

Putnam Valley Middle School Interscholastic Athletic Program

7th & 8th Grade Student and Parent Information

When does the interscholastic athletic program begin for 7th & 8th grade?

Fall - meetings are held within the first week of school for information and orientation
Winter - Nov. 28, 2011
Spring - March 26, 2012

Who are the 7th & 8th grade athletic coaches?

Fall Coaches

Boys

Cross Country – Mr. Scampoli
Football – Mr. Hirsch
Boys Soccer – Mr. Haun

Girls

Cross Country – Mr. Scampoli
Cheerleading – Ms. Brothers
Field Hockey -
Girls Soccer – Mrs. Hirsch
Girls Swimming - Mrs. Brothers
Volleyball – Mr. Coleman

Winter Coaches

Boys

Boys Basketball - Mr. McCarty
Wrestling – Mr. Chapman

Girls

Girls Basketball -

Spring Coaches

Boys

Baseball – Mr. Minnerly
Boys Lacrosse – Mr. Ignatz
Boys Track – Mr. Weisberg

Girls

Girls Track - Mr. Weisberg
Girls Lacrosse – Mr. Worell
Softball – Ms. Smith

Where do I sign up for the Fall Sports Program?

Your physical education teacher will have a sign up sheet, or contact Mr. Kuczma, the Director of Athletics if your child missed the sign-up.

Do I need a “Health Examination”?

YES - It is required by New York State. A student who may engage in interscholastic competition must have an adequate health examination and be valid within the last 12 months of the sport season start date. There are no exceptions. (Information at the Athletic or Health Office)

Do I need to condition my body before I begin practice?

Yes, Yes, Yes!!! It has been proven that athletic performance depends upon your physical fitness level. You should be in the best shape possible before practice begins.

When and where do I practice?

Practices usually are Monday through Friday from 3:00 until 5:15. There are times when practices are held on Saturday. Most practices are held at the high school/middle school complex, Town Park, or Putnam Valley Elementary School. Swimming is held at Copper Beech Middle School (transportation is provided).

Do all students make the teams?

NO. The ***Modified Athletic Program*** level of competition consists of athletic opportunities for students in 7th & 8th grades. This level provides a bridge between recreational activities and the organizational structure of an interscholastic athletic program. It is a level where the focus is toward teaching and learning in an environment that stresses skill development and improvement for all students. The modified programs are designed to embrace all students who are willing to put forth the effort. However, if the number of students trying out for a team creates a situation that is difficult to manage, poses a safety problem, or is problematic because of facility considerations, reducing team size may be necessary. Team reduction will be made based upon specific sport criteria. Ultimately, the number of teams and size of the squad in any sport will be determined by the availability of: 1) financial resources, 2) qualified and certified coaches, 3) suitable indoor or outdoor facilities, and 4) a safe environment.

Are there alternatives that I can do and be part of the athletic program?

YES. Vital to any organization are students who fill the roles of manager, scorer, statistician, sports reporter or video camera operator. The value of these individuals cannot be measured.

How can I play sports and do my homework?

It has been proven that students who play sports learn to manage their time more efficiently and their grades do go up. **As in athletics, there are no short cuts to academic success except hard work.**

The Interscholastic Athletic Program at Putnam Valley Middle School gives you the opportunity to participate and become involved in another facet of school life. Long lasting friendships, fond memories and testing your self are some of the benefits that the athletic program provides. Participation in the athletic program will add to your memories and school experience.

BECOME INVOLVED...BE A PARTICIPANT

If you or your parents have any questions, please contact:
Peter Kuczma ~ Director of Athletics
845-528-7412