

Lunch Menu

Putnam Valley Middle School

April
2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES

WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

1 SPRING BREAK! SCHOOL CLOSED	2 SPRING BREAK! SCHOOL CLOSED	3 SPRING BREAK! SCHOOL CLOSED	4 SPRING BREAK! SCHOOL CLOSED	5 SPRING BREAK! SCHOOL CLOSED
8 Deli Bar Cheesy Stuffed Bread Sticks 🌱 Marinara Sauce Dip Balsamic Grilled Chicken Panini Garden Salad Entree 🍎 Crispy Potato Puffs Green Beans Fresh Orange	9 Deli Bar Chicken Bowl with Gravy <i>chicken layered with mashed potatoes and corn, smothered in gravy</i> Balsamic Grilled Chicken Panini Garden Salad Entree 🍎 Orange Glazed Carrots Apple Slices Fresh Orange	10 Deli Bar Chicken Parmesan Sandwich Marinara Sauce Dip Balsamic Grilled Chicken Panini Garden Salad Entree 🍎 Or Side Garden Salad Green Beans Apple Slices Or Fresh Orange	11 Deli Bar Crispy Tacos Balsamic Grilled Chicken Panini Garden Salad Entree 🍎 All With Seasoned Black Beans And Sweet Corn And Salsa Or Fresh Orange	12 Deli Bar Cheeseburger NY Beef Burger Balsamic Grilled Chicken Panini Garden Salad Entree 🍎 Crispy Potato Puffs Or Roasted Broccoli Garden Salad Apple Slices Fresh Orange
15 Deli Bar Homemade Mac & Cheese 🌱 New Yorker Panini 🍎 Chicken Caesar Salad 🍎 Steamed Broccoli Side Garden Salad Diced Peach Cup Or Fresh Apple	16 Deli Bar Mozzarella Stick & Chicken Nugget Combo Meal New Yorker Panini 🍎 Chicken Caesar Salad 🍎 Crispy Potato Puffs Glazed Carrots Garden Salad Or Fresh Apple Diced Peach Cup	17 Deli Bar Homemade Pasta & Meatballs 🍎 New Yorker Panini 🍎 Chicken Caesar Salad 🍎 Garden Salad Green Beans Diced Peach Cup Fresh Apple	18 Deli Bar Nachos Grande 🍎 Mild Salsa New Yorker Panini 🍎 Chicken Caesar Salad 🍎 Sauteed Corn & Black Bean Salsa Apple Slices Diced Peach Cup	19 Deli Bar Beef Hot Dog on Bun New Yorker Panini 🍎 Chicken Caesar Salad 🍎 Oven Baked Fries Steamed Peas Chilled Red Pepper Strips Apple Slices Or Diced Peach Cup
22 Deli Bar Mozzarella stick with french fries Grilled Chicken Panini 🍎 Crispy Chicken Garden Salad 🍎 Steamed Broccoli Applesauce Strawberry Cup	23 Deli Bar Sweet & Sour Chicken Sauce & Toss Crispy Chicken Garden Salad 🍎 Grilled Chicken Panini 🍎 Hawaiian Pineapple Fried Rice Applesauce Strawberry Cup	24 Deli Bar Meatball Hero Grilled Chicken Panini 🍎 Crispy Chicken Garden Salad 🍎 Oven Baked Fries And Side Garden Salad Strawberry Cup Or Applesauce	25 Deli Bar Crispy Tacos Grilled Chicken Panini 🍎 Crispy Chicken Garden Salad 🍎 Seasoned Black Beans Sweet Corn Salsa Strawberry Cup Or Applesauce	26 Deli Bar Cinnamon French Toast 🌱 Sausage Patty Grilled Chicken Panini 🍎 Crispy Chicken Garden Salad 🍎 Hash Brown Potatoes Strawberry Cup Or Applesauce
29 Deli Bar Cheese Quesadilla 🌱 Big Bird Panini 🍎 Grilled Chicken Salad with Dinner Rolls 🍎 Yellow Rice Garden Salad Roasted Mixed Veggies Fresh Fruit Cup Or Fresh Orange	30 Deli Bar Chicken Nuggets Big Bird Panini 🍎 Grilled Chicken Salad with Dinner Rolls 🍎 Mashed Potatoes Brown Gravy Green Beans Roasted Vegetables 🌱 Apple Slices Fresh Orange			



Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

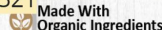
***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Five or more components are offered

At least 3 components - MUST BE TAKEN to qualify as a reimbursable meal.

ask that all students take at least 1 cup combined of fruit or vegetable to comply



Daily Offerings include: Made to Order Deli, Pizza, Entree Salads, Yogurt Parfait all served with Fresh or Cupped Fruit, 100% Fruit Juice, & 1%, FF, or Chocolate Milk.

(all milk is antibiotic & hormone free)

Should you have any questions or concerns,

Please contact: Sandra Renken at

renkens@whitsons.com

845-526-7847 ext 1321

Cost of student paid meal is \$2.95 and an adult meal is \$5.50 +tax

For the best way to pay:
MySchoolBucks.com

Breakfast Menu

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8 Homemade Muffins   Muffin Monday!	9 Apple Strudel 	10 Fluffy Whole Grain Waffles  Strawberries Syrup	11 Egg and Cheese Sandwich  Or Sausage, Egg and Cheese Sandwich	12 Mini Cinnamon Pull Apart Roll  Or WW Honey Bun 
15 Homemade Muffins   Muffin Monday!	16 Apple Strudel 	17 Fluffy Whole Grain Pancakes  Syrup	18 Bacon, Egg and Cheese Breakfast Sandwich Or Egg and Cheese Sandwich 	19 Mini Cinnamon Pull Apart Roll  Or WW Honey Bun 
22 Homemade Muffins   Muffin Monday!	23 Apple Strudel 	24 Fluffy Whole Grain Waffles  Strawberries Syrup	25 Egg and Cheese Sandwich  Or Sausage, Egg and Cheese Sandwich	26 Mini Cinnamon Pull Apart Roll  Or WW Honey Bun 
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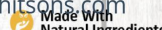


Pricing: Paid \$1.50; Adult \$3.00 + tax; Free/Reduced \$0.00

Food Allergy? Please contact the school nurse.

Questions? Please contact: Sandra Renken at

renkens@whitsons.com



Daily Offerings include: WG Bagels w. Cream Cheese or Butter Blend; WG Muffins; WG Cereals offered w. Cheese Stick, Graham Cracker or Yogurt

Fresh or Cupped Fruit, 100% Fruit Juice & Milk are offered. (Milk is antibiotic & hormone free - 1%, Skim & Chocolate)

**Yogurt is Vanilla Flavor not Plain **

At least 4 components are offered - 3 items must be taken for a reimbursable meal one being 1/2 cup or fruit &/ or vegetable