



# Elementary School Lunch Menu

December 2016

**28**

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*side items*

**29**

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*side items*

**30**

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*side items*

**1**  
**Popcorn Chicken Mashed Potato Bowl**  
 Yogurt with Bagel or String Cheese Bologna and Cheese Sandwich Pbj, Salad Platter

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**Corn**  
 Applesauce, juice

*side items*

**2**  
**Pizza**  
 Yogurt with Bagel or String Cheese Salami and Cheese Sandwich Pbj, Salad Platter

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**Carrots**  
 Diced Pears, juice

*side items*

**5**  
**Chicken Nuggets**  
 Yogurt with Bagel or String Cheese Salami and Cheese Sandwich Pbj, Salad Platter

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**Green beans**  
 Mixed Fruit, Juice

*side items*

**6**  
**Macaroni and Cheese**  
 Yogurt with Bagel or String Cheese Bologna and Cheese Sandwich Pbj, Salad Platter

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**Broccoli**  
 Applesauce, juice

*side items*

**7**  
**Hamburger /Cheeseburger**  
 Yogurt with Bagel or String Cheese Salami and Cheese Sandwich Pbj, Salad Platter

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**Fries**  
 Diced Pears, juice

*side items*

**8**  
**Chicken Tenders**  
 Yogurt w/Bagel or String Cheese Chicken Salad w/ Dinner Roll Salami & Cheese Sandwich, Pbj

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**Baked Beans**  
 Celery or Cucumber, Juice

*side items*

**9**  
**English Muffin Pizza**  
 Yogurt with Bagel or String Cheese Bologna and Cheese Sandwich Pbj, Salad Platter

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**Corn**  
 Grapes, juice

*side items*

**12**  
**Grilled Cheese Sandwich**  
 Yogurt with Bagel or String Cheese Bologna and Cheese Sandwich Pbj, Salad Platter

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**Green beans**  
 Diced Pears, juice

*side items*

**13**  
**Pancakes with Sausage Patty and Hash Brown**  
 Yogurt with Bagel or String Cheese Salami and Cheese Sandwich Pbj, Salad Platter

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**Broccoli**  
 Mixed Fruit, juice

*side items*

**14**  
**Baked Ziti, Hot Dogs**  
 Yogurt with Bagel or String Cheese Bologna and Cheese Sandwich PBJ, Salad Platter

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**Mixed Veggies**  
 Apple, juice

*side items*

**15**  
**Chicken Patty Sandwich**  
 Yogurt with Bagel or String Cheese Salami and Cheese Sandwich Pbj, Diced Chicken Salad Platter

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**Charro Beans**  
 Applesauce, juice

*side items*

**16**  
**Pizza**  
 Yogurt with Bagel or String Cheese Bologna and Cheese Sandwich Pbj, Salad Platter

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**Steamed green Beans**  
 Orange, juice

*side items*

**19**  
**Cheese Sticks with Marinara Sauce , Corn Dogs**  
 Yogurt with Bagel or String Cheese Bologna and Cheese Sandwich Pbj, Salad Platter

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**Sweet Potato Fries**  
 Cucumber or Celery, Juice

*side items*

**20**  
**Popcorn Chicken**  
 Yogurt w/Bagel or String Cheese Chicken Salad w/ Dinner Roll Salami & Cheese Sandwich, Pbj

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**Mashed Potato**  
 Mixed Fruit, Juice

*side items*

**21**  
**Tacos**  
 Yogurt with Bagel or String Cheese Bologna and Cheese Sandwich Pbj, Salad Platter

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**Corn**  
 Diced Pears, juice

*side items*

**22**  
**Pasta with Meat sauce**  
 Yogurt w/Bagel or String Cheese Chicken Salad w/ Dinner Roll Cheese Sandwich, Pbj

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**Broccoli**  
 Diced Peaches, Juice

*side items*

**23**  
**Pizza Bagels**  
 Yogurt with Bagel or String Cheese Bologna and Cheese Sandwich Pbj, Salad Platter

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**Mixed Veggies**  
 Orange, juice

*side items*

**26**

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*side items*

**27**  
**HAPPY HOLIDAYS**

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*side items*

**28**  
**ENJOY FAMILY**

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*side items*

**29**  
**CELEBRATE**

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*side items*

**30**

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*side items*

Lunch Consists of a Grain, Protein, Fruit/Veggie and Milk,

Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

*Nutritional Messages may vary by school.*

Lunch \$2.55 Reduced .25c Adult \$3.61

### Healthy Snack Options!!!

Use MYSCHOOLBUCKS and add money to your childs account



Concern, Question, let me know

**Cara Dimarsico**  
Food Service Director 526-7847 ext 1321

This institution is an equal opportunity provider.





# Elementary School Breakfast Menu

December 2016

**28**

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*side items*

**29**

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*side items*

**30**

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*side items*

**1**  
**Bagel or Yogurt or Assorted Cereal w/St Cheese**  
 Muffin w/St Cheese  
 Pancakes or Frudle or Egg Sandwich

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*side items*  
 Fresh Banana, Mixed Fruit, Assorted juice  
 Milk: Skim, 1% or Chocolate Skim

**2**  
**Bagel or Yogurt or Assorted Cereal w/St Cheese**  
 Muffin w/St Cheese  
 Pancakes or Frudle or Egg Sandwich

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*side items*  
 Fresh Apple Slices, Diced Pears  
 Milk: Skim, 1% or Chocolate Skim

**5**  
**Bagel or Yogurt or Assorted Cereal w/St Cheese**  
 Muffin w/St Cheese  
 Pancakes or Frudle or Egg Sandwich

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*side items*  
 Fresh Apple Slices, Diced Pears  
 Milk: Skim, 1% or Chocolate Skim

**6**  
**Bagel or Yogurt or Assorted Cereal w/St Cheese**  
 Muffin w/St Cheese  
 Pancakes or Frudle or Egg Sandwich

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*side items*  
 Fresh Orange Wedges, Applesauce  
 Milk: Skim, 1% or Chocolate Skim

**7**  
**Bagel or Yogurt or Assorted Cereal w/St Cheese**  
 Muffin w/St Cheese  
 Pancakes or Frudle or Egg Sandwich

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*side items*  
 Fresh Orange Wedges, Applesauce  
 Milk: Skim, 1% or Chocolate Skim

**8**  
**Bagel or Yogurt or Assorted Cereal w/St Cheese**  
 Muffin w/St Cheese  
 Pancakes or Frudle or Egg Sandwich

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*side items*  
 Fresh Orange Wedges, Applesauce  
 Milk: Skim, 1% or Chocolate Skim

**9**  
**Bagel or Yogurt or Assorted Cereal w/St Cheese**  
 Muffin w/St Cheese  
 Pancakes or Frudle or Egg Sandwich

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*side items*  
 Fresh Orange Wedges, Applesauce  
 Milk: Skim, 1% or Chocolate Skim

**12**  
**Bagel or Yogurt or Assorted Cereal w/St Cheese**  
 Muffin w/St Cheese  
 Pancakes or Frudle or Egg Sandwich

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*side items*  
 Fresh Grapes, Pineapple Tidbits  
 Milk: Skim, 1% or Chocolate Skim

**13**  
**Bagel or Yogurt or Assorted Cereal w/St Cheese**  
 Muffin w/St Cheese  
 Pancakes or Frudle or Egg Sandwich

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*side items*  
 Fresh Banana, Mixed Fruit, Assorted juice  
 Milk: Skim, 1% or Chocolate Skim

**14**  
**Bagel or Yogurt or Assorted Cereal w/St Cheese**  
 Muffin w/St Cheese  
 Pancakes or Frudle or Egg Sandwich

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*side items*  
 Fresh Apple Slices, Diced Pears  
 Milk: Skim, 1% or Chocolate Skim

**15**  
**Bagel or Yogurt or Assorted Cereal w/St Cheese**  
 Muffin w/St Cheese  
 Pancakes or Frudle or Egg Sandwich

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*side items*  
 Fresh Grapes, Pineapple Tidbits  
 Milk: Skim, 1% or Chocolate Skim

**16**  
**Bagel or Yogurt or Assorted Cereal w/St Cheese**  
 Muffin w/St Cheese  
 Pancakes or Frudle or Egg Sandwich

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*side items*  
 Fresh Banana, Mixed Fruit, Assorted Juice  
 Milk: Skim, 1% or Chocolate Skim

**19**  
**Bagel or Yogurt or Assorted Cereal w/St Cheese**  
 Muffin w/St Cheese  
 Pancakes or Frudle or Egg Sandwich

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*side items*  
 Fresh Grapes, Pineapple Tidbits  
 Milk: Skim, 1% or Chocolate Skim

**20**  
**Bagel or Yogurt or Assorted Cereal w/St Cheese**  
 Muffin w/St Cheese  
 Pancakes or Frudle or Egg Sandwich

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*side items*  
 Fresh Orange Wedges, Applesauce, Assorted juice  
 Milk: Skim, 1% or Chocolate Skim

**21**  
**Bagel or Yogurt or Assorted Cereal w/St Cheese**  
 Muffin w/St Cheese  
 Pancakes or Frudle or Egg Sandwich

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*side items*  
 Fresh Orange Wedges, Applesauce  
 Milk: Skim, 1% or Chocolate Skim

**22**  
**Bagel or Yogurt or Assorted Cereal w/St Cheese**  
 Muffin w/St Cheese  
 Pancakes or Frudle or Egg Sandwich

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*side items*  
 Fresh Orange Wedges, Applesauce  
 Milk: Skim, 1% or Chocolate Skim

**23**  
**Bagel or Yogurt or Assorted Cereal w/St Cheese**  
 Muffin w/St Cheese  
 Pancakes or Frudle or Egg Sandwich

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*side items*  
 Fresh Orange Wedges, Applesauce  
 Milk: Skim, 1% or Chocolate Skim

**26**

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*side items*

**27**

---

*side items*

**28**

---

*side items*

**29**

---

*side items*

**30**

---

*side items*

**Daily Breakfast Specials:**  
 Pancakes, Egg Sandwich, Frudels, Pancake and Sausage on a Stick

Local ingredients are always used when in season

Ovo-Lacto Vegetarian, may contain Egg & Milk

*Nutritional Messages may vary by school.*

**Breakfast \$1.25 Reduced .25c**



Questions or Concerns, or ideas...Let me know



**Cara Dimarsico**  
 Food Service Director 526-7847 ext 1321