

## **Elementary School Breakfast Menu**

March 2017

side items

side items

**Bagel or Yogurt or** Assorted Cereal w/St Cheese

Muffin w/St Cheese Pancakes or Frudle or Egg Sandwich

Fresh Fruit, Juice Milk: Skim, 1% or Chocolate Skim

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Muffin w/St Cheese Pancakes or Frudle or Egg Sandwich

Fresh Fruit, Juice

Milk: Skim, 1% or Chocolate Skim

Bagel or Yogurt or Assorted Cereal w/St

Muffin w/St Cheese Pancakes or Frudle or Egg Sandwich

Fresh Fruit, Juice Milk: Skim, 1% or Chocolate Skim

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Muffin w/St Cheese Pancakes or Frudle or Egg Sandwich

Fresh Fruit, Juice Milk: Skim. 1% or Chocolate Skim 30

Bagel or Yogurt or Assorted Cereal w/St Cheese

Muffin w/St Cheese Pancakes or Frudle or Egg Sandwich

Fresh Fruit, Juice Milk: Skim. 1% or Chocolate Skim

Bagel or Yogurt or Assorted Cereal w/St Cheese

Muffin w/St Cheese Pancakes or Frudle or Egg Sandwich

Fresh Fruit, Juice Milk: Skim. 1% or Chocolate Skim

Daily Breakfast Specials!!! Egg Sandwich Frudels, Pop Tarts **Pancakes** 



Local ingredients are always used when in season

Nutritional Messages may vary by school.



Ovo-Lacto Vegetarian, may contain Egg & Milk

Breakfast \$1.25 Reduced .25c





Questions or concerns, let me know!



**Cara Dimarsico** 

Food Service Director 526-7847 ext 1321









## **Elementary School Lunch Menu**

March 2017

side items

side items

Chicken Nuggets with Mozz Sticks Combo (3and 2)

Yogurt with Bagel or String Cheese Bologna and Cheese Sandwich

**Steamed Carrots** Pears, Juice

Cheeseburger/Hambu

Yogurt with Bagel or String Cheese Salami and Cheese Sandwich Pbj, Salad Platter

Tots

Applesauce, juice

3 Pizza

Yogurt with Bagel or String Cheese Bologna and Cheese Sandwich Pbj, Salad Platter

side items

Veggie Beans

Diced Pears, juice

Chicken Tenders w/Dinner Roll

Yogurt with Bagel or String Cheese Salami and Cheese Sandwich Pbj, Salad Platter

side items

Fries Mixed Fruit, Juice

Chicken Mashed Potato Bowl

Yogurt with Bagel or String Cheese Bologna and Cheese Sandwich Pbj, Salad Platter

side items **Mixed Veggies** 

Peaches, juice

Macaroni and Cheese

Yogurt with Bagel or String Cheese Salami and Cheese Sandwich Pbj, Salad Platter

side items

Corn Diced Pears, juice

Hot Dog, Corn Dog

Yogurt w/Bagel or String Cheese Chicken Salad w/ Dinner Roll Bologna & Cheese Sandwich, Pbj

**Baked Beans** 

Celery or Cucumber, Juice

10

Pizza

Yogurt with Bagel or String Cheese Salami and Cheese Sandwich Pbi. Salad Platter

side items

Broccoli Grapes, juice

French Toast w/ Sausage and Hash Brown

Yogurt with Bagel or String Cheese Salami and Cheese Sandwich

**Steamed Carrots** Grapes, juice

Nachos, McFish Sandwich

Yogurt with Bagel or String Cheese Salami and Cheese Sandwich Pbj, Salad Platter

Green beans

Peaches, juice

Popcorn Chicken with **Broccoli and Rice** 

Yogurt with Bagel or String Cheese Bologna and Cheese Sandwich PBJ, Salad Platter

Apple, juice

Penne with Meatsauce

Yogurt with Bagel or String Cheese Salami and Cheese Sandwich Pbj, Diced Chicken Salad Platter

Charro Beans

Applesauce, juice

Pizza

Yogurt with Bagel or String Cheese Bologna and Cheese Sandwich Pbj, Salad Platter

side items

Peas Orange, juice

Pasta with Meatballs with Dinner Roll

Yogurt with Bagel or String Cheese Bologna and Cheese Sandwich Pbj, Salad Platter

Peas

Orange, juice

Pancakes w/Sausage and Hash Brown **Patty** 

Yogurt with Bagel or String Cheese Bologna and Cheese Sandwich

Peas

Orange, juice

Tacos, Chicken Patty Sandwich

Yogurt with Bagel or String Cheese Bologna and Cheese Sandwich Pbj, Salad Platter

Tots

Diced Pears, juice

Pizza Sticks w/Sauce, Burger

Yogurt with Bagel or String Cheese Salami and Cheese Sandwich Pbj, Salad Platter

Corn

Peas

Orange, juice

Diced Pears, juice

24 Pizza

Yogurt with Bagel or String Cheese Bologna and Cheese Sandwich Pbj, Salad Platter

side items

Broccoli Orange, juice

Pancakes w/Sausage and Hash Brown **Patty** 

Yogurt with Bagel or String Cheese Bologna and Cheese Sandwich

Tator Tots Mixed Fruit, Juice

**Macaroni and Cheese** 

Yogurt with Bagel or String Cheese Bologna and Cheese Sandwich Pbj, Salad Platter

side items

Sweet and Sour Chicken with Rice

Yogurt with Bagel or String Cheese Bologna and Cheese Sandwich Pbj, Salad Platter

side items

Orange, juice

Peas

30

Nachos, Hot Dog

Yogurt with Bagel or String Cheese Bologna and Cheese Sandwich Pbj, Salad Platter

side items

Chicken Nuggets with Mozz Sticks Combo (3and 2)

Yogurt with Bagel or String Cheese Bologna and Cheese Sandwich

Peas

Orange, juice

Lunch consists of a Grain, Protein, and Fruit/Veggie and Milk



Local ingredients are always used when in season



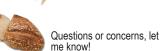
Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.



Lunch \$2.55 Reduced .25c Adult \$3.61 **Healthy Snack Options!!!** 

> Use MYSCHOOLBUCKS and add money to your childs account





**Cara Dimarsico** 

Food Service Director 526-7847 ext 1321



