



# Middle School Breakfast Menu

March 2017

27

side items

28

side items

1

## Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

side items

Fresh Fruit, Juice  
Milk: Skim, 1%, Chocolate Skim

2

## Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

side items

Fresh Fruit, Juice  
Milk: Skim, 1%, Chocolate Skim

3

## Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

side items

Fresh Fruit, Juice  
Milk: Skim, 1%, Chocolate Skim

6

## Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

side items

Fresh Fruit, Juice  
Milk: Skim, 1%, Chocolate Skim

7

## Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

side items

Fresh Fruit, Juice  
Milk: Skim, 1%, Chocolate Skim

8

## Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

side items

Fresh Fruit, Juice  
Milk: Skim, 1%, Chocolate Skim

9

## Egg and Cheese Sandwich,

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

side items

Fresh Fruit, Juice  
Milk: Skim, 1%, Chocolate Skim

10

## Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

side items

Fresh Fruit, Juice  
Milk: Skim, 1%, Chocolate Skim

13

## Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

side items

Fresh Fruit, Juice  
Milk: Skim, 1%, Chocolate Skim

14

## Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

side items

Fresh Fruit, Juice  
Milk: Skim, 1%, Chocolate Skim

15

## Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

side items

Fresh Fruit, Juice  
Milk: Skim, 1%, Chocolate Skim

16

## Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

side items

Fresh Fruit, Juice  
Milk: Skim, 1%, Chocolate Skim

17

## Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

side items

Fresh Fruit, Juice  
Milk: Skim, 1%, Chocolate Skim

20

## Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

side items

Fresh Fruit, Juice  
Milk: Skim, 1%, Chocolate Skim

21

## Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

side items

Fresh Fruit, Juice  
Milk: Skim, 1%, Chocolate Skim

22

## Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

side items

Fresh Fruit, Juice  
Milk: Skim, 1%, Chocolate Skim

23

## Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

side items

Fresh Fruit, Juice  
Milk: Skim, 1%, Chocolate Skim

24

## Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

side items

Fresh Fruit, Juice  
Milk: Skim, 1%, Chocolate Skim

27

## Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

side items

Fresh Fruit, Juice  
Milk: Skim, 1%, Chocolate Skim

28

## Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

side items

Fresh Fruit, Juice  
Milk: Skim, 1%, Chocolate Skim

29

## Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

side items

Fresh Fruit, Juice  
Milk: Skim, 1%, Chocolate Skim

30

## Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

side items

Fresh Fruit, Juice  
Milk: Skim, 1%, Chocolate Skim

31

## Egg and Cheese Sandwich

Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt

side items

Fresh Fruit, Juice  
Milk: Skim, 1%, Chocolate Skim

Daily Breakfast Specials  
Bacon Egg and Cheese Sandwich  
Donuts  
Frudels, Pancakes



Local ingredients are always used when in season



Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

Breakfast \$1.25 Reduced .25c



Use MYSCHOOLBUCKS and add money to your child's account

Questions or concerns, let me know!



**Cara Dimarsico**

Food Service Director 526-7847 ext 1321

