

30

side items

31

side items

1
Egg and Cheese Sandwich, Waffles!!!!
 Yogurt Parfait w/Fruit and Granola
 Hot and Cold Cereal Variety, Donuts
 Breakfast Bars, Pop Tarts, Muffins

Fresh Fruit, Juice
 Milk: Skim, 1%, Chocolate Skim

side items

2
Egg and Cheese Sandwich
 Yogurt Parfait w/Fruit and Granola
 Hot and Cold Cereal Variety, Donuts
 Breakfast Bars, Pop Tarts, Muffins

Fresh Fruit, Juice
 Milk: Skim, 1%, Chocolate Skim

side items

3
Egg and Cheese Sandwich
 Yogurt Parfait w/Fruit and Granola
 Hot and Cold Cereal Variety, Donuts
 Breakfast Bars, Pop Tarts, Muffins

Fresh Fruit, Juice
 Milk: Skim, 1%, Chocolate Skim

side items

6
Egg and Cheese Sandwich
 Yogurt Parfait w/Fruit and Granola
 Hot and Cold Cereal Variety, Donuts
 Breakfast Bars, Pop Tarts, Muffins

Fresh Fruit, Juice
 Milk: Skim, 1%, Chocolate Skim

side items

7
Egg and Cheese Sandwich
 Yogurt Parfait w/Fruit and Granola
 Hot and Cold Cereal Variety, Donuts
 Breakfast Bars, Pop Tarts, Muffins

Fresh Fruit, Juice
 Milk: Skim, 1%, Chocolate Skim

side items

8
Egg and Cheese Sandwich, Waffles!!!!
 Yogurt Parfait w/Fruit and Granola
 Hot and Cold Cereal Variety, Donuts
 Breakfast Bars, Pop Tarts, Muffins

Fresh Fruit, Juice
 Milk: Skim, 1%, Chocolate Skim

side items

9
Egg and Cheese Sandwich
 Yogurt Parfait w/Fruit and Granola
 Hot and Cold Cereal Variety, Donuts
 Breakfast Bars, Pop Tarts, Muffins

Fresh Fruit, Juice
 Milk: Skim, 1%, Chocolate Skim

side items

10
Egg and Cheese Sandwich
 Yogurt Parfait w/Fruit and Granola
 Hot and Cold Cereal Variety, Donuts
 Breakfast Bars, Pop Tarts, Muffins

Fresh Fruit, Juice
 Milk: Skim, 1%, Chocolate Skim

side items

13
Egg and Cheese Sandwich
 Yogurt Parfait w/Fruit and Granola
 Hot and Cold Cereal Variety, Donuts
 Breakfast Bars, Pop Tarts, Muffins

Fresh Fruit, Juice
 Milk: Skim, 1%, Chocolate Skim

side items

14
Egg and Cheese Sandwich
 Yogurt Parfait w/Fruit and Granola
 Hot and Cold Cereal Variety, Donuts
 Breakfast Bars, Pop Tarts, Muffins

Fresh Fruit, Juice
 Milk: Skim, 1%, Chocolate Skim

side items

15
Egg and Cheese Sandwich, Waffles!!!!
 Yogurt Parfait w/Fruit and Granola
 Hot and Cold Cereal Variety, Donuts
 Breakfast Bars, Pop Tarts, Muffins

Fresh Fruit, Juice
 Milk: Skim, 1%, Chocolate Skim

side items

16
Egg and Cheese Sandwich
 Yogurt Parfait w/Fruit and Granola
 Hot and Cold Cereal Variety, Donuts
 Breakfast Bars, Pop Tarts, Muffins

Fresh Fruit, Juice
 Milk: Skim, 1%, Chocolate Skim

side items

17
Egg and Cheese Sandwich
 Yogurt Parfait w/Fruit and Granola
 Hot and Cold Cereal Variety, Donuts
 Breakfast Bars, Pop Tarts, Muffins

Fresh Fruit, Juice
 Milk: Skim, 1%, Chocolate Skim

side items

20
Presidents Day recess

side items

21
Presidents Day recess

side items

22
Egg and Cheese Sandwich, Waffles!!!!
 Yogurt Parfait w/Fruit and Granola
 Hot and Cold Cereal Variety, Donuts
 Breakfast Bars, Pop Tarts, Muffins

Fresh Fruit, Juice
 Milk: Skim, 1%, Chocolate Skim

side items

23
Egg and Cheese Sandwich
 Yogurt Parfait w/Fruit and Granola
 Hot and Cold Cereal Variety, Donuts
 Breakfast Bars, Pop Tarts, Muffins

Fresh Fruit, Juice
 Milk: Skim, 1%, Chocolate Skim

side items

24
Egg and Cheese Sandwich
 Yogurt Parfait w/Fruit and Granola
 Hot and Cold Cereal Variety, Donuts
 Breakfast Bars, Pop Tarts, Muffins

Fresh Fruit, Juice
 Milk: Skim, 1%, Chocolate Skim

side items

27
Egg and Cheese Sandwich
 Yogurt Parfait w/Fruit and Granola
 Hot and Cold Cereal Variety, Donuts
 Breakfast Bars, Pop Tarts, Muffins

Fresh Fruit, Juice
 Milk: Skim, 1%, Chocolate Skim

side items

28
Egg and Cheese Sandwich
 Yogurt Parfait w/Fruit and Granola
 Hot and Cold Cereal Variety, Donuts
 Breakfast Bars, Pop Tarts, Muffins

Fresh Fruit, Juice
 Milk: Skim, 1%, Chocolate Skim

side items

1

side items

2

side items

3

side items


 Tropicana, Naked, Snapple Juices
 Breakfast consists of a Grain/Protein and a fruit/Juice

 Local ingredients are always used when in season


 Ovo-Lacto Vegetarian, may contain Egg & Milk

Nutritional Messages may vary by school.

Breakfast \$1.25 Reduced .25c

 Cliff Bars, Pancakes, Frudel, Waffles, Pop Tarts

Thur-SMOOTHIES
 Waffle Wednesday!!!!

 **Cara Dimarsico**
 Food Service Director 526-7847 ext 1321

30

side items

31

side items

1

Chicken Pot Pie, Nachos
 Chicken Patty, Burger, Pizza Variety
 Yogurt Parfait w/ Granola and String Cheese

Zucchini, Tots
 Fruit, juice

side items

2

Chicken Nuggets w/Breadstick, Hot Dog, Calzone
 Chicken Patty, Burger, Pizza Variety
 Yogurt Parfait w/ Granola and String Cheese

Corn, Tots
 Fruit, juice

side items

3

Sweet & Sour Chicken w/Broccoli and Rice
 Tacos
 Chicken Patty, Burger, Pizza Variety

Steamed Spinach, Tots
 Fruit, juice

side items

6

BBQ Chicken w/mashed Potatoes, Grilled Cheese
 Chicken Patty, Burger, Pizza Variety
 Yogurt Parfait w/ Granola and String Cheese

Broccoli, fries
 Fruit, juice

side items

7

Pasta With Meatsauce and Breadstick, Chicken and Bean Burrito
 Chicken Patty Sandwich, Burger, Pizza Variety

Green beans, Tots
 Fruit, juice

side items

8

Macaroni and Cheese, Meatball Parm
 Chicken Patty, Burger, Pizza Variety
 Yogurt Parfait w/ Granola and String Cheese

Fruit, juice

side items

9

Ravioli, Nachos
 Chicken Patty, Burger, Pizza Variety
 Yogurt Parfait w/ Granola and String Cheese

Baked Beans, Tots
 Fruit, juice

side items

10

Generals Tso Chicken with Rice, Pizza Crunchers
 Chicken Patty Sandwich, Burger, Pizza Variety
 Yogurt Parfait w/ Granola and String Cheese

Corn, Tots
 Fruit, juice

side items

13

Meatloaf w/Mashed potatoes, Mozzarella Sticks
 Chicken Patty Sandwich, Burger, Pizza Variety
 Yogurt Parfait w/ Granola and String Cheese

Corn, Tots
 Fruit, juice

side items

14

Salisbury Steak w/Mashed Potatoes, Chicken Tenders
 Chicken Patty, Burger, Pizza Variety
 Yogurt Parfait w/ Granola and String Cheese

Mixed veggies, Tots
 Fruit, juice

side items

15

Cheesy Penne Bake, Stromboli
 Chicken Patty, Burger, Pizza Variety
 Yogurt Parfait w/ Granola and String Cheese

Squash, Tots
 Fruit, juice

side items

16

Chicken Enchiladas, Pulled Pork Sandwich, Calzone
 Chicken Patty, Burger, Pizza Variety
 Yogurt Parfait w/ Granola and String Cheese

Campfire Beans, Tots
 Fruit, juice

side items

17

Fish Sticks, Corn Dogs, Tacos
 Chicken Patty, Burger, Pizza Variety
 Yogurt Parfait w/ Granola and String Cheese

Broccoli, Tots
 Fruit, juice

side items

20

Presidents Day Recess

side items

21

Presidents Day Recess

side items

22

Pizza Sticks, Penne Alfredo with Chicken
 Chicken Patty Sandwich, Burger, Pizza Variety
 Yogurt Parfait w/ Granola and String Cheese

Baked Beans, Tots
 Fruit, juice

side items

23

Orange Popcorn Chicken w/Broccoli, Nachos
 Chicken Patty Sandwich, Burger, Pizza Variety
 Yogurt Parfait w/ Granola and String Cheese

Zucchini, Sweet Potato Fries
 Fruit, juice

side items

24

Korean Meatball Stew w/cilantro Lime Rice
 Chicken Popcorn
 Chicken Patty Sandwich, Burger, Pizza Variety
 Yogurt Parfait w/ Granola and String Cheese

Broccoli, Tots
 Fruit, juice

side items

27

Pasta with Meatballs, BBQ Chicken Panini, Cheese Quesadillas
 Chicken Patty, Burger, Pizza Variety
 Yogurt Parfait w/ Granola and String Cheese

Peas, Tator tots
 Fruit, juice

side items

28

Country Chicken Nugget Bowl, Cheesesteak Sandwich
 Chicken Patty, Burger, Pizza Variety

Carrots, Tots
 Fruit, juice

side items

1

side items

2

side items

3

side items

Homemade soups
Premium Cold Cuts
Salad Bar


 Local ingredients are always used when in season

 Ovo-Lacto Vegetarian, may contain Egg & Milk


Nutritional Messages may vary by school.

Lunch \$2.75 Reduced .25c Adult \$3.61

Pre Order Lunches
 Lunch consists of Grain, Protein, Fruit/Veggie and Milk...Student must take a Fruit/Juice



Healthy Snacks!!
 Smoothies on Thursdays,
 Waffle Wednesday



Cara Dimarsico
 Food Service Director 526-7847 ext 1321