty Grilled Cheese, Pbj

side items Tots Fruit, juice

15

Pizza Sticks, Chicken **Patty Sandwich**

Burger, Pizza Grilled Cheese, Pbi

Spinach Fruit, juice 16

Chicken Mashed Potato Bowl

Burger, Pizza Pbi, Grilled Cheese

Mixed Veggies Fruit, juice

Cheesy Penne Bake

Burger, Pizza, Chicken Patty Pbj, Grilled cheese

side items

side items

Squash fruit, juice

Orange Popcorn Chicken w/ broccoli

Chicken Nuggets, Burger, Pizza Pbj, Grilled cheese

Campfire Beans fruit, juice

Salisbury Steak w/Gravy, Hot Dogs

Burger, Pizza, Chicken Patty Pbi, Grilled Cheese

Broccoli

Ravioli w/Dinner Roll

Chicken Patty, Burger, Pizza

Pbj, Grilled Cheese

Chicken Tenders with **Mashed Potatoes**

Burger, Pizza, Chicken Patty Pbj, Grilled Cheese

side items

side items

Broccoli Fruit, juice 23

Chicken Teriyaki w/Broccoli and Rice

Burger, Pizza, Chicken Patty Pbj, Grilled Cheese

side items Carrots Fruit, juice

24

Chicken Nuggets Bowl

Burger, Pizza Pbj. Grilled cheese

Fries Fruit, juice

Nachos, Corn Dog

Chicken Patty, Burger, Pizza Pbj, Grilled Cheese

side items **Mixed Veggies** Fruit, juice

26

Broccoli Fruit, juice

Fruit, juice

Pizza Sticks, Chicken **Nuggets**

Chicken Patty, Burger, Pizza Pbj, Grilled Cheese

Carrots

30

Brunch For lunch-Pancakes w/Sausage and Hash Brown

Chicken Patty, Burger, Pizza Pbj, Grilled Cheese side items

Green Peas Fruit, juice

Penne with Meat sauce w/dinner roll

Chicken Patty, Burger, Pizza Pbj, Grilled Cheese

side items **Mixed Veggies** Fruit, juice

1

side items

side items

side items

Fruit, juice

Pre order your sandwich and salad!!! Tator Tots are served alacarte!



Local ingredients are always used when in season



Ovo-Lacto Vegetarian. may contain Egg & Milk

Nutritional Messages may vary by school.

Lunch \$2.75 Reduced .25c Adult \$3.61 **Healthy Choices**



Lunch consists of Grain, Protein, Fruit/Veggie and Milk...Student must take a Fruit/Juice



Cara Dimarsico

Food Service Director 526-7847 ext 1321





Middle School Breakfast Menu

May 2017

Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

side items

Fresh Fruit, Juice Milk: Skim, 1%, Chocolate Skim

Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

side items

Fresh Fruit, Juice Milk: Skim, 1%, Chocolate Skim 3 Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

side items

Fresh Fruit, Juice Milk: Skim, 1%, Chocolate Skim

Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

side items

Fresh Fruit, Juice Milk: Skim, 1%, Chocolate Skim Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

side items

Fresh Fruit, Juice Milk: Skim, 1%, Chocolate Skim

Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

Fresh Fruit, Juice Milk: Skim, 1%, Chocolate Skim

Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

Fresh Fruit, Juice Milk: Skim, 1%, Chocolate Skim 10

Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

Fresh Fruit, Juice Milk: Skim, 1%, Chocolate Skim

Egg and Cheese Sandwich Muffins, Cereal Bars, Cold Cereal

Bagel w/Yogurt

Fresh Fruit, Juice

Milk: Skim, 1%, Chocolate Skim

Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

Fresh Fruit, Juice Milk: Skim, 1%, Chocolate Skim

Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

Fresh Fruit, Juice Milk: Skim, 1%, Chocolate Skim 16

Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

Fresh Fruit, Juice Milk: Skim, 1%, Chocolate Skim

Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

Fresh Fruit, Juice Milk: Skim, 1%, Chocolate Skim

Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

Fresh Fruit, Juice Milk: Skim, 1%, Chocolate Skim

Egg and Cheese Sandwich Muffins, Cereal Bars, Cold Cereal

Bagel w/Yogurt

Fresh Fruit, Juice Milk: Skim, 1%, Chocolate Skim

Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

side items Fresh Fruit, Juice

Milk: Skim, 1%, Chocolate Skim

Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

side items Fresh Fruit, Juice

Milk: Skim, 1%, Chocolate Skim

Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

Fresh Fruit, Juice Milk: Skim, 1%, Chocolate Skim

Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

side items Fresh Fruit, Juice Milk: Skim, 1%, Chocolate Skim

Memorial Day Recess

side items

Memorial Day Recess

30

Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

Fresh Fruit, Juice Milk: Skim, 1%, Chocolate Skim

Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

Fresh Fruit, Juice Milk: Skim, 1%, Chocolate Skim

side items

Daily Breakfast Specials



Local ingredients are always used when in season

side items



Ovo-Lacto Vegetarian. may contain Egg & Milk

Nutritional Messages may vary by school.

Breakfast \$1.25 Reduced .25c



Questions or concerns, le me know!



Cara Dimarsico

Food Service Director 526-7847 ext 1321

