


<p><b>2</b> <b>Happy New Year!!!!</b></p> <p><i>side items</i></p>	<p><b>3</b> <b>Egg and Cheese Sandwich</b> Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1%, Chocolate Skim</p>	<p><b>4</b> <b>Egg and Cheese Sandwich</b> Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1%, Chocolate Skim</p>	<p><b>5</b> <b>Egg and Cheese Sandwich</b> Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1%, Chocolate Skim</p>	<p><b>6</b> <b>Egg and Cheese Sandwich</b> Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1%, Chocolate Skim</p>
<p><b>9</b> <b>Egg and Cheese Sandwich</b> Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1%, Chocolate Skim</p>	<p><b>10</b> <b>Egg and Cheese Sandwich</b> Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1%, Chocolate Skim</p>	<p><b>11</b> <b>Egg and Cheese Sandwich</b> Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1%, Chocolate Skim</p>	<p><b>12</b> <b>Egg and Cheese Sandwich,</b> Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1%, Chocolate Skim</p>	<p><b>13</b> <b>Egg and Cheese Sandwich</b> Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1%, Chocolate Skim</p>
<p><b>16</b> <b>Martin Luther King Day</b></p> <p><i>side items</i></p>	<p><b>17</b> <b>Egg and Cheese Sandwich</b> Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1%, Chocolate Skim</p>	<p><b>18</b> <b>Egg and Cheese Sandwich</b> Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1%, Chocolate Skim</p>	<p><b>19</b> <b>Egg and Cheese Sandwich</b> Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1%, Chocolate Skim</p>	<p><b>20</b> <b>Egg and Cheese Sandwich</b> Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1%, Chocolate Skim</p>
<p><b>23</b> <b>Egg and Cheese Sandwich</b> Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1%, Chocolate Skim</p>	<p><b>24</b> <b>Egg and Cheese Sandwich</b> Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1%, Chocolate Skim</p>	<p><b>25</b> <b>Egg and Cheese Sandwich</b> Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1%, Chocolate Skim</p>	<p><b>26</b> <b>Egg and Cheese Sandwich</b> Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1%, Chocolate Skim</p>	<p><b>27</b> <b>Egg and Cheese Sandwich</b> Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1%, Chocolate Skim</p>
<p><b>30</b> <b>Egg and Cheese Sandwich</b> Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1%, Chocolate Skim</p>	<p><b>31</b> <b>Egg and Cheese Sandwich</b> Muffins, Cereal Bars, Cold Cereal Bagel w/Yogurt</p> <p><i>side items</i></p> <p><b>Fresh Fruit, Juice</b> Milk: Skim, 1%, Chocolate Skim</p>	<p><b>1</b></p> <p><i>side items</i></p>	<p><b>2</b></p> <p><i>side items</i></p>	<p><b>3</b></p> <p><i>side items</i></p>



Enjoy a Healthy Breakfast Daily Specials: Donuts, Pancakes, Bacon egg and cheese Sandwich, Frudel

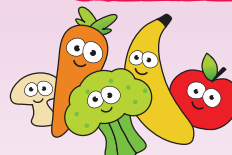
 Local ingredients are always used when in season

 Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

This institution is an equal opportunity provider.

Breakfast \$1.25 Reduced .25c



**Healthy Snack Options!!!**

Use MYSCHOOLBUCKS and add money to your child's account



Concern, Question, let me know



**Cara Dimarsico**  
Food Service Director 526-7847 ext 1321



Designed to meet HealthierUS Challenge Gold Criteria

<p><b>2</b></p> <hr/> <p><i>side items</i></p>	<p><b>3</b></p> <p><b>Pasta with Meat Sauce</b> Chicken Patty, Burger, Pizza Grilled Cheese, Pbj</p> <hr/> <p><b>Broccoli</b> Fruit, juice</p> <p><i>side items</i></p>	<p><b>4</b></p> <p><b>Oven Roasted Chicken, Hot Dog</b> Burger, pizza Grilled Cheese, Pbj</p> <hr/> <p><b>Carrots</b> Fruit, juice</p> <p><i>side items</i></p>	<p><b>5</b></p> <p><b>Meatball Sub, Nachos</b> Burger, Pizza Grilled Cheese, Pbj</p> <hr/> <p><b>Baked Beans</b> Fruit, juice</p> <p><i>side items</i></p>	<p><b>6</b></p> <p><b>General Tso Chicken with Broccoli and Rice</b> Burger, Pizza Grilled Cheese, Pbj</p> <hr/> <p>Fruit, juice</p> <p><i>side items</i></p>
<p><b>9</b></p> <p><b>Meatloaf w/Gravy, Chicken Tenders</b> Burger, Pizza Grilled Cheese, Pbj</p> <hr/> <p><b>Tator Tots</b> Fruit, juice</p> <p><i>side items</i></p>	<p><b>10</b></p> <p><b>Chicken Mashed Potato Bowl</b> Burger, Pizza Grilled Cheese, Pbj</p> <hr/> <p><b>Mixed Veggies</b> Fruit, juice</p> <p><i>side items</i></p>	<p><b>11</b></p> <p><b>Macaroni and Cheese</b> Burger, Pizza, Chicken Patty Grilled Cheese, Pbj</p> <hr/> <p><b>Carrots</b> Fruit, juice</p> <p><i>side items</i></p>	<p><b>12</b></p> <p><b>Meatball Sub, Nachos</b> Burger, Pizza, Chicken Patty Grilled Cheese, Pbj</p> <hr/> <p><b>Baked Beans</b> Fruit, juice</p> <p><i>side items</i></p>	<p><b>13</b></p> <p><b>Pizza Sticks, Tacos</b> Burger, Pizza Grilled Cheese, Pbj</p> <hr/> <p><b>Broccoli</b> Fruit, juice</p> <p><i>side items</i></p>
<p><b>16</b></p> <p><b>Martin Luther King Day</b></p> <hr/> <p><i>side items</i></p>	<p><b>17</b></p> <p><b>Salisbury Steak w/ Noodles, Corn Dog</b> Burger, Pizza, Chicken Patty Pbj, Grilled Cheese</p> <hr/> <p><b>Broccoli</b> Fruit, juice</p> <p><i>side items</i></p>	<p><b>18</b></p> <p><b>Orange Popcorn Chicken with Rice</b> Burger, Pizza Pbj, Grilled cheese</p> <hr/> <p><b>Corn</b> fruit, juice</p> <p><i>side items</i></p>	<p><b>19</b></p> <p><b>Penne with Meatsauce</b> Chicken Nuggets, Burger, Pizza Pbj, Grilled cheese</p> <hr/> <p><b>Campfire Beans</b> fruit, juice</p> <p><i>side items</i></p>	<p><b>20</b></p> <p><b>Pulled Pork Sandwich, Hot Dogs</b> Burger, Pizza, Chicken Patty Pbj, Grilled Cheese</p> <hr/> <p><b>Broccoli</b> Fruit, juice</p> <p><i>side items</i></p>
<p><b>23</b></p> <p><b>Pizza Sticks, Cheese Quesadilla</b> Burger, Pizza, Chicken Patty Pbj, Grilled cheese</p> <hr/> <p><b>Fries</b> fruit, juice</p> <p><i>side items</i></p>	<p><b>24</b></p> <p><b>Popcorn Chicken Bowl</b> Burger, Pizza Pbj, Grilled cheese</p> <hr/> <p><b>Green Beans,</b> Fruit, juice</p> <p><i>side items</i></p>	<p><b>25</b></p> <p><b>Meatball Sub, Chicken Nuggets</b> Burger, Pizza Pbj, Grilled cheese</p> <hr/> <p><b>Sweet Potato Tots</b> Fruit, juice</p> <p><i>side items</i></p>	<p><b>26</b></p> <p><b>Nachos</b> Chicken Patty, Burger, Pizza Pbj, Grilled Cheese</p> <hr/> <p><b>Mixed Veggies</b> Fruit, juice</p> <p><i>side items</i></p>	<p><b>27</b></p> <p><b>Chicken Marsala with Rice</b> Chicken Patty, Burger, Pizza Pbj, Grilled Cheese</p> <hr/> <p><b>Green Peas</b> Fruit, juice</p> <p><i>side items</i></p>
<p><b>30</b></p> <p><b>Pasta with Meatballs</b> Chicken Patty, Burger, Pizza Pbj, Grilled Cheese</p> <hr/> <p><b>Green Beans</b> Fruit, juice</p> <p><i>side items</i></p>	<p><b>31</b></p> <p><b>Macaroni and Cheese, Fish Sticks</b> Chicken Patty, Burger, Pizza Pbj, Grilled Cheese</p> <hr/> <p><b>Broccoli</b> Fruit, juice</p> <p><i>side items</i></p>	<p><b>1</b></p> <hr/> <p><i>side items</i></p>	<p><b>2</b></p> <hr/> <p><i>side items</i></p>	<p><b>3</b></p> <hr/> <p><i>side items</i></p>



Premium Cold Cuts  
Pre Order your sandwich or Salad

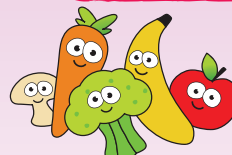
Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

This institution is an equal opportunity provider.

Lunch \$2.75 Reduced .25c Adult \$3.61



### Healthy Choices

Lunch consists of Grain, Protein, Fruit/Veggie and Milk...Student must take a Fruit/Juice



**Use MYSCHOOLBUCKS**  
Questions or concerns, let me know!



**Cara Dimarsico**  
845-526-7847 ext 1321



Designed to meet HealthierUS Challenge Gold Criteria